



9th European Cup Race Walking Olhão/Portugal



Media Guide

www.olhao2011.com

9th European Cup Race Walking

21 May 2011

Olhão, Portugal

CONTENTS

1. ORGANISATIONAL STRUCTURE

- 1.1 European Athletics Council
- 1.2 European Athletics Delegates
- 1.3 European Athletics Office
- 1.4 Executive Board of the Portuguese Federation
- 1.5 Local Organising Committee
- 1.6 Competition Organization
- 1.7 Participating Federations

2. MEDIA TEAM

3. GENERAL INFORMATION

4. ARRIVALS

- 4.1 Arrival by Air
- 4.2 Arrival by Train
- 4.2 Arrival by Road
- 4.3 Visa Requirements

5. ACCOMMODATION

- 5.1 Media Hotels
- 5.2 Official Hotel and Teams Hotel

6. MEDIA ACCREDITATION

- 6.1 Accreditation Procedure
- 6.2 Accreditation Centre

7. MEDIA SERVICES

- 7.1 Media Centre
- 7.2 Media Tribune
- 7.3 Photographers Briefing
- 7.4 Press Conference
- 7.5 Mixed Zone and Flash Interviews Service
- 7.6 Schedule of Key Activities
- 7.7 Telecommunication Services
- 7.8 Website

8. COMPETITION REGULATIONS

- 8.1 Team Composition
- 8.2 Entries
- 8.3 Final Confirmation
- 8.4 Scoring
- 8.5 Competition Clothing

9. COMPETITION PROCEDURE

- 9.1 Timetable
- 9.2 Event Presentation format
- 9.3 Starting order
- 9.4 Timing
- 9.5 Refreshment Stations
- 9.6 Protests
- 9.7 Doping Control



9th European Cup Race Walking Olhão/Portugal



10. CEREMONIES

10.1 Opening Ceremony

10.2 Victory Ceremony

MEDIA ORGANISATION

USEFUL WORDS

USEFUL CONTACTS

APPENDICES

Appendix 1 – Timetable

Appendix 2 – Participating Figures

Appendix 3 – The Event Area



9th European Cup Race Walking Olhão/Portugal



1. ORGANISATIONAL STRUCTURE

1.1 European Athletics Council

President

Hansjörg Wirz (SUI)

Vice Presidents

José Luis de Carlos (ESP)

Karel Pilny (CZE)

Jean Gracia (FRA)

Christian Milz (SUI)

Director General

Franco Arese (ITA)

Council Members

Sylvia Barlag (NED)

Jonas Egilsson (ISL)

Liam Hennessy (IRL)

Frank Hensel (GER)

Dobromir Karamarinov (BUL)

Toralf Nilsson (SWE)

Erki Nool (EST)

Antti Pihlakoski (FIN)

Jorge Salcedo (POR)

Gabriela Szabo (ROU)

Salih Munir Yaras (TUR)

Vadim Zelichenok (RUS)

IAAF President (ex officio member)

Lamine Diack (SEN)

European Athletics Honorary Life President

Carl-Olaf Homén (FIN)

1.2 European Athletics Delegates

Council Delegate

Karel Pilny (CZE)

Technical Delegate

Luis Saladie (ESP)

Doping Control Delegate

Frédéric Depiesse (FRA)

Jury of Appeal

(to be appointed at the Technical Meeting)

Race Walking Judges

José Dias (POR) – Chief

Jordi Estruch (ESP)

Jens Grunberg (GER)

Hans Van Der Knapp (NED)

Noel Carmody (GBR)

Herve Desmoulins (FRA)

Sylvia Hanusova (SVK)

IAAF Measurer

Fermin Perez (ESP)

1.3 European Athletics Office

European Athletic Association

Avenue Louis-Ruchonnet 18

CH-1003 Lausanne

Switzerland

Tel: (41 21) 313 43 50

Fax: (41 21) 313 43 51

E-mail: office@european-athletics.org

Web : <http://www.european-athletics.org>

1.4 Executive Board of the Portuguese Federation

President	Fernando Mota
Vice Presidents	Fernando Boquinhas Alberto Coelho José Paulo Moreira Vítor Mota Jorge Vieira
General Secretary	Jorge Salcedo
Treasurer	Samuel Lopes
Members	Carlos Miranda Norberto Correia Graça Paula Franco Fernando Fernandes Isabel Trigo Mira Susana Feitor

1.5 Local Organising Committee

LOC President	Jorge Salcedo
LOC Vice-Presidents	António Pina Paulo Castro Artur Lara Ramos
Accreditation & Security	Jorge Damásio Paulo Farinho Joaquim Fernandes
Accommodation & Transports	Carlos Santos Fátima Neves José Luis Sousa
Competition	José Paulo Moreira Rui Costa Paulo Murta
Facilities & Equipments	Ricardo Marques Paulo Farinho João Horta Afonso
Finances	Samuel Lopes Carla Martins
Media	Isabel Amado Fernando Martins
Promotion & Marketing	Fernando Boquinhas Fernando Martins
Protocol	Fernando Martins Liliana Silva Teresa Moreira
Medical Services & Doping	Pedro Branco
Volunteers & Teams' Services	Fernando Tavares Paulo Farinho Filipe Ramos

1.6 Competition Organisation

Competition Director	José Paulo Moreira
.Deputy Competition Directors	Paulo Murta and Rui Costa
Meeting Manager	Luis Figueiredo
.Deputy Meeting Manager	Francisco Chumbinho
Technical Manager	Carlos Miranda
Referees (races)	Samuel Lopes and Fernando Maurício
(call room)	Luis Abegão
TIC Manager	Maria de Fátima Moreira
Event Presentation Manager	António Costa

1.7 Participating Federations

The following countries have declared their intention to participate at the event:

Country	Athl (M)	Athl (W)	M 20K	M 50K	MJ 10K	W 20K	WJ 10 K
AUT	0	1	0	0	0	1	0
BEL	1	0	0	1	0	0	0
BLR	6	2	3	3	0	2	0
CZE	3	6	3	0	0	3	3
DEN	1	0	1	0	0	0	0
ESP	11	7	4	4	3	4	3
EST	3	0	2	1	0	0	0
FIN	6	3	3	2	1	2	1
FRA	11	7	4	4	3	4	3
GBR	4	4	3	0	1	2	2
GER	8	4	4	2	2	2	2
HUN	4	6	2	1	1	4	2
IRL	8	4	3	3	2	2	3
ITA	11	7	4	4	3	4	3
LAT	5	4	0	3	2	3	1
LTU	4	4	2	1	1	3	1
NOR	1	0	0	1	0	0	0
POL	7	5	3	2	2	3	2
POR	10	5	4	4	2	4	1
ROU	1	4	0	0	1	4	0
RUS	11	7	4	4	3	4	3
SRB	3	0	0	3	0	0	0
SUI	1	4	1	0	0	4	0
SVK	4	3	2	1	1	2	1
SWE	4	1	2	1	1	1	0
TUR	4	4	2	0	2	2	2
UKR	11	7	4	4	3	4	3
Total	143	99	60	49	34	64	36



9th European Cup Race Walking Olhão/Portugal



2. MEDIA TEAM

Media Services	Isabel Amado
Media Centre Manager	Teresa Fernandes
Media Tribune Manager	Isabel Coelho
Photographers Manager	Raquel Nunes
Flash Interviews Team	José Caetano
	Rui Gonçalo

3. GENERAL INFORMATION

Language: Portuguese

Population: 10 Million inhabitants

Capital city: Lisbon

Type of government: Parliamentary Republic

Religion: Predominantly Catholic

Portuguese currency: Euro. There are coins of 1, 2, 5, 10, 20 and 50 cents, 1 and 2 euros. Bank notes are of 5, 10, 20, 50, 100, 200 and 500 euros. You can change your money at banks or hotels. International credit cards are generally accepted.

Time zone: GMT

Water: Tap water is completely safe for drinking.

Electricity: Electric current for home and hotels use is uniformly 220 volts. Sockets usually accept only two-pin plugs ("Sucko" type).

Telephone: Public telephones are installed everywhere in Portuguese cities, most will allow international calls. There are some telephone booths which accept coins and others which operate with telephone cards. It is possible to buy telephone cards in the hotels. Some telephones will also accept international credit cards. Country code: +351

Portable Phone Network: GSM

Mobile Network: Vodafone, TMN, Optimus

Average air temperature in Olhão in May is: minimum 14° Celsius, maximum 22°. The daily average amount of sunlight is 10 hours.

Business Hours

Business hours of the main establishments are as follows:

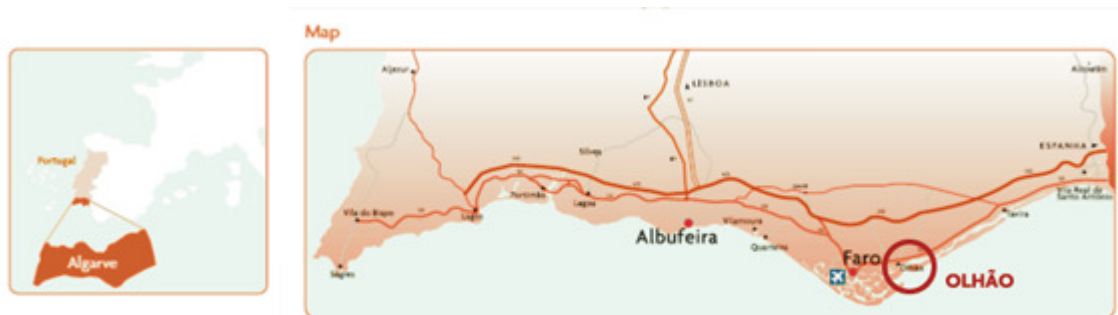
	Weekdays	Saturdays	Sundays
Banks	8 am – 3 pm	Closed	Closed

Post Offices	9 am – 6 pm	Closed	Closed
Shops	9 am – 7 pm	9 am – 1 pm	Closed
Administrations	9 am – 5 pm	Closed	Closed

4. ARRIVALS

4.1 Arrival by air

The official airport is Faro International Airport, which is situated approximately 15 km from Olhão.



Welcome Service

Upon arrival at Faro International Airport, the media are asked to go to the welcome desk. The Welcome Desk is situated in the ARRIVALS HALL at the airport and will be open from Thursday, 19th May to Saturday, 21st May according to the flights arrival hours (depending on travel schedules).

After collecting luggage, the media will be escorted to the official buses by the welcome desk staff and taken to the media hotels.

4.2 Arrival by Train

There will be no Welcome Desk at the main railway station in Faro. Media arriving by train are kindly asked to go directly to their hotel or to the official hotel, where Media Center and Accreditation Center are located.

4.3 Arrival by Road

Media arriving by road are kindly asked to go directly to their hotel or to the official hotel, where Media Center and Accreditation Center are located.

4.3 Visa requirements

The citizens of the following European countries require visas to enter Portugal:



9th European Cup Race Walking Olhão/Portugal



Albania (ALB), Armenia (ARM), Azerbaijan (AZE), Belarus (BLR), Bosnia and Herzegovina (BIH), Georgia (GEO), Former Yugoslav Republic of Macedonia (MKD), Moldova (MDA), Montenegro (MNE), Russia (RUS), Serbia (SRB), Ukraine (UKR), Turkey (TUR).

Visas should be obtained, before leaving your country, from Portuguese Embassy or Consulate.

For any information regarding the event please contact the Local Organising Committee:

Federação Portuguesa de Atletismo (Portuguese Athletics Federation)
Largo da Lagoa, 15 - B
2799-538 LINDA-A-VELHA
Portugal
Tel: (351) 214 14 60 20
Fax: (351) 214 14 60 21
E-mail: s.geral@fpatletismo.org
Website: www.olhao2011.com

5. ACCOMMODATION

5.1 Media Hotels

The Media Hotels for 9th European Cup Race Walking are:

HOTEL FARO 4*

Faro

www.hotelfaro.pt

HOTEL DOM BERNARDO 3*

Faro

www.hoteldombernardo.com

HOTEL MÓNACO 3*

Montenegro

3 kms from Faro

www.hotelmonaco.pt

HOTEL SANTA MARIA 3*

Faro

www.jcr-group.com

HOTEL REAL MARINA 5 ****

Olhão

www.realhotelsgroup.com

Further to the transfer services from/to the official Airport (Faro International Airport), a regular bus service will be provided between the hotels, as necessary according to the planned official activities.



9th European Cup Race Walking Olhão/Portugal



5.2 Official Hotel Teams Hotel

The official hotel for the 9th European Cup Race Walking Olhão 2011 will be:

Real Marina Hotel & Spa*****

Av. 5 de Outubro
8700-307 Olhão
tel.: [+351] 289 091 300
fax: [+351] 289 091 301
recepcao@realmarina.com
www.realhotelsgroup.com/RealMarina

This hotel is at walking distance from the centre of Olhão and the competition venue.

Information Desk

An Information Desk will be located in the lobby of the hotel with qualified personnel offering relevant information about all aspects of the 9th European Cup Race Walking.

The Information Desk opening hours will be as follows:

Thursday, 19 th May	09:00 to 20:00
Friday, 20 th May	08:00 to 21:00
Saturday, 21 st May	06:30 to 21:00
Sunday, 22 nd May	06:00 to 20:00

6. MEDIA ACCREDITATION

6.1 Accreditation Procedure

Each media representative will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

Accreditation cards will be prepared in advance of the event, based on the information provided by the journalists in the online accreditation procedure.

The address of the Media registration system is the following:

<http://app.fluidsurveys.com/s/olhao2011/>

The password is 2011.Olhao

Accreditation cards will be distributed to media representatives upon arrival at the Accreditation Centre located at Real Marina Hotel, room Executiva II, open since Thursday, May 19th.

Media representatives can receive their accreditation by showing the Confirmation Letter which will be sent after registration in the online registration system.

Any lost or damaged accreditation cards should be reported to the LOC Information desk. Duplicate cards can be obtained where proof of identity can be established.



9th European Cup Race Walking Olhão/Portugal



A description of the accreditation system is included on the back of the accreditation card. All media accreditation cards will allow access to the Media Centre, Media Tribune and Mixed Zone. This card will also give access to a Refreshment Area installed at the course, next to the Media tribune, for the Media representatives.

6.2 Accreditation Centre

The media accreditation centre will be located at the official hotel, the Real Marina Hotel, room Executiva II.

All media accreditations must be collected from this office including accreditations collected on the day of the event.

The opening hours for the Accreditation Centre will be as follows:

Thursday, 19 th May	09:00 to 20:00
Friday, 20 th May	09:00 to 20:00
Saturday, 21 st May	07:00 to 15:00

7. MEDIA SERVICES

7.1 Media Centre

The Media Centre will be located in the official hotel, the Real Marina Hotel, room Ria Formosa, nearby the course.

There will be a Welcome Desk and a working room for media representatives.

The Media Centre opening hours will be as follows:

Friday, 20 th May	14:00 to 20:00
Saturday, 21 st May	07:00 to 21:00

Working Area - For all work stations, power is electric power – 220 volts/AC 50 cycles. The LOC will not provide adapters.

Event information – There will be pigeon holes for the following information: start lists, results, flash interviews, statistical and general information and jury of appeal decisions.

Internet access - Free internet access (wi-fi) will be available at the Media Centre.

7.2 Media Tribune

The Media Tribune will be located close to the finish line and in front of the video board.

Start lists, and official results of each race, as well as flash interviews with the medalists will be distributed in the Media Tribune.

The Media Tribune has 30 fully equipped seats for written press, radio and TV. Seats will be allocated by the LOC. The Media Tribune seating plan will be available in the Media Centre and at the entrance of the Media Tribune. Staff will be available in this area to assist you.



9th European Cup Race Walking Olhão/Portugal



Each media desk is equipped with an electricity socket. Please note that electricity supply in Portugal is 220 volts/AC 50 cycles and that plugs have two round pins. Adapters will not be provided for those wishing to use electrical appliances from outside Portugal.

Free internet access (wi-fi) will be available at the Media Tribune.

A refreshment area will be available at the back of the Media Tribune.

7.3 Photographers Briefing

The photographers' briefing will be held on Friday 20 May at 19:00 in the Media Centre. The photographers' bibs will be distributed during this meeting.

7.4 Press Conference

The official European Athletics/LOC press conference will take place on Friday 20 May at 12:00 in the official hotel, the Real Marina Hotel, room Colatra I and will consist of members of European Athletics and the LOC and also with outstanding athletes set to take part in the competition.

A bus service between the Media Hotels will be provided for this purpose.

7.5 Mixed Zone and Flash Interviews Service

The Mixed Zone, in which media representatives meet participating athletes, will be located close to the finish line, on the right-hand side of the Media Tribune (see Appendix 3). There will be a dedicated Mixed Zone for TV, radio, press and for the rest of the accredited media. It is up to the athlete to decide whether he or she will give an interview.

Immediately after each race, the flash interview team will interview all championships medalists. These interviews will be distributed in the Media Tribune, made available in the Media Centre and posted on the event's website.

7.6 Schedule of Key Activities

Friday, 20 th May	14:00 to 20:00	Media Centre open
	12:00	European Athletics/LOC Official Press Conference, Real Marina Hotel
	17:45	Opening Ceremony (at the course, near the tribune)
	19:00	Photographers Briefing in Media Centre
Saturday, 21 st May	07:00 to 21:00	Media Centre open
	07:30 to 20:30	9 th European Cup Race Walking

7.7 Telecommunication Services

A wireless network will be available in the Media Centre and in the Media Tribune. This service is free of charge. Media representatives may book additional dedicated lines in the Media Centre or in the Media Tribune with the company Portugal Telecom.



9th European Cup Race Walking Olhão/Portugal



Media representatives that need a dedicated phone or ISDN line, must send their requests to Portugal Telecom through the National Telecom company of their country. Portugal Telecom technicians will assist you during the competition.

7.8 Website

For up-to-date information regarding the 9th European Cup Race Walking visit our website www.olhao2011.com or the European Athletics website www.european-athletics.org

8. COMPETITION REGULATIONS

8.1 Team Composition

Each European Athletics Member may enter 1 (one) men's team and 1 (one) women's team seniors and juniors. For each senior race 4 (four) walkers may be entered of whom 3 (three) will score. For each junior race 3 (three) walkers may be entered of whom 2 (two) will score.

8.2 Entries

In accordance with the European Athletics rules, final entries indicating the names of the competitors and their performances plus officials by name must be received no later than ten (10) days before the event. This deadline is 11th May (24:00 CET). Each team should present their final confirmation for all events upon arrival together with the accreditation procedures or at 10:00 on Friday, 20th May the latest, at the TIC.

8.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation during accreditation, in Olhão. The forms must be completed and should be returned immediately, or at most, according to the deadline indicated in 8.2. Final start lists will be ready for collection at the Media Center after the Technical Meeting.

The Technical Meeting will be held on Friday, 20th May at 17h00, in the Teams' Hotel. Each team may be represented by a maximum of two people and, if necessary, an interpreter. The Technical Meeting will be attended by: European Athletics President (or his representative), European Athletics Delegates, Race Walking Judges, Jury of Appeal, Representatives of the Local Organising Committee, Chief Technical Officials, TIC Representatives, Competition Director, European Athletics Event Co-ordinator. After the Technical Meeting justified changes due to injury, illness or other uncontrollable matters will be possible until the beginning of the respective event, provided that the Technical Delegate has been previously informed and has accepted the change. For more details please refer to European Athletics Regulation 803.5.



9th European Cup Race Walking Olhão/Portugal



8.4 Scoring

Each race shall be scored separately on the basis of the actual finishing places of the walkers. The best 3 (three) walkers in each race (20 km and 50 km men and 20 km women) and the best 2 (two) junior walkers men and women in each race (both 10 km) shall score on the following basis:

In each event, 3 (three) walkers of the men's and women's race and 2 (two) walkers of the junior races shall score and the team results shall be decided by the aggregate of places recorded by the scoring walkers of each team. The team with the lowest aggregate of points will be judged the winner.

If a team fails to finish with a complete scoring team, the walkers finishing shall be counted as individuals in the race result, and shall be eligible for the individual places.

No adjustment to the scoring places of the finishing teams shall be made in respect of any non-scoring team walker or of individual entries.

If two or more teams have an equality of scores calculated according European Athletics Regulation 802.8, the tie shall be decided in favour of the team with the best placed athlete.

8.5 Competition Clothing

Competitors must wear the Federation's official team clothing. IAAF Rule 8 & 143 will be strictly applied. The IAAF Advertising Regulations (version 2009) will be followed. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the call room.

The European Athletics has a record of the Team vests of all Member Federations on the European Athletics website. If the uniform displayed on the website differs from your current official uniform, a full set of photographs must be provided to the European Athletics by 13th May the latest (preferably in an electronic version). Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 1 for the competition timetable

9.2 Event Presentation format

Announcements will be made in English and Portuguese.

Before each race there will be a short reference to the favourite teams and athletes competition for the title, based on the previous year's results.

The video-hall will show images from the Cup, the start lists and results, including intermediate results. Information on the lap counting and warnings will be also displayed.

9.3 Starting order

The starting order for each event will be based on the respective team standings (scoring teams only) of the previous edition of the European Cup Race Walking. Each team shall be lined up behind each



9th European Cup Race Walking Olhão/Portugal



other at the start of the respective race. All other teams will be positioned behind in alphabetical order.

9.4 Timing

The official timing will be provided by the Portuguese Athletics Federation. A transponder system (IPICO) will be used, as well as a Finish Lynx one, with one camera and one bib reader. All athletes will wear a transponder in one of the shoes, which will be given to each athlete at the call room. These transponders will be collected in the kits' collection area, immediately after the race.

9.5 Refreshment Stations

Still water in bottles and sponges will be provided by the LOC on tables located after the personal refreshments. Race walkers will pick up their bottles and sponges on their own. There will be a mist station located slightly off the ideal running line.

Team officials may hand the athletes their personal beverages/refreshments at the personal refreshment tables. According to the number of athletes competing by country, each team will have its own table or share a table with other teams, which will be marked with the national flag and the IAAF country code. The tables are arranged in alphabetical order according to the three letters of the country code.

LOC can provide two bottles for each athlete competing in a race walking event. Athletes can also use their own bottles, as long as they comply with the IAAF advertising regulations. All personal refreshments must clearly display the following information: Athletes' name, Athletes' identification number (number on start list), IAAF Country Code. Athletes are responsible for the identification of their bottles. After the bottles are brought to the Refreshment Station, judges will control them with regard to the IAAF Advertising Regulations. Any non-collected bottles will be returned to the TIC. A maximum of two officials from every team will have access to the Refreshment Station. Those officials must wear a special card issued by the LOC. These officials are authorised to place refreshments directly into the athletes' hands from the designated place behind the team's table. These persons shall not, under any circumstances, run beside an athlete while he/she is taking refreshments, as stated in IAAF Rule 230.9. (f). In this situation or if the athlete collects refreshments from a place other than the Refreshment station renders himself liable to disqualification by the Referee.

9.6 Protests

Any protest shall, in the first instance be made verbally to the Referee by either the athlete or by someone acting on his/her behalf. The Referee will be identifiable by an armband.

If the Referee makes a decision, there shall be a right of appeal to the Jury. Any protest must be submitted to the TIC within 30 minutes of the announcement of the results. The results are considered to be officially announced when the official list of results has been posted on the information board outside the TIC.

The protest is to be submitted in writing, in English on the special protest forms provided by the TIC. The protest office operates during competitions and until 30 minutes after the announcement of the last results.



9th European Cup Race Walking Olhão/Portugal



A deposit of €75 should be submitted together with the appeal. This deposit will be forfeited if the appeal is not upheld.

The protest may only be submitted by a staff member of the athlete's own team. When the protest is being handled, a team representative must be easily reachable in case the Jury wishes to question him. The Jury's decision will be provided in writing.

9.7 DOPING CONTROL

9.7.1 General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti doping officials. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

A selected athlete should report immediately to the DCC unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

9.7.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.7.3 Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the Doping Control Station. The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.

10. CEREMONIES

10.1 Opening Ceremony

The Opening Ceremony is scheduled to Friday, 20th May, at 17:45, at the course, near the tribune.

10.2 Victory Ceremonies

The victory ceremonies for the three first athletes and teams will take place on as per the schedules in Appendix 1

LOC MEDIA ORGANISATION

Media Services:

Isabel Amado +351 963292475 - isabelamado@netcabo.pt

Photo assistant:

Raquel Cavaco Nunes +351 9199768 46, +32 486 67 42 74 - raquelcavaconunes@gmail.com

Media Centre Manager:

Teresa Fernandes +351 919474518 - ahuteresafernandes@hotmail.com

Media Tribune Manager:

Isabel Coelho +351 925402678 - icoelho@cm-olhao.pt

USEFUL WORDS

Yes	Sim
No	Não
Good morning/afternoon	Bom dia/Boa tarde
Good evening	Boa noite
Goodbye	Adeus
Please	Por favor
Thank you	Obrigado
My name is	O meu nome é
How are you?	Como está?
Fine, thank you	Bem, obrigado
How much does it cost?	Quanto custa?
Do you speak ...?	Fala ...?
Where is ...?	Onde é ...?
Entrance	Entrada
Exit	Saída
Danger	Perigo
Open	Aberto
Close	Fechado
Toilets	Casa de Banho
Doctor	Doutor
Hotel	Hotel
Water	Água
Beer	Cerveja
Wine	Vinho
Menu	Menu
Today	Hoje
Tomorrow	Amanhã
Yesterday	Ontem
Morning	Manhã
Afternoon	Tarde
Evening	Noite



9th European Cup Race Walking Olhão/Portugal



USEFUL CONTACTS

Emergency

National Emergency Number 112
Police +351 289 710 770

Health

Health Centre of Olhão +351 289700260
Faro District Hospital - +351 289 891 100

Airport

Faro Airport - +351 289 800 800

Tourism Office

Olhão Tourism Office +351 289 713 936

Credit Cards

American Express +351 707 50 40 50 / +351 21 427 82 05 02
Mastercard +351 800 811 272
Visa +351 800 811 107



9th European Cup Race Walking Olhão/Portugal



APPENDIX 1 – TIMETABLE

Friday, 20th May

17.45 **Opening Ceremony** (at the course, near the tribune)

Saturday, 21st May

07.30 **50 Km Senior (M)**

08.45 **10 Km Junior (M)**

09.45 **10 Km Junior (W)**

09.50 10 Km Junior (M) *Victory Ceremony (Individual)*

10.00 10 Km Junior (M) *Victory Ceremony (Team)*

11.00 10 Km Junior (W) *Victory Ceremony (Individual)*

11.10 10 Km Junior (W) *Victory Ceremony (Team)*

12.00 50 Km Senior (M) *Victory Ceremony (Individual)*

12.15 50 Km Senior (M) *Victory Ceremony (Team)*

16.30 **20 Km Senior (M)**

18.05 20 Km Senior (M) *Victory Ceremony (Individual)*

18.15 20 Km Senior (M) *Victory Ceremony (Team)*

18.30 **20 Km Senior (W)**

20.20 20 Km Senior (W) *Victory Ceremony (Individual)*

20.30 20 Km Senior (W) *Victory Ceremony (Team)*

Schedule in GMT time

APPENDIX 2

Participating Figures

EUROPEAN CUP RACE WALKING

Venue	20km M	50km M	10km JM	20km W	10km JW	Total	Countries
La Coruña (ESP)1996	52	28	0	41	0	121	17
Dudince (SVK)1998	79	66	0	63	0	208	28
Eisenhüttenstadt (GER) 2000	66	66	41	65	38	276	26
Dudince (SVK) 2001	75	53	47	68	41	284	30
Cheboksary (RUS) 2003	67	45	45	54	32	243	27
Miskolc (HUN) 2005	62	55	45	65	40	267	29
Leamington (GBR)2007	61	48	40	60	40	249	29
Metz (FRA) 2009	56	41	43	54	33	227	26

Included + 12 DNF in 50km

European Cup Race Walking
Medal Table (1996 - 2009)

Rank		Gold	Silver	Bronze	Total
1	Russia	41	16	15	72
2	Spain	10	17	6	33
3	Italy	7	13	11	31
5	Belarus	4	10	9	23
4	Poland	3	3	3	9
7	France	2	2	4	8
6	Germany	1	3	8	12
8	Portugal	1	1	2	4
9	Ukraine	1	0	3	4
10	Romania	0	3	3	6
14	Norway	0	1	1	2
11	Hungary	0	1	0	1
17	Finland	0	0	1	1
12	Greece	0	0	1	1
13	Latvia	0	0	1	1
15	Lithuania	0	0	1	1
16	Slovak Republic	0	0	1	1

The following countries have declared their intention to participate at the 9th European Cup Race Walking:

Country	Athl (M)	Athl (W)	M 20K	M 50K	MJ 10K	W 20K	WJ 10 K
AUT	0	1	0	0	0	1	0
BEL	1	0	0	1	0	0	0
BLR	6	2	3	3	0	2	0
CZE	3	6	3	0	0	3	3
DEN	1	0	1	0	0	0	0
ESP	11	7	4	4	3	4	3
EST	3	0	2	1	0	0	0
FIN	6	3	3	2	1	2	1
FRA	11	7	4	4	3	4	3
GBR	4	4	3	0	1	2	2
GER	8	4	4	2	2	2	2
HUN	4	6	2	1	1	4	2
IRL	8	4	3	3	2	2	3
ITA	11	7	4	4	3	4	3
LAT	5	4	0	3	2	3	1
LTU	4	4	2	1	1	3	1
NOR	1	0	0	1	0	0	0
POL	7	5	3	2	2	3	2
POR	10	5	4	4	2	4	1
ROU	1	4	0	0	1	4	0
RUS	11	7	4	4	3	4	3
SRB	3	0	0	3	0	0	0
SUI	1	4	1	0	0	4	0
SVK	4	3	2	1	1	2	1
SWE	4	1	2	1	1	1	0
TUR	4	4	2	0	2	2	2
UKR	11	7	4	4	3	4	3
Total	143	99	60	49	34	64	36

APPENDIX 3

The Event Area

