

EUROPEAN CUP 10 000 M

901. PROMOTION AND RIGHTS

901.1. The European Athletic Association (hereinafter EAA) will promote the European Cup 10 000 m for Men and Women every year.

It is a competition for national teams - separately for men's and women's teams - at which each EAA Member may take part with a men's team and women's team or with individual runners.

In principle, the Cup should be staged 2 (two) weeks after the date of the World Cross Country Championships in April (first or second weekend in April) preferably in a South European country.

901.2. All rights of the European 10 000m Cup are the exclusive property of the EAA which, unless otherwise specified in these regulations, are retained by EAA. These rights include all marketing, advertising, broadcasting, filming, televising or any other means of reproduction rights. The EAA may grant concessions or licences in respect of these rights.

902. PROGRAMME

902.1. The European Cup 10 000 m shall be staged on 1 (one) day and in accordance with the applicable Rules of the International Association of Athletics Federations (IAAF).

902.2. The programme shall comprise the following distances:

Men:	10 000 m
Women:	10 000 m

902.3. Each event may be divided into A and B races, if the number of runners makes it necessary. The runners with the fastest times to be placed in the A races.

If the times can not be compared, due to different distances, the Technical Delegate shall decide which race the runners in question shall participate in.

902.4. The host country has the right to include events outside the official 10 000 m Cup in order to make the competition more complete and attractive.

903. ENTRIES, CONFIRMATIONS AND SCORING

903.1. All EAA Members shall be invited to participate in the European Cup 10 000 m. These invitations, in one of the official languages of the EAA, shall be sent by the Organising Member at least 4 (four) months before the European 10 000 m Cup.

903.2. The athletes must comply with the eligibility qualifications for Area Games or Championships as set out in the IAAF rules.

903.2.1 Furthermore, only athletes aged at least 16 years on 31 December of the year of the competition can participate.

903.3. No athlete may compete in the European Cup 10 000 m unless entered by an EAA Member Federation, or the organising member for technical reasons needed upon approval of the Technical Delegate.

- 903.4. Entries and qualification standards:
- 903.4.1. Team entries: men and women
Each EAA Member may enter 1 (one) men's team and 1 (one) women's team, of a maximum of 5 (five) runners each of whom 3 (three) will score.
- 903.4.2. Qualification standards:
- The time which is equal to the hundredth best on the European Best Lists of 5000 m, 10 000 m, 3000 m Steeplechase, and Marathon of the year 3 (three) years preceding the event, achieved between the 1st of January 2 (two) years preceding the year of the competition and the closing date for the final entries.
- Runners being ranked among the 50 (fifty) best placed at the last 3 (three) World Cross Country Championships in the long distances and the 20 (twenty) best placed at the European Cross Country Championships preceding the year of the European Cup 10 000 m.
More athletes can take part provided the Technical Delegate will accept it but they will not score.
All team members must meet the qualification standards.
- 903.5. Individual Entries: Although the Cup is basically a team competition, individual entries may be accepted, according to the qualification standards, for those EAA members which are unable to send full teams. The individual ranking will be applied for all runners. Countries having participated the preceding year in the European Cup can enter 1 (one) male and 1 (one) female athlete even if he/she has not fulfilled the entry standard.
- 903.5.1. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and shall be eligible for the individual placing.
- 903.6. Preliminary entries: Preliminary entries indicating the number of runners per race and the number of officials must be submitted not later than 2 (two) months before the competition.
- 903.7. Final entries: Final entries indicating the names of the runners and their performances plus the names of officials must arrive at the Organising Member not later than 10 (ten) days before the day of the competition.
All Member Federations must, on the Final Entry Form, describe their team uniform, (competition attire and warm-up attire), including the colours and permitted advertising (preferably attaching a photograph). All athletes of the team shall wear the described attires.
- 903.8. Final declaration and confirmation: Final declaration of athletes and confirmation of entries must be made according to the procedures defined in the Team Manual.
- 903.9. The EAA can reduce the financial support for board/accommodation to Member Federations which, after having announced their participation in an EAA competition, do not take part.
- 903.10. SCORING**
- 903.10.1. The women's and men's races are scored separately.
- 903.10.2. If A and B races are held the results are merged into one list.

903.10.3. The team ranking is decided on the basis of the 3 (three) best times of the team members in the A and B races.
The individual ranking is decided by merging together the results of A and B races into 1 (one) list of results.

903.10.4. In the event of a tie, it shall be resolved in favour of the team whose last scoring runner finishes with the better time.

904. APPLICATIONS FOR STAGING THE EUROPEAN CUP 10 000 M

904.1. Applications to stage the European Cup 10 000 m must be sent by the EAA Members in order to reach the EAA Secretariat not later than 15 December 2 (two) years before the year of the staging the competition.

904.2. Applications shall be submitted on the official EAA application forms in English and shall be accompanied by:

904.2.1. the undertaking of the EAA Member in question to respect all the IAAF and EAA Rules and Regulations by signing such contract with the EAA as the EAA shall require (Member Agreement),

904.2.2. the official endorsement of the City in which the competition is to be held and an undertaking of the Government of the Member Federation to allow entry to and exit from the country to all EAA Officials, participating athletes, team officials and media representatives as well as free import and re-export of all designated competition equipment and service to the event,

904.2.3. the application must be accompanied by a description of the competition stadium, of the warming-up and training facilities,

904.2.4. a written guarantee that all official sites connected with the Cup, including the race courses and hotels, will be free of all commercial and non-commercial advertising, identification and/or franchises,

904.2.5. a letter from a television network, according to the general EAA TV agreement, guaranteeing the host broadcaster operation according to the international standards as laid down by the IAAF,

904.2.6. a budget for the total organisation of the event,

904.2.7. such other information as the EAA shall require.

904.3. An application may be regarded as invalid if it does not conform in every respect with the conditions set out in this clause 904. including satisfactory completion in full of the EAA application form.

905. THE RIGHTS AND DUTIES OF THE EAA

905.1. The EAA Council shall :

905.1.1. approve the regulations of the European Cup 10 000 m,

905.1.2. decide upon the venue of the European Cup 10 000 m at its Spring session 1 (one) year before the year in which the European Cup 10 000 m is to take place,

905.1.3. decide upon the dates on which it is to be held

- 905.1.4. appoint 1 (one) Council Delegate, 1 (one) Technical Delegate and 1 (one) Doping Control Delegate;
 - 905.1.5. have general charge of the supervision of and ultimate authority over the European Cup 10 000 m which is to be carried through in conformity with the technical rules of the IAAF,
 - 905.1.6. determine the number of doping tests,
 - 905.1.7. Contracts: not applicable
 - 905.1.8. approve the costs for accommodation and board and the level of EAA subvention,
 - 905.1.9. approve the design of the symbol, official mascot and medals of the European Cup 10 000 m at its Autumn session 1 (one) year before the event,
 - 905.1.10. amend, if necessary, these regulations provided such amendments are reported to the Congress at the first opportunity.
- 905.2. The EAA Council may authorise the Technical Delegate to propose at the Technical Meeting (TM) the election of an adequately representative and qualified Jury of Appeal and 2 (two) reserves.
In that case the Jury of Appeal shall consist of 2 (two) elected members of different nationality and the Technical Delegate as an ex-officio member who will be the chairman.
No member of the Jury may act in cases where an athlete of his or her own nationality is concerned. In case the Technical Delegate on any occasion should not be available or if another Jury Member is obliged to withdraw the reserves will act as replacement.
- 906. THE RIGHTS AND DUTIES OF THE ORGANISING MEMBER**
- 906.1. Each EAA Member has the right to apply for staging the European Cup 10 000 m at a venue within its country.
 - 906.2. The European Cup 10 000 m is allocated to a Member of the EAA (Organising Member) which shall solely be responsible for its complete organisation and promotion in accordance with the EAA Regulations and a contract to be entered into between the EAA and the Member defining the mutual obligations and responsibilities (Member Agreement).
The Organising Member shall immediately appoint a Local Organising Committee for which it will be fully responsible at all times.
 - 906.3. If the Local Organising Committee (LOC) is not made up of staff and/or volunteers of the Organising Member, a contract must be entered into by the Organising Member and the LOC and approved by the EAA before signature.
 - 906.4. The Local Organising Committee, in agreement with the Organising Member, has the right and duty to appoint all national referees, judges and other technical officials.
The Organising Member shall guarantee their competence.
 - 906.5. The Organising Member and the Local Organising Committee must at all times cooperate with the Technical Delegate and other officials appointed by the EAA Council and respect their authority.

907. FINANCIAL REGULATIONS

The Organising Member

- 907.1. The Organising Member shall receive the income from
- EAA subvention
 - sale of entrance tickets,
 - from sale of marketing and television rights,
 - other subventions, donations from national and local authorities.

The Organising Member of the European 10 000m Cup shall be enabled to grant in relation to the competition all commercial rights and licenses normally associated with such events. These negotiations should be carried through directly by the Organising Member or Local Organising Committee and shall endeavour to obtain the best possible financial gains for the Organising Member.

- 907.2. The Organising Member shall be responsible for all costs of the European 10 000m Cup, including insurance, in accordance with these regulations, the contract entered into between the EAA and the Organising Member (Member Agreement), and the general EAA Financial Regulations.

- 907.3. The Organising Member, in cooperation with the Local Organising Committee, shall be responsible for first-class rail travelling expenses or tourist-class air fares (including meals en route) together with board and lodging of:

907.3.1. the Technical Delegate and the Doping Control Delegate for a period normally beginning not more than 2 (two) days before the competition and ending the day after the competition.

907.3.2. The accommodation can be in sports schools or similar facilities but these should be of the usual standard required for international competitions.

907.3.3. The Organising Member in co-operation with the Local Organising Committee shall be responsible for the board and lodging of the Technical Delegate during site visits whenever he or she deems it necessary for the successful staging of the Cup.

- 907.4. The Organising Member of the European 10 000m Cup shall in accordance with the general EAA TV Agreement conclude agreements with its Television companies for a retransmission of the competition. These negotiations should be carried through directly by the Organising Member or Local Organising Committee and shall endeavour to obtain the best possible financial gains for the Organising Member.

Note: When obligations are stated in the regulations concerning board and lodging for a number of days, 1 (one) day includes 1 (one) night's lodging plus 1 (one) breakfast, 1 (one) lunch and 1 (one) dinner.

The EAA

- 907.5. The EAA shall not be responsible for any costs other than those referred to in these regulations and/or the Member Agreement. Any such costs must be met by the Organising or Participating Member(s) as appropriate.

- 907.6. The EAA Council shall approve the accommodation costs, all taxes included, and the subvention of the EAA to the Local Organising Committee.
- 907.7. The EAA -unless otherwise agreed- shall bear the board and lodging expenses of the visiting teams at the venue of the competition for a maximum period of not more than 2 (two) days and for a maximum number of up to 3 (three) male and up to 3 (three) female runners (scoring athletes) from each visiting Member Federation according to Regulation 905.1.8.
- 907.8. The EAA shall be responsible for all direct laboratory costs connected with the doping control. All other costs related to the doping control shall be borne by the Organising Member.
- 907.9. The EAA and/or its Marketing Consultants retain the right to approve all agreements in relation to the marketing activities of the LOC.
- 907.10. The EAA is responsible for the travelling expenses of the Technical Delegate when he/she pays visit to the venue in the preparation of the staging of the European 10 000m Cup whereas the LOC is responsible for the board and lodging.

The participating Members

- 907.11. The visiting delegations of the EAA Members shall pay their travelling expenses, in both directions, to and from the venue of the competition as well as board and lodging expenses at the venue of the competition, which exceed such costs to be borne by the EAA as laid down in 907.7 in these Regulations.
- 907.12. If a Member of the EAA finds it impossible to participate with 1 (one) of its entered teams, it must inform the Secretariat of the EAA and the Organising Member so that both are aware of this not later than 30 (thirty) days before the first day of the competition.
If this double declaration is not made or if it is made too late, the respective EAA Member shall pay an amount of 1000 (one thousand) Swiss Francs to the EAA, which sum shall then be transferred to the Organising Member to compensate for the expenses inflicted on the latter.
- 907.13. The participating EAA Members are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from EAA competitions and during the event itself.

908. THE EAA OFFICIATING PERSONS

- 908.1. The Council Delegate, the Technical Delegate and the Doping Control Delegate shall be appointed by the EAA Council during the autumn session of the year preceding the staging of the European Cup 10 000 m.
- 908.2. The appointed Council Delegate is responsible, in conjunction with the Local Organising Committee, which shall afford him or her all necessary help, for the supervision of all general tasks (to be detailed).

- 908.3. The Technical Delegate, in conjunction with the Local Organising Committee, which shall afford him or her all necessary help:
- shall ensure that the provisions of IAAF Rules are fully observed,
 - shall be responsible for all technical and administrative arrangements necessary for the staging of the races,
 - shall control entries and can reject them for technical reasons (rejections for other reasons must be approved by the EAA Council).
- 908.4. The Doping Control Delegate is responsible for the doping control and shall act in accordance with the respective IAAF Rules and Guidelines.
- 908.5. The Jury of Appeal shall observe the conduct of the races shall act in conformity with the IAAF rules concerning the Jury of Appeal and shall make the final decisions concerning protests.
- 908.6. No EAA Officiating Person may be a Member of the national delegation of his or her country.

909. TECHNICAL REQUIREMENTS

- 909.1. Approved fully automatic timing equipment, photo-finish installations and video tape recording equipment must be installed and shall be used.
- 909.2. The day before the day of the competition a Technical Meeting shall be held at which not more than 2 (two) delegate (and, if necessary, an interpreter) from each delegation may participate. Delegations shall be given advance notice of the place and time of the Technical Meeting.

910. DOPING CONTROL REGULATIONS

- 910.1. Doping control shall be conducted in accordance with the respective IAAF Rules and Guidelines and shall be carried out under the following conditions:
- 910.1.1. The Local Organising Committee must provide the technical and medical facilities (in particular equipment and personnel) to carry out this control following the conditions laid down in the IAAF Rules and Guidelines.
- 910.1.2. The Doping Control Delegate shall decide in accordance with the IAAF Rules and Guidelines for Doping Control which placings from which races will be selected for doping control and may, however, require any runner he or she deems necessary to present himself or herself for a doping test.
- 910.1.3. The results of the testing of samples shall be notified immediately by the testing laboratory to the Director General of the EAA and by copy to the IAAF Secretariat. If testing results are in apparent violation of the IAAF rules the EAA Director General shall act as laid down in said rules.

911. CEREMONIES, AWARDS AND SOUVENIRS

- 911.1. The stadium shall be decorated with the official flags of the countries of the participating EAA Members and of the EAA and the EAA Flag.

911.2. An Opening Ceremony with a parade of shield and flag bearers and a short show may be held but is not compulsory.

If an Opening ceremony is held the following shall apply:

- All participating delegations shall take part in the Opening Ceremony.
- All participating delegations in their approved uniforms shall parade before the main stand behind a shield bearer and the official flag of their country. On the shield shall appear the name of the member federation's country in the language of the host country and in accordance with the name listed in the IAAF rules. They shall parade in the alphabetical order of the language of the host country. The host country's delegation shall be the last to enter and shall be followed by a delegation carrying the flag of the EAA.
- Welcome by the President of the Organising Committee (maximum 3 minutes).
- Opening by the EAA President or his representative (maximum 3 minutes).
- Anthem of the country of the Organising member.
- Departure of the shield and flag bearers and delegations.

911.3. Closing Ceremony: The Closing Ceremony may be organised within the Closing Dinner.

911.4. Victory Ceremonies:

- Shortly after the completion of the competition, the first 3 (three) placed athletes and 3 (three) placed teams shall mount the rostrum in their approved track suits to receive their awards.
- The winner, the second and the third placed individual runner of each race shall each receive a plaque while the winning teams shall receive trophies provided by the EAA.
- The flags of the countries of the winning teams men and women shall be raised on three (3) flagpoles while the anthem of the country of the winner's team is played.
- The team awards may be presented at the closing banquet.

911.5. Diplomas: No diplomas will be presented.

911.6. All participants and officials may be presented with a commemorative medal.

912. INFORMATION, NAMES AND ABBREVIATIONS

912.1. All information shall be printed, displayed or announced in English

In every kind of information item, bulletin, competition document, and on official occasions the names of the participating countries must correspond to the names as laid down in the IAAF rules. Any abbreviation used for the names of the participating countries must be in conformity with the official abbreviations recognized by the IAAF.

913. FINAL PROVISIONS

913.1. All matters not provided for by these Regulations shall be submitted to the EAA Council for decision.

913.2. These Regulations are drawn up in the official language of the EAA - English.