



**European Team
Championships
2nd League**



Banska Bystrica, Slovakia

Team Manual

www.dukla.sk/etc2009

European Team Championships 2nd League

June 20th 2009 – June 21st 2009

Banska Bystrica, Slovakia



European Team Championships 2nd League



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1. GENERAL INFORMATION

City

Country	Slovak Republic
Location	Middle Slovakia
City	Banská Bystrica
Language	Slovak language
Currency	Euro
Time zone	Central European time
Electricity specifications	220 V, 50 Hz
Telephone instructions	00421 country 48 region
Shop opening hours:	
City	8,00 am - 6,00 pm
Shopping Centre "Europa"	9,00 am - 9,00 pm
Web pages – Slovakia	http://www.slovensko.com/ http://www.slovakia.org/
Web pages – Banská Bystrica City	http://eng.banskabystrica.sk/ http://www.bbb.sk/en/ http://www.slovakia.org/banska.htm

2. ORGANISATIONAL STRUCTURE

2.1 European Athletics Council

President	Hansjörg Wirz (SUI)
Vice Presidents	José Luis de Carlos (ESP) Svein Arne Hansen (NOR)
Treasurer	Karel Pilny (CZE)
Director General	Christian Milz (SUI)
Council Members	Janez Aljancic (SLO) Franco Arese (ITA) Sylvia Barlag (NED) Jonathan Edwards (GBR) Frank Hensel (GER) Dobromir Karamarinov (BUL) Philippe Lamblin (FRA) Toralf Nilsson (SWE) Ludmila Olijar (LAT) Antti Pihlakoski (FIN) Jorge Salcedo (POR) Salih Munir Yaras (TUR) Vadim Zelichenok (RUS)
IAAF President (ex officio member)	Lamine Diack (SEN)
European Athletics Honorary Life President	Carl-Olaf Homén (FIN)



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2.2 European Athletics Delegates

European Athletics Council Delegate	Janez Aljancic (SLO)
Technical Delegate	Janusz Krynicki (POL)
Doping Control Delegate	Ellen van den Bunt (NED)
Jury of Appeal	Gabriel Abad (ESP) - chair
	Edouard Eskenazi (FRA)
	Janusz Rozum (POL)
Project Co-Ordinator	Ken Van Deyck

2.3 European Athletics Office

European Athletic Association
Avenue Louis-Ruchonnet 18
1003 Lausanne, Switzerland
Tel: +41 21 313 43 50
Fax: +41 21 313 43 51
E-mail: office@european-athletics.org
Web: www.european-athletics.org

2.4 Executive Board of Slovak Athletic Federation

President	Maria Mracnova
General Secretary	Anna Kirnova

2.5 Local Organising Committee

President	Lubomir Rosko
Vice-president	Maria Mracnova
General Secretary	Anna Kirnova
Competition Coordinator	Lucia Cencerova
Hospitality	Eva Skodova
Press / Media	Alfonz Juck
Finance	Jana Lopitova
Travel / Accommodation	Jeanette Hroncova
Marketing	Silvia Cisarikova
Ceremonies	Pavol Blazek
Medical/Anti-Doping	Jan Benda

2.6 Competition Organisation

Competition Director	Karol Materny
Technical Directors	Radovan Misik
	Karol Polacek
Chief Referee	Miroslava Roskova
Chief Timekeeper	Miroslav Slusny
Chief Photofinish	Rastislav Hrbacek



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2.7 Participating Federations

Men + Women

	Austria
	Bulgaria
	Croatia
	Cyprus
	Ireland
	Latvia
	Lithuania
	Slovak Republic

3. ARRIVALS

3.1 Arrival by Air

Bratislava is the official airport. The organizer will also provide transport from Budapest Airport, Vienna Airport and Sliac Airport.

Distance between airports and Banská Bystrica:

From Bratislava Airport:

Bratislava Airport - Banská Bystrica	226 km
Bratislava Airport – Hotel Polana	2 hours
Bratislava Airport – Hotel Dixon / Lux / Narodny dom	2 hours 20 min.

From Vienna Airport:

Vienna Airport - Banská Bystrica	260 km
Vienna Airport – Hotel Polana	2 hours 40 min.
Vienna Airport – Hotel Dixon / Lux / Narodny dom	3 hours

From Budapest Airport:

Budapest Airport - Banská Bystrica	163 km
Budapest Airport – Hotel Polana	2 hours 20 min.
Budapest Airport – Hotel Dixon / Lux / Narodny dom	2 hours 40 min.

From Sliac Airport:

Sliac Airport - Banská Bystrica	15 km
Sliac Airport – Hotel Polana	15 min.
Sliac Airport – Hotel Dixon / Lux / Narodny dom	15 min.



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3.1.1 Welcome Service

Upon arrival, teams will be met by team attaches.

Once luggage has been collected, team members will be escorted to buses which will take them to their hotels.

Team attaches will be waiting for the teams in the arrival lounge at the airport. They will accompany the teams to the buses and they will assure transport from the airports to the hotel.

3.1.2 Transportation of Equipment

The equipment will be transported with team members. The requests for transportation of the equipments have to be written in the final entry.

3.2 Arrival by Train

For teams arriving at Railway Stations in Banská Bystrica – Main Station (Hlavná stanica) a team attaché will be waiting at the Main building of the Railway Station – the will be allocated the Welcome Desk. Team attaché will accompany the team from the Railway Station to the buses and he / she will assure transport from there to the hotel.

Transfer times from the stations are as follows:

From Banská Bystrica Main Station (Hlavná stanica) to the official hotels is approx. 10 – 15 min. It depends on the location of particular hotel allotted to the team.

3.3 Arrival By Road

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them.

3.4 Visa Requirements

All participating countries **do not require visas** to enter Slovakia. However, all team members are required to have **valid travel and health insurance**.



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4. TRANSPORT

4.1 Transport and Accommodation Desk

Team attaches will take care of your accommodation and will give you more information about transport. Information about transport will be displayed also at the information board in the hotel.

4.2 Bus Shuttle Service

A regular bus shuttle service will be provided between the team hotels, training venues, social functions, the technical meeting and the competition venue. Full details of the schedule will be displayed at the information board in each hotel. Transfer times between the hotels and the competition venue will depend on the hotel's location and traffic conditions.

For the Opening Ceremony, all teams will be taken by bus; time will be displayed at the information board in each hotel.

Example of the information that will be displayed on the information board:

Date	Time / frequency	Event / occasion	Collection location	Dropp-off location
June 19 th	10,00 11,00 12,00	Training	From parking place	Stadium

4.3 Return to Airport / Train stations

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available from the hotel information board.

We kindly ask team leaders to present **information about departure** of the team at the Technical Meeting.



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5. ACCOMMODATION & HOTEL INFORMATION

5.1 General Information

The LOC has reserved 4 good quality hotels for teams, VIP and media, providing full board accommodation.

5.2 Information Board

An information board will be located in the lobby of each hotel. All other requests and demands will be solved by *team attaches*.

It will include information about restaurants and its opening times, transport details (shuttle buses) to the venue and other necessary information (meeting rooms etc.)

5.3 Official Hotels

Communication lines:

Communication should be realized through team attaché – personally or by cell phone. Team attaché will be accommodated in team's hotel. He / she will solve all the problems. The team leader will obtain the lists of important telephone numbers (members of LOC, team attaché, emergency numbers etc.).

Hotel dressing:

Organising personnel of ETCH 2009 and team attaché will wear official T-shirts of the competition.

Services free of charge:

Wired Internet is available in the hotel rooms and is free of charge

Services at additional costs:

HOTEL DIXON - Services at additional costs: Relaxing swimming pool, Jacuzzis, Finnish dry sauna, Eucalyptus steam sauna, Salt steam sauna, Massages and heat therapy, Tennis, Squash, Beach swimming pool, Active relaxation



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Team Hotels:

Hotel Name	Address, Telephone & Fax	ROOMS: costs	Payment procedures:
Hotel LUX ***	<p>Address: Namestie Slobody 2, 974 01 Banská Bystrica, Slovakia</p> <p>Telephone: +421 48 4144141-5</p> <p>Fax: +421 48 4143853</p> <p>E-mail: lux@hotellux.sk</p> <p>Website: www.hotellux.sk</p>	<p>ROOM COSTS: Costs for D-R out of quota: 120,-CHF Costs for S-R out of quota: 120,-CHF</p>	<p>Deposit: no deposit</p> <p>The payments will be done: upon arrival</p> <p>Possibilities of payments: <u>preferably</u> in cash! credit card if necessary</p> <p>Costs: for the members out of quota will be paid in cash in Euro after arrival.</p>
Hotel DIXON ****	<p>Address: Svermova 32, 974 01 Banská Bystrica, Slovakia</p> <p>Telephone: +421 48 4130808</p> <p>Fax: +421 48 4231191</p> <p>E-mail: hotel@dixon.sk</p> <p>Website: www.dixon.sk</p>	<p>ROOM COSTS: Costs for D-R out of quota: 120,-CHF Costs for S-R out of quota: 120,-CHF</p>	<p>Deposit: no deposit</p> <p>The payments will be done: upon arrival</p> <p>Possibilities of payments: <u>preferably</u> in cash! credit card if necessary</p> <p>Costs: for the members out of quota will be paid in cash in Euro after arrival.</p>
Hotel POLANA ***	<p>Address: Namestie SNP 64/2 , 960 01 Zvolen, Slovakia</p> <p>Telephone: +421 45 5320 124</p> <p>Fax: +421 45 5320 777</p> <p>E-mail: polana@hotelpolana.sk</p> <p>Website: www.hotelpolana.sk</p>	<p>ROOM COSTS: Costs for D-R out of quota: 120,-CHF Costs for S-R out of quota: 120,-CHF</p>	<p>Deposit: no deposit</p> <p>The payments will be done: upon arrival</p> <p>Possibilities of payments: <u>preferably</u> in cash! credit card if necessary</p> <p>Costs: for the members out of quota will be paid in cash in Euro after arrival.</p>
Hotel NARODNY DOM ***	<p>Address: Narodna 11, 974 01 Banská Bystrica, Slovakia</p> <p>Telephone: +421/ 48/ 412 37 37</p> <p>Fax: +421/ 48/ 412 57 86</p> <p>E-mail: hotelnarodnydom@ hotelnarodnydom.sk</p> <p>Website: www.hotelnarodnydom.sk</p>	<p>ROOM COSTS: Costs for D-R out of quota: 120,-CHF Costs for S-R out of quota: 120,-CHF</p>	<p>Deposit: no deposit</p> <p>The payments will be done: upon arrival</p> <p>Possibilities of payments: <u>preferably</u> in cash! credit card if necessary</p> <p>Costs: for the members out of quota will be paid in cash in Euro after arrival.</p>



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VIP Hotel

Hotel Name	Address, Telephone & Fax
Hotel DIXON ****	Address: Svermova 32, 974 01 Banska Bystrica, Slovakia Telephone: +421 48 4130808 Fax: +421 48 4231191 E-mail: hotel@dixon.sk Website: www.dixon.sk

Media Hotel

Hotel Name	Address, Telephone & Fax
Hotel POLANA***	Address: Namestie SNP 64/2 , 960 01 Zvolen, Slovakia Telephone: +421 45 5320 124 Fax: +421 45 5320 777 E-mail: polana@hotelpolana.sk Website: www.hotelpolana.sk



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5.4 Costs and European Athletics Quota

According to European Athletics Regulation 610.4 accommodation and full board of participating teams for a maximum of 25 (twenty five) male athletes, 25 (twenty five) female athletes and 13 (thirteen) officials for 4 days will be paid by European Athletics.

The following rates must be paid for "out of quota" team members and for additional days:

Single room	Twin room
CHF	CHF
120 per person/night	120 per person/night

All prices include meals and VAT

Each team will be allocated a minimum number of single room's equivalent to 10% of the total number of athletes and officials within the quota.

The team leader must settle any extra charges (bar, laundry, telephone etc) at the hotel reception desk, before departure in cash.

All payments shall be made preferably in cash in Euros.

5.5 Payment Procedures

All out of quota costs shall be settled preferably in cash in Euros after arrival. The sum of costs depends on the information from preliminary entries and on the real out of quota costs.

5.6 Meals

All meals will be served in a form of self service in the hotel.

The restaurant opening times will be displayed at the information board in each hotel.

Accreditation cards together with meal vouchers (which will be given to teams upon arrival) will allow access to meals.

For lunch and dinner, one soft drink per person is available free of charge. All other drinks must be paid for.

A late serving provision will be made for those athletes detained at the stadium due to doping controls or protests.



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5.7 Meeting Rooms for Teams

Arrangements of particular teams can be made for team meeting rooms. Requests shall be made through team attaché at reasonable time in advance.

5.8 Medical Services in the Hotels

Contacts for medical services will be announced through the information board in the hotel. **For all team members it is necessary to have travel and health insurance.** In case of an emergency please call number 112, in other cases the first contact person for any health troubles is team attaché. The doctor will be contacted directly by team attaché

5.9 Telephone Calls

Room-to-room telephone calls are free of charge. All other outgoing calls have to be made from the hotel reception. Calling person has to pay for this call on the reception immediately.

Important telephone numbers:

Police	112, 158
Firemen	112, 150
First-aid station	112, 155

The team leader will receive telephone contact list of important telephone numbers for the European Team Championships 2009, 2nd League from team attaché.



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6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry submitted through the Teams On-Line Entry System. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed by *team attachés*.

6.3 Loss of an Accreditation Card

Any lost or damaged accreditation cards should be reported to the **team attaché**. Duplicate cards can be obtained where proof of identity can be established.

6.4 Access Areas for Teams

A description of the accreditation system is included *on the back of the accreditation card*:

Athletes

- 1 Warm up area, Training area
- 2 Stadium in field and track
- 3 Seating area
- 4 Call room
- 5 Mixed zone
- 6 Hotel

Head of Delegations

- 1 Warm up area, Training area
- 2 Stadium in field and track
- 3 Seating area
- 4 Call room
- 5 Mixed zone
- 6 Hotel
- 7 VIP

Officials

- 1 Warm up area, Training area
- 2 Seating area
- 3 Hotel



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Trainers

- 1 Warm up area, Training area
- 2 Seating area
- 3 Hotel

Doctors

- 1 Warm up area, Training area
- 2 Stadium in field and track
- 3 Seating area
- 4 Call room
- 5 Mixed zone
- 6 Hotel

Masseurs

- 1 Warm up area, Training area
- 2 Seating area
- 3 Mixed zone
- 4 Hotel

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Access to the Doping Control: 2 special passes will be given to the team leaders through team attaché. These special passes are issued for accompanying officials. Accompanying official will have access to the area of the doping control with the accreditation card and this special pass. The chosen athlete will have access to the doping control area with the accreditation card + official notification.

7. TECHNICAL INFORMATION

7.1 Technical Information Centre (TIC)

The main function of the centre is to ensure smooth communication between each Team Delegation, the LOC and European Athletics Technical Delegates and the Competition Administration, regarding technical matters.

The TIC is located *at the main stadium* (see stadium plan).

The TIC will be open at the following times:



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June 19 th 2009	from 12:00 am	till 10:00 pm
June 20 th 2009	from 8:00 am	till 9:00 pm
June 21 st 2009	from 11:00 am	till 9:00 pm
June 22 nd 2009	from 8:00 am	till 11:00 am

The TIC will be linked to all information desks set up for this event and shall be responsible for the following:

- Competition information (Start Lists, Results, etc)
- Liaison points concerning technical matters between Team Delegate, Technical Delegate, European Athletics and LOC
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from Technical Delegates, European Athletics and LOC
- Settlement of technical enquiries from delegations
- Recovery of confiscated items at the call room
- Applications for 'national records' (doping control and *Timetronics* photo finish prints)
- Receipt of final declaration of members of relay teams
- Receipt of protests from the teams
- Official invitations and entrance tickets ordered by the teams

Access to the information in the teams' pigeon boxes at the TIC will be controlled by separate entry cards, not by the accreditation card (see point 6.4.). These separate entry cards (2 per each team) will be distributed through team attaché.

Teams that were not able to attend the Technical Meeting, under extreme circumstances, can collect their competition numbers from the TIC after the Technical meeting on June 19th 2009 till 10 pm.



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7.2 Technical Meeting

The Technical Meeting will be held on June 19th 2009 at 7,30 pm in the Hotel Dixon.

Each team may be represented by a maximum of two people. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, preferably in English, to the TIC before **6 pm on June 19th 2009**. The Technical Meeting will be conducted in English.

A shuttle service from the team hotels will be provided for this meeting – please refer to the information board in the in the hotel.

The Technical Meeting will be attended by:

- Representative of European Athletics President
- European Athletics Delegates
- Jury of Appeal
- Representatives of the Local Organising Committee
- National Competition Officials
- TIC Representatives
- Competition Data processing representative
- European Athletics Event Co-ordinating Staff

7.2.1 Agenda

The agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee
- Welcome by the European Athletics President or his representative
- Presentation of the International Officials
- Presentation of the Competition Officials
- Presentation of the competition and warm up sites
- Information briefing by the Technical Delegate
 - Call-room procedures and schedule
 - Allocation of lanes and order of competition
 - Starting height and bar raising Increments
 - Scoring and ties
- Doping Control
- Victory Ceremonies, Opening and Closing Ceremonies
- Answering of questions submitted **in writing** by federations **on June 19th 2009 till 6 pm**

7.3 Equipment

The implements provided by the LOC (see implement list, appendix 1) are selected from those appearing on the current IAAF approved equipment list as on *March 2009*.



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Federations requiring IAAF approved equipment not listed by the LOC may present such equipment prior to the competition for their testing in the TIC on June 20th 2009 from 8am till 10am and on June 21th from 8 am till 10 am for events perform on Sunday. This equipment will be returned in the call-room only after day event.

Basic implements will be provided for warm up and training.

The Technical Director's staff will check poles and only poles complying with the rules will be accepted. Poles that have not been checked and approved may not be brought to the competition site.

Vaulting poles will be delivered to the locked store upon arrival to Banska Bystrica for their checking and keeping. Then they will be brought to the competition site in due time by the organizers. After the discipline, the organizers will take the poles back to the checking point and further transportation will be arranged by the organizers as required.

7.4 Inspection of Competition Venue

Heads of Delegation may visit the *SNP Stadium in Stivnicky*, inspecting access routes and other facilities which will be important to the teams with the team attaché on the June 19th 2009 during the official training on June 19th 2009 from 3:00 pm till 6:00 pm.

7.5 Competition Area

Stadium SNP in Stivnicky and its surroundings are shown in appendix 3 of this document. There are 6500 seats in the stadium.

The stadium has the following competition sites:

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site
- 2 sites for Triple/ Long Jump
- 1 Shot Put Circle
- 1 Discus Circle
- 1 Hammer Circle
- 1 Javelin site

The Warm up area has the following sites:

- Track in the long of 90m with 4 lanes
- 1 Shot Put Circle
- 1 Discus Circle
- 1 Hammer Circle
- 1 Javelin site
- 1 High Jump site
- 1 site for Triple/ Long Jump

The maximum spike lengths in the various events are:

- Track, Long Jump, Triple Jump and Pole Vault: 9mm



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- High Jump and Javelin: 12mm

Athletes' seats are located in *the main seating area*.

7.6 Dressing Rooms

Dressing rooms with showers are located in the Sports Hall Stivnický about 50m from call room. (See attached map)

7.7. Physiotherapy

Each team will have a medium-sized tent, where the physiotherapy-table will be available for use.

7.8 Training

Athletes will have the possibility to train in the Stadium SNP during the official training as specified below:

June 19th 2009 ⇒ from 3:00 pm ⇒ till 6:00 pm

Equipment and implements necessary for training will be available at the training venue. Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venue. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The Weight training room will be available in Sports Hall Stivnický during the official training.

Details about transportation for training sessions and transport schedule will be displayed at the information boards in each hotel.

7.8.1 Training with Official Starters

Training with official starters will be realized during the official training. Time schedule will be displayed at information board in the hotel.



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8. COMPETITION REGULATIONS

8.1 Team Composition

According to 603.1 each European Athletics Member Federation may enter one team comprising a maximum of 50 (fifty) athletes (25 male and 25 female athletes). European Athletics will cover board and accommodation for a maximum of 13 Officials per team.

8.2 Competition Entry Procedures

8.2.1 Final Entries

Final entries shall be made through European Athletics online entry system. The online entry system will be accessible on European Athletics website: **www.european-athletics.org** in the section "**Member Federations Zone/Competition**". Member federations should use the already known ID and password.

Final entries indicating the names of the athletes and their performances in the current year, plus the names of officials must be submitted not later than 5 (five) days before the first day of the competition.

All teams will receive a .pdf report with a status of their entries 24h before the deadline and one .pdf confirmation after closing of the system.

According to the regulations the deadlines for final entries are:

- opening date of the online entry system: *May 29th 2009 at 24.00 CET*
- deadline for the entries: *June 15th 2009 at 24.00 CET*

8.2.2 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation by team attaché upon arrival. The forms must be completed and returned immediately. Final start lists will be ready for collection at the TIC after the Technical Meeting.

The final relay team and the running order must be submitted to the TIC using the respective form not later than one hour prior to the start of the event.

For more details please refer to European Athletics Regulation 603.

8.2.3 Withdrawal

Withdrawal of any confirmation must be indicated to the TIC at the Stadium in writing on the official withdrawal form.



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8.3 Scoring

The European Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

The winner of each individual event and each relay in each match shall score as many points as there are teams competing, the second will score one fewer, and so on.

Athletes or relay teams disqualified or failing to finish will not score any points.

In the case of a tied event, the combined points of the tied competitors shall be divided equally.

The team having the highest aggregate number of points shall be the winner of the European Team Championships 2009, 2nd League in Banska Bystrica/SVK.

In the case of a tie in the overall total of points, the team with the most first places will be the winner. Should the tie then still remain, the team with the greater number of second places shall be given the higher position and this system shall be applied, if necessary, to subsequent placing until the tie is decided (Regulation 602.12).

8.4 Bib Numbers

The LOC will provide the teams with bib numbers at the TIC.

For individual events, each competitor will receive 4 number bibs. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag. Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag). Bibs must not be cut, folded or covered in any way.

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her front. On his/her back the runner must wear the personal bib.

8.5 Competition Clothing

Competitors must wear the Federation's official team clothing. IAAF Rule 8 & 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations (version 01/01/2009). Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the call room.

The European Athletics has a record of the Team vests of all Member Federations on the European Athletics website. If the uniform displayed on the website differs from your current official uniform, a full set of photographs must be provided to **European Athletics** by **1st of June 2009** the latest (preferably in an electronic version):



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- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mail to: competition@european-athletics.org
- Otherwise, the existing records will be used as reference

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

8.6 Specific Competition Regulations

8.6.1 Field Events except vertical jumps

There will be a **maximum of four trials per competitor in each event. All participating athletes will have two qualification trials** (1st and 2nd trial). The best 6 athletes from the two first trials will have the right to compete in a 3rd qualification round. The best 4 athletes after the 3 qualification rounds will compete in the Final (4th round).

The 2 athletes with lower performance will be ranked by their best performance after the 2nd qualification trial. The 2 athletes in the 3rd qualification trial with the lowest performance will be ranked by their best performance after the 3rd trial. The remaining 4 athletes will be ranked by their best performance after the Final (4th round). IAAF Rule 180.20 will apply for ties.

8.6.2 Vertical Jumps

Each competitor shall be entitled to a **maximum of 4 (four) fouls only throughout the whole field event**. All the other relevant IAAF Rules for the vertical jumps will apply. IAAF Rule 181.8 c) will apply for ties.

The time permitted for each attempt in High Jump and Pole Vault shall be 1 (one) minute except when consecutive attempts are by the same athlete in which case IAAF Rule 180.17(C) shall apply.

8.6.3. Track events

In the track events no false start will be allowed. **Any athlete committing a false start will be disqualified.**

In the **3000m, 3000m steeplechase and 5000m three athletes will be eliminated in the course of the race as follows:**

For the 3000m and 3000m steeplechase the last athlete in each of the following laps to the end will be eliminated: 5, 4 and 3. The last positioned athlete at 5 laps to the finish will be required to abandon the race immediately after entering to the 4th lap to the end and no further than 200m from the end of the 4th lap. The same procedure will apply for the last positioned athlete at 4 laps and 3 laps to the end.

For the 5000m the last athlete in each of the following laps to the end will be eliminated: 7, 5 and 3. The last positioned athlete at 7 laps to the finish will be required to abandon the race



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immediately after entering to the 6th lap to the end and no further than 200m from the end of the 6th lap. The same procedure will apply for the last positioned athlete at 5 laps and 3 laps to the end.

Note: The eliminated athletes will be notified by an official showing a visible sign with the respective country code.

8.7 Starting Order and Distribution of Athletes per heat

The order of attempts in **field events** shall be decided by a draw conducted by European Athletics. Each participating team shall be allocated a letter which shall determine the order of attempts in the field events in accordance with the appropriate chart as Appendix 1A (to follow by European Athletics) of the European Athletics Regulations for the European Team Championships.

In the **horizontal field events** the order of trials in the first round will be kept for the 2nd trial. The order of the trials will be the same in the third round for the 6 qualified athletes. The order of the trials in the final round will be the reverse order of the ranking after the 3rd round.

For **races up to 400m inclusively** and relays a draw will be made in order to allocate the lanes as follows:

For the races up to 400m inclusively the distribution will be based on the athletes' season best performance. In case the athlete has no season best the previous year season best will be taken in consideration and in case the athlete does not have also such performance the personal best will be considered for the purpose. These athletes will be ranked as follows: season best, season best of previous year and personal best for the purpose of the distribution per heats.

For the 4x100m relays the teams' distribution per lanes will be according to the teams scoring standings 1 (one) hour before the scheduled hour for the event.

For the 4x400m relays the teams' distribution per lanes will be according to the teams scoring standings 1 (one) hour before the scheduled hour for the event.

Lanes 3-4-5-6 will be allocated to top four athletes/relay teams.

Lanes 1-2-7-8 will be allocated to the remaining athletes/relay teams.



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9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 2 for the competition timetable

9.2 Warming Up Before Events

Warming up will take place at secondary sports grounds – near the Stadium SNP in Stivnický (see map of the stadium). The warm up area has the following facilities:

- Track in the long of 90m with 4 lanes
- 1 Shot Put Circle
- 1 Discus Circle
- 1 Hammer Circle
- 1 Javelin site
- 1 High Jump site
- 1 site for Triple/ Long Jump

(See point 7.4.)

9.3 Assembly and Call Room Procedures

The first call for the participants will be made in the *call room* (see map of the stadium). It is the responsibility of the team managers to ensure that their athletes are aware of the last check-in times for entry to the call room. Athletes arriving late may be excluded from participation in the event.

All athletes must report to the call room.

Athletes must report to the Call Room before each event as follows:

- | | |
|---|------------|
| ➤ Running events (within hurdles) | 20 minutes |
| ➤ Long and Triple Jump, High Jump | 40 minutes |
| ➤ Pole Vault | 70 minutes |
| ➤ Discus Throw, Hammer Throw, Javelin Throw, Shot Put | 40 minutes |

9.3.1 Last Checkpoint

Athletes will be escorted from the call room (see map of the stadium) to the last checkpoint. From there, the athletes will be taken to the competition site following this time schedule:

- | | |
|---|------------|
| ➤ Running events (within hurdles) | 10 minutes |
| ➤ Long and Triple Jump, High Jump | 30 minutes |
| ➤ Pole Vault | 60 minutes |
| ➤ Discus Throw, Hammer Throw, Javelin Throw, Shot Put | 30 minutes |

9.4 Event Presentation format

Official will escort athletes to the stadium after last checkpoint following this time schedule:



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Running events	- Athletes will be escorted to the start and they will be presented to the crowd directly in this sector
Technical events	- Athletes will be escorted in front of the seating area, where they will be presented to the crowd. Then they will be escorted to the particular sector.

9.5 Competition Preparations

9.5.1 Field Events

Each athlete is allowed a **minimum of two practice trials under the supervision** of the officials, more if time allows. The athletes will be called to the practice trials in the competition order. Only official markers provided by the LOC will be allowed for marking the runways.

9.5.2 Trials in Field Events

In accordance with the decision of European Athletics Council, all participants in the following field events will be allowed a **maximum of four (4) trials**:

- Long Jump / Triple Jump
- Shot Put
- Discus / Hammer / Javelin

9.5.2.2 Measurements

All field events will be measured with certified devices. Field events - long throws and horizontal jumps will be measured with electronic distance measuring devices. Vertical jumps will be measured with certified steel bars.

9.5.3 Track Events

Tracksuits shall be placed in baskets at the start, and these will be taken to the mixed zone for collection after the race.

9.6 Starter's Commands

The starter's commands will be given in the Slovak language.

The starter's commands for distances up to and including 400 m and 4 x 400 m are:

Pripravte sa – pozor – shot
(on your marks – set – shot)

For distances of 800 m and more:

Pripravte sa – shot
(on your marks – shot)

If for any reason the starter wants to halt the starting procedure he will command:

Vstaňte
(Stand up)



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TIME TRONIC starting blocks will be used at the European Team Championships 2nd League, type FALS START II. These blocks have a false start detection system and are linked to the false start console.

9.7 Timing

The official timing will be provided by TIME TRONIC and will be displayed on the official electronic timing instrument and photo finish cameras provided by TIME TRONIC.

9.8 Leaving the stadium during the competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

9.9 Leaving the stadium after the competition

After the competition, athletes leave immediately through the area of mixed zone. The clothing baskets will be brought to the mixed zone.

9.10 Drinking Stations

Water and soft drinks are provided in the call room, mixed zone and warm up area.

9.11 Protests and Appeals

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

The Jury's decision will be provided in writing.

9.12 Interviews

Immediately after the competition, the flash interview group will interview the winning athletes. In the mixed zone, all athletes meet the media: first the TV cameras, then the radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.



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- Flash Interviews – these will be conducted in the mixed zone immediately following each event. Following television interviews, the athletes will be available for the media
- Official Interviews – the first athlete in each event may be asked to attend an official interview. These press conferences will take priority over all other interview requirements. They will usually be held before doping control testing.

After each event, the winners will be brought to the Press Conference Room.

9.13 Doping Control

9.13.1 General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti doping officers. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

A selected athlete has to report immediately from the time of official notification, except in cases mentioned in IAAF Anti-Doping Regulations 3.19. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

9.13.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.13.3 Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the DCC.

The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.



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10. Medical Services

10.1 General

The medical service is in charge of any medical assistance to the team leaders, the competition organisation, the information personnel, the honorary guests as well as, during the competition, to the spectators in the stadium.

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from European Athletics competitions and during the event itself (European Athletics Regulation 610.12).

10.2 Medical Services in the Hotel

In case of an emergency please call number 112, in other cases the first contact person for any health troubles is team attaché. The doctor will be contacted directly by team attaché.

10.3 Medical Care at the stadium

The stadium medical service is responsible for any problems concerning the athletes' health. There is also an area for medical attention next to the finish line. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention. The stadium medical service is also responsible for first aid in the warming up area.

There are two stations of first aid teams on the infield, supervised by a doctor and marked with red crosses.

10.4 Physiotherapy

There are physiotherapy facilities in connection with the Medical Centre. Each team will have one physiotherapy tent at its disposal. Tents will be equipped with physiotherapy-tables.



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11. Information

Stadium

Timing Boards

A clock showing the race time is positioned in the in-field near the finishing line.

Field Events Boards

The result of each trial in field events will be shown on rotating scoreboards.

Final and intermediate results of the field events and the respective team points will be indicated on the scoreboard in the opposite site of the main tribune.

The performances in field events will be shown by signs with the respective nation's codes along the sector lines. During the event the boards will be moved in accordance to the actual ranking.

The entry standards for the European Team Championships will be marked in the following disciplines:

- Long jump and triple jump:
red boards along the landing area
- Throwing events:
red lines in the landing sector

Announcements

Official announcements will be made in Slovak and English.

Start Lists

Start Lists will be available for Team Leaders immediately after the Technical Meeting.

Result Lists / Intermediate Scores

Results will be displayed on the notice boards near the TIC.

Complete Set of Result Lists

Copies of the results of each day's events will be distributed to each Team Manager at the TIC team mailboxes on each evening of competition. Completed results in the form of a booklet will be issued to Team Managers at the Closing Banquet.



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12. Security

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk.

The emergency phone number is 112 (police, ambulance and fire department). If necessary, the police can be contacted through the team attaché.



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13. Opening & Closing Ceremonies

13.1 Opening Ceremony

The Opening Ceremony will take place on Saturday, June 20th 2009 at 15,30 at the Stadium SNP. We kindly ask the team leaders to participate in the Opening Ceremony with min. 4 people from the team.

13.2 Closing Ceremony

The first part of the Closing Ceremony - *announcement of the official results* - will take place on Sunday, June 21st 2009 immediately after the last event. All team members are invited; gathering not later than 30 minutes at the meeting point situated in Stadium SNP Stiavnicky. The buses will take team members for the dinner back to their hotels.

The trophies will be awarded during the second part of the Closing Ceremony. It will take place on Sunday June 21st 2009 in the evening. More details will be announced at the Technical meeting and will be also displayed on the information board in each hotel. Everyone with accreditation or an invitation is welcome to attend.



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14. Departure

Teams will be asked to provide full travel details in the final entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24 hours before departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the hotel information board.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the Team attaché checks the rooms together with the team leaders.

We kindly ask team leaders to present **information about departure** of the team at least at the Technical Meeting.

In case of requirements for pole transportation, please contact your team's attaché.



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15. Contact Details

For further details about the European Team Championships 2nd League, Banská Bystrica, 2009 please contact:

15.1 European Athletics Office

Ken Van Deyck – Competition Co-Ordinator
European Athletic Association
Avenue Louis-Ruchonnet 18
1003 Lausanne, Switzerland
Tel: +41 21 313 43 63
Fax: +41 21 313 43 51
E-mail: ken.vandeyck@european-athletics.org
competition@european-athletics.org
Web: www.european-athletics.org

15.2 Slovak Athletic Federation Office

Anna Kirnova – General Secretary
Slovenský atletický zväz
Junácka 6
832 80 Bratislava, Slovakia
Tel.: +421 2 492 491 30
Fax: +421 2 492 495 53
E-mail: saz@atlet.sk
Web: www.saz.sk

15.3 Local Organising Committee

European Team Championships 2009 2nd League
VSC Dukla Banská Bystrica
Hutná 3, 974 04 Banská Bystrica, Slovakia, SK
Fax: 00421 48 413 6882
Web: www.dukla.sk/etc2009
Contact persons:

Lucia Cencerova:
Radovan Misik:

Tel: 00421 903 820 388
Tel: 00421 910 906 265

E-mail: cencerova@dukla.sk
E-mail: misik@dukla.sk



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16. Appendices

LOC to add the following appendices:

Appendix 1 - Implement List

Appendix 2 - Timetable

Appendix 3 - Event Draw

Appendix 4 - Map of Stadium, Competition Facilities, Dressing and Physiotherapy Rooms, Workrooms

Appendix 5 - Accreditation system - Access Zones



**European Team
Championships
2nd League**



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Appendix 1 - Implement List

Implement	Type	Mark	Number	
Shot	7,26kg	Polanik	3	
		Nordic	1	
	4kg	Polanik	4	
Hammer	7,26kg	Polanik	3	
		4kg	Nischi	1
			Polanik	2
Javelin	800g	Nordic	1	
		Polanik	1	
		Apollo	1	
	600g	Nordic	1	
		Polanik	1	
		Apollo	1	
Discus	2kg	Polanik	2	
		Nordic	2	
	1kg	Polanik	1	
		Nordic	3	



**European Team
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Appendix 2 – Timetable

Saturday, June 20th 2009

	Track	Jumps	Throws
15,00		Pole vault Women	Hammer Men
15,30	Opening Ceremony		
16,00	400 m Hurdles Women	Triple jump Women	Javelin Women
16,10	400 m Hurdles Men		
16,25	100 m Women		
16,35	100 m Men		
16,50	800 m Women		Shot put Men
17,05	1500 m Men		
17,15	400 m Women	High jump Men	
17,25	400 m Men		
17,35	3000 m Women	Long Jump Men	
17,40			Discus Women
17,50	5000 m Men		
18,15	3000 m Steeplechase Women		
18,35	4x100 m Women		
18,45	4x100 m Men		

Sunday, June 21st 2009

	Track	Jumps	Throws
15,00		Pole vault Men	Hammer Women
16,00		Triple jump Men	Javelin Men
16,15	110 m Hurdles Men		
16,35	800 m Men		
16,45	1500 Women		
17,00	3000 m Steeplechase Men		Shot put Women
17,20	200 m Women		
17,30	200 m Men	High jump Women	
17,40		Long jump Women	
17,45	5000 m Women		Discus Men
18,10	3000 m Men		
18,30	4x400 m Women		
18,45	4x400 m Men		



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Appendix 3 - Event Draw

The draw was conducted by European Athletics at the Conference in Lausanne under the supervision on April 18th 2009.

Special Draw for races up to 400m:









Lanes 3-4-5-6 will be allocated to top four athletes/relay teams according to points 2.5.1. or 2.5.2./2.5.3. of the appendix.

Lanes 1-2-7-8 will be allocated to the remaining athletes/relay teams according to points 2.5.1. or 2.5.2./2.5.3. of the appendix.

The Technical Delegate will conduct the draw of the lane allocation after the final confirmations for 100m, 200m, 400m, 110m H, 100m H and 400m H.

For the relay races the Technical Delegate conducts the draw one hour before the races.

Starting Order for all other events:

	LAT	AUT	CRO	CYP	LTU	IRL	BUL	SVK
Selected Country								
	A	B	C	D	E	F	G	H
800/JT	1	2	3	4	5	6	7	8
1500/HJ	2	3	4	5	6	7	8	1
5000/PV	3	4	5	6	7	8	1	2
3000/LJ	4	5	6	7	8	1	2	3
3000 sc/TJ	5	6	7	8	1	2	3	4
SP	6	7	8	1	2	3	4	5
DT	7	8	1	2	3	4	5	6
HT	8	1	2	3	4	5	6	7

Appendix 4 - Map of Stadium, Competition Facilities, Dressing and Physiotherapy Rooms,
Workrooms

Stadium SNP in Stivnický and its surroundings are shown on the picture below. There are 6500 seats in the stadium.

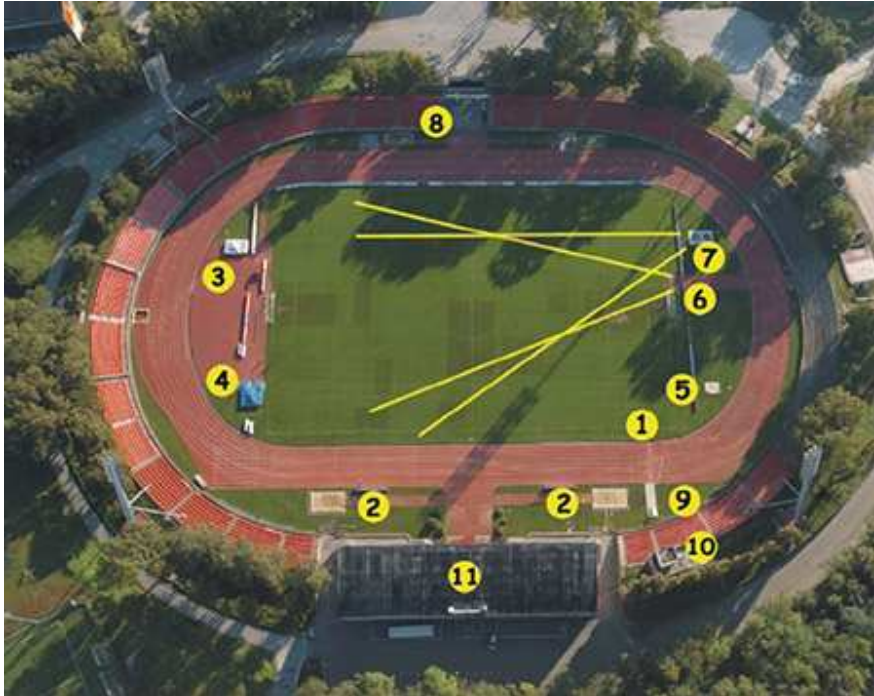


Legend:

- 1 - Stadium SNP
- 2 - TIC
- 3 - Call - room
- 4 - Mixed zone
- 5 - Hammer
- 6 - Warming up
- 7 - Sport hall
- Weight training room
- 8 - Parking bus
- 9 - Doping control

The stadium has the following competition sites:

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site
- 2 sites for Triple/Long Jump
- 1 Shot Put Circle
- 1 Discus Circle
- 1 Hammer Circle
- 1 Javelin site



Legend:

- 1 - Finish
- 2 - Long jump
- Triple jump
- 3 - High jump
- 4 - Pole vault
- 5 - Shot put
- 6 - Javelin
- 7 - Discus
- 8 - Call - room
- 9 - Mixed zone
- 10 - TIC
- Press centrum
- 11 - Seating area
- VIP

Hammer throw will take place at a specialized stadium for this kind of discipline. The distance between this stadium and main stadium is 150 m (see map of stadium).



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Appendix 5 – Accreditation system – Access Zones

A description of the accreditation system is included on the back of the accreditation card:

Athletes

- 1 Warm up area, Training area
- 2 Stadium in field and track
- 3 Seating area
- 4 Call room
- 5 Mixed zone
- 6 Hotel

Head of Delegations

- 1 Warm up area, Training area
- 2 Stadium in field and track
- 3 Seating area
- 4 Call room
- 5 Mixed zone
- 6 Hotel
- 7 VIP

Officials

- 1 Warm up area, Training area
- 2 Seating area
- 3 Hotel

Trainers

- 1 Warm up area, Training area
- 2 Seating area
- 3 Hotel

Doctors

- 1 Warm up area, Training area
- 2 Stadium in field and track
- 3 Seating area
- 4 Call room
- 5 Mixed zone
- 6 Hotel

Masseurs

- 1 Warm up area, Training area
- 2 Seating area
- 3 Mixed zone
- 4 Hotel