

PRINCIPLES FOR THE SELECTION AND MANAGEMENT OF EUROPEAN ATHLETICS CROSS COUNTRY PERMIT RACES

1. Objectives

- 1.1. To take particular care of European Cross Country races not involved in the circuit of IAAF World Cross Country Permit Meetings.
- 1.2. To give a special status to a group of races for distinction to the other races.
- 1.3. To provide an incentive for cross country races organisers to strive for greater status for their race.
- 1.4. To protect the dates of the European Athletics Cross Country races on the International Calendar.
- 1.5. To ensure observance of standard conditions, as specified below, by European Athletics.

2. Procedure of making an Application

Applications for European Athletics Permit shall be submitted on the appropriate Form by the Member Federations to the European Athletics Office by 31 March of the season preceding that of the race.

3. How to apply for Up-grading

- 3.1. European Athletics will only consider applications for European Athletics Permit from those races that have previously held an International race with National Permit status for a minimum of two (2) years.
- 3.2. Any Member Federation applying for an upgrading of status shall submit, in its application, results of the last two races and details which support such up-grading in accordance with the requirements of status detailed below.

4. Guidelines for Selection of European Athletics Cross Country Races

In principle a total maximum of 10 European Athletics Races may be held in any one cross country period (October to March) in each of which at least one (1) men's and one (1) women's race seniors and one (1) men's and one (1) women's race juniors are carried out.

5. Guidelines of Scheduling

- 5.1. A European Athletics Race may not be staged on the same day as a race being part of the IAAF Cross Country Challenge. This restriction may be waived when IAAF meetings are scheduled in another continent.
- 5.2. Two European Athletics Races may not be staged on the same day, unless the two races are in different countries and do not share a common border or the race organisers concerned do agree.
- 5.3. Not more than one (1) European Athletics Race may be staged in the same town in any one cross country period (October to March).

6. Principles of Distribution

Normally one (1) European Athletics Race and a maximum of two (2) European Athletics Races can be staged in any one country depending on their consistent excellence and their tradition, unless exceptional

circumstances prevail which persuade the European Athletics Council to decide upon further addition(s).

7. Programme

The balanced programme of not less than four (4) events and at least one (1) men's and one (1) women's event seniors and one (1) men's and one (1) women's event juniors at European Athletics Cross Country Races must be provided in the Application. Any change made to the Programme must be immediately notified by the race organiser:

- To European Athletics Office,
- To the Member Federation concerned.

8. Reporting Procedure

- 8.1. Following each European Athletics Race, the designed European Athletics Delegate shall be required to submit a written report concerning the staging of the race. This report including the results and doping control forms shall be forwarded to European Athletics Office not later than 10 days after the race attended.
- 8.2. A copy of the Report received by European Athletics, shall also be given to the Race Director concerned.
- 8.3. The analysis of these reports will assist in determining the status of the race in the following year.

9. Requirements of Status of European Athletics Cross Country Races

- 9.1. The Race Organiser must be the National Federation or a Member of the National Federation, and must agree to abide by the rules and regulations of the IAAF and European Athletics.
- 9.2. In case the National Federation is not the meeting organiser a strong cooperation and communication between both organisations must be established.
- 9.3. An Official Delegate, appointed by European Athletics, shall be received by the Race Organiser. This Delegate shall be experienced in cross country matters, and shall be ready to give any assistance when required. He/she shall supervise the competition, is responsible for the correct conduct of the doping control and adherence to the advertising rules and regulations. Normally the Delegate should not be a citizen of the country where the race is held. The organiser shall pay his travel and accommodation costs for up to two nights including costs for visa (if applicable).
- 9.4. Meeting Organisers must sign a liability insurance policy, in favour of the athletes, officials and spectators, to cover risks for which they may be retained liable and present a copy to European Athletics. It is recommended that other insurance policy should be signed against the risks of cancellation. Athletes have to cover their own insurance for accident.
- 8.3. Doping control tests shall be conducted on random/target selection basis, and analysis must be performed at the allocated WADA accredited laboratory, in accordance with the WADA standards and IAAF guidelines. The organiser has to take care of dispatching the samples to the laboratories. The analysis reports shall be directly submitted by the

laboratory to European Athletics Office and as a copy to the IAAF Anti-Doping department. The costs of the control (incl. Personnel), the despatch of samples and their analysis must be borne by the Meeting Organiser.

Required number of doping control tests:

- A minimum of 2 mandatory doping control tests for a meeting with less than 20 athletes
- A minimum of 4 mandatory doping control tests for meetings with 20 to 80 athletes
- A minimum of 5 mandatory doping control tests for any meeting with more than 80 athlete

- 9.6. Medical services shall be provided as:
- on-site emergency aid
 - emergency ambulance service to provide full hospitalisation
 - on-site physiotherapy
- 9.7. Food and accommodation standards should correspond to normal international level.
- 9.8. Local transport shall be provided from airport to lodgings, to training areas and to the competition venue for all athletes.
- 9.9. The circuit shall have a minimum capacity for 2000 spectators.
- 9.10. The basic circuit shall in principle have a minimum length of 1500 m.
- 9.11. The Races should be at least in length
- Senior Men - 8000m
 - Senior Women - 6000m
 - Junior Men - 6000m
 - Junior Women - 4000m
- 9.12. The races must be held according to IAAF Rule 250.
- 9.13. The Programme of events according paragraph 7 must be submitted to European Athletics Office with the Application Form.
- 9.14. Athletes from a minimum of four (4) European countries (no less than 2 countries in each race), excluding those from the Host Nation, must compete in the Senior Men and Senior Women races.
- 9.15. All payments shall be effected in accordance with IAAF Rules and Regulations.

The Race Director shall maintain copies of all financial documents which may be called for inspection if required by European Athletics.