

EUROPEAN MOUNTAIN RUNNING CHAMPIONSHIPS

1101. PROMOTION AND RIGHTS

1101.1. The European Athletic Association (hereinafter European Athletics) shall promote a European Mountain Running Championships in every year.

1101.2. All rights in and arising from the European Mountain Running Championships are the exclusive property of European Athletics. These rights include but are not limited to rights of ownership, marketing, advertising, broadcasting, filming, televising and all or any other means of exploitation. No other entity may exercise any of these rights without the written consent of European Athletics.

1101.2.1. For the strict and limited purpose of promoting European Athletics, the sport of Athletics or any particular athletics competitions and for non-commercial use, European Athletics may without charge and on a worldwide basis use any images of European athletes in any media at or in conjunction with any athletics competitions in which European Athletics has an ownership interest, including European Mountain Running Championships.

1101.2.2. Should an athlete not agree with such procedure, a written letter stating the reasons for this opposition shall be sent to the European Athletics Headquarters in Lausanne two (2) weeks prior to the respective event.

1101.2.3. Furthermore, any competition images from any European Athletics events shall not be used by the athletes for commercial use. However, the use of event images on social media sites, as long as there is no commercial purpose, is not prohibited.

1101.3. The athletes acknowledge and agree to European Athletics' use of the personal data, included but not limited to the first name, name, date of birth, club affiliation, results, in accordance with the General Data Protection Regulation Act on Data Protection, as well as disclosure of athletes' personal data to European Athletics affiliates, employees, agents, representatives and third party organisations worldwide for the purpose of promotion of the sport and to provide statistics.

1101.3.1. Athletes further acknowledge and agree to European Athletics' use of the personal data if required to do so by law or in the good faith belief that any such preservation or disclosure is reasonably necessary to comply with legal process, enforce these Regulations, respond to claims that any content violates the rights of third parties, or protect the rights, property, or personal safety of other users or the public.

1102. PROGRAMME, STRUCTURE AND SCORING

1102.1. The European Mountain Running Championships shall be staged on 1 (one) day and in accordance with the applicable Competition, Advertising, Doping and other relevant Rules and Regulations of the International Association of Athletics Federations (IAAF).

1102.2. The programme shall comprise the following events for Men and Women:

In even years:

Uphill and downhill:

Men and Women: from 10 to 12 km (approximately 80m elevation gain/loss per 1 km of the course)

Under 20 Men and Women: from 5 to 6 km (approximately 80m elevation gain/loss per 1 km of the course)

In uneven years:

Uphill:

Men and Women: from 10 to 12 km (approximately 100m elevation gain per 1 km of the course).

Under 20 Men and Women: from 5 to 6 km (approximately 100m elevation gain per 1 km of the course)

For both types of course, the amount of asphalted road should not exceed 20% of the total distance.

- 1102.3. The European Mountain Running Championships comprises separate events for teams and individuals representing European Athletics Member Federations.
- 1102.4. All European Athletics Members Federations in good standing shall be entitled to enter athletes in the European Mountain Running Championships.
- 1102.5. Athletes entered in the European Mountain Running Championships may participate as individuals and as members of teams representing European Athletics Member Federations.
- 1102.6. Each European Athletics Member Federation may enter a maximum of 6 (six) athletes of which a maximum of 4 (four) may participate.
- 1102.7. No athlete aged less than 16 (sixteen) years on 31 December of the year of the competition may participate in the European Mountain Running Championships and no athlete aged less than 18 (eighteen) years on 31 December of the year of the competition may participate in the Senior races.

TEAM CHAMPIONSHIP and SCORING

- 1102.8. There shall be separate team championships for each event.
- 1102.9. Each European Athletics Member Federation may enter 1 (one) team in each event.
- 1102.10. Each team's score shall be determined by the aggregate of the places of its 3 (three) best placed athletes.
- 1102.11. A team with fewer than 3 (three) finishing athletes shall not be counted in the teams' classification.

- 1102.12. No adjustments to teams' places shall be made in respect of non-scoring team members or athletes participating as individuals.
- 1102.13. Teams shall be classified according to their scores, the team in each race having the lowest score being the winner, and so on.
- 1102.14. A tie shall be decided in favour of the team whose last scoring athlete finishes nearest to first place.

INDIVIDUAL CHAMPIONSHIP

- 1102.15. A separate classification of all athletes in each event shall be compiled and the individual championships determined accordingly.

1103. ENTRIES AND CONFIRMATION

- 1103.1. Each European Athletics Member Federation may enter one team or, alternatively, individuals in each event.
- 1103.2.1. No athlete may take part in the European Mountain Running Championships unless entered by the European Athletics Member Federation which he/she is eligible to represent in accordance with the IAAF Rules.
- 1103.3. Preliminary Entries: Not later than 3 (three) months (14:00 CET) before the date of the European Mountain Running Championships, each European Athletics Member Federation shall send to European Athletics (usually via the teams' on-line entry system) a preliminary list of entries, indicating its anticipated numbers of athletes per event and the numbers of accompanying officials.
- 1103.4. Final Entries: Not later than 10 (ten) days (14:00 CET) before the date of the European Mountain Running Championships, each European Athletics Member Federation shall send to European Athletics a final list of its entries, plus the names of accompanying officials. No subsequent changes may be made thereto without the consent of European Athletics.

No additional athletes will be accepted after the closing of the Final Entries.

Exceptional changes related to already entered athletes may be accepted by European Athletics, until the final confirmation deadline of the first competition day. In case of such changes, the respective Member Federation would be accountable for a financial penalty of EUR 1500 per case.

This amount would be deducted from the Member Federation's European Athletics subvention at the end of the year.

Final Entry information shall be supplied in the manner to be prescribed by European Athletics (usually via the teams' on-line entry system) and shall include such details as required by European Athletics, including the names and best performances of each athlete.

- 1103.5. Final Declarations: Confirmation of Final Entries and the Final Declaration of athletes to compete shall be made according to the procedures defined in the Team Manual.

1103.6. European Athletics may reduce financial support (for travel, board/accommodation grants, etc.) to any European Athletics Member Federation which, after having announced their participation, does not take part or attend the competition with a number of athletes and officials materially higher or lower than the number stated in the Preliminary Entry by 20% (1103.3 above). The latter applies only if the Preliminary Entry is more than 4 (four).

1104. APPLICATIONS TO STAGE THE EUROPEAN MOUNTAIN RUNNING CHAMPIONSHIPS

1104.1. Any European Athletics Member Federation may apply to stage the European Mountain Running Championships provided that the proposed venue and city comply with the criteria established by European Athletics.

Prior to making the formal application, each potential bidder shall participate in the long term planning by indicating the interest in the annual questionnaire signed by the Member Federation President & General Secretary

European Athletics shall be entitled not to accept any unrealistic announcement or if it was not indicated in the long term planning questionnaire.

1104.2. Each applicant shall complete the European Athletics official application forms and supply such information and undertakings as European Athletics shall require. The applications shall be completed in English and any application that is not fully and properly completed may be regarded as invalid.

1104.3. The European Athletics Council shall announce the timetables and deadlines for applications and these shall normally include:

- i. Indication of interest in questionnaire of long term planning by 30 November, 3 (three) years before the year of the European Mountain Running Championships which is the deadline to be considered as a candidate for bidding.
- ii. Confirmation of candidature, with the name of the bid city, to be made by 31 January, 2 (two) years before the year of the European Mountain Running Championships. The candidature form must be signed by the Member Federation and City.
- iii. Formal application to be submitted within 2 (two) months of ii.
- iv. Decision of the European Athletics Council within 6 (six) months of ii.

1104.4. The written undertakings required to be submitted with the application shall normally include:

- i. The bidding European Athletics Member Federation's and city's joint undertaking to respect the applicable Rules and Regulations of the IAAF, European Athletics and other competent authorities and to enter into an organising contract with European Athletics.
- ii. A guarantee(s) from the owner(s) that all official sites used for the event, including the competition courses shall be free of all commercial and non-commercial advertising, identifications and/or franchises.
- iii. A letter of intent by a television broadcaster of the bidders' country to act as host broadcaster in accordance with the requirements of European Athletics.

- iv. The undertakings in writing of relevant national, regional and other authorities that they support the application.
- v. A detailed budget of income and expenditure for the event.

1104.5. The European Athletics Council shall be entitled to amend or vary the above procedures if it is of the opinion that it is in the interests of the European Mountain Running Championships.

1105. TECHNICAL REQUIREMENTS OF THE VENUE

1105.1. The European Mountain Running Championships shall be staged in a competition venue and city which are appropriate to the event. European Athletics may establish criteria by which the suitability of a proposed venue may be decided. The city shall be of an appropriate size and standing and the competition venue shall have acceptable facilities and be fully equipped in conformity with the respective IAAF rules.

1105.2. The Organiser must ensure that electronic timing is carried out using a chip transponder system.

1105.3. The allocation of starting positions should be as follows:

The starting positions for each event will be allocated on the respective team standings (scoring teams only) of the previous edition of the European Mountain Running Championships. Each team shall be lined up behind each other at the start of the respective race. All other teams will be positioned behind in alphabetical order.

The Technical Delegate shall have the power to alter the above starting positions in special circumstances.

1106. DOPING CONTROL

1106.1. Doping control shall be conducted in accordance with the respective IAAF Rules and Guidelines and shall be carried out under the supervision of the European Athletics Doping Control Delegate.

1107. THE ORGANISING CONTRACT

1107.1. Immediately after the decision of the European Athletics Council to appoint an organiser, the appointed European Athletics Member Federation and city shall enter into an organising contract with European Athletics, such contract to establish the respective rights and obligations of the parties in relation to the European Mountain Running Championships.

1108. THE RIGHTS AND DUTIES OF THE EUROPEAN ATHLETICS

1108.1. Notwithstanding the organising contract, European Athletics shall retain the overall care and responsibility of the European Mountain Running Championships. In exercise of this role, the European Athletics Council shall:

1108.1.1. Decide the dates, venue and the organiser.

1108.1.2. Appoint Delegates and other persons (see 1111.3).

1108.1.3 Approve the procedure for deciding the timetable of events.

1109. THE RESPONSIBILITIES OF THE ORGANISER

1109.1. The organiser shall be responsible for organising and staging the European Mountain Running Championships in accordance with the organising contract and in compliance with the Rules and Regulations and directions of European Athletics.

1110. FINANCIAL REGULATIONS

The Organiser

1110.1. The financial rights and obligations of the organiser shall be set out in the organising contract. Subject thereto, the organiser shall be responsible for all costs of organising and staging the European Mountain Running Championships but may retain the income from the sale of admission tickets, approved television and marketing rights, subventions and grants from national and/or local authorities.

1110.2. For the avoidance of doubt, the organiser shall be responsible for the costs of the following persons:

Delegates appointed by European Athletics (see 1111.3); (except for the Council Delegate); travel, accommodation and board at the event and accommodation and board at the site visits.

Staff and representatives of European Athletics specialist contractors and sponsors; according to the respective contracts.

European Athletics

1110.3. European Athletics shall not be responsible for any costs other than those referred to in these regulations and/or the organising contract.

1110.4. European Athletics - unless otherwise agreed - shall bear the board and lodging expenses of visiting teams at the venue of the competition for a maximum period of not more than 3 (three) days and for a maximum number of the scoring athletes in each event.

1110.5. European Athletics shall be responsible for all direct laboratory costs connected with the doping control including laboratory costs but excluding tests specifically requested by Member Federations.

1110.6. European Athletics shall be responsible for the travelling costs of Delegates appointed by European Athletics at the sites visits prior to the event and staff members travelling costs, accommodation and board when visiting the venue.

The Participating European Athletics Member Federations

1110.7. European Athletics Member Federations shall be responsible for all costs (including travelling to and from the designated official airport(s)) incurred as a result of their

participation in the European Mountain Running Championships which exceed any contributions made by the organiser in accordance with 1110.4 above.

1110.8. The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

1110.9. European Athletics Member Federations are responsible for taking out their own insurance to cover illness or injury to any member of their party when travelling to and from and during the European Mountain Running Championships.

1111. THE EUROPEAN ATHLETICS OFFICIATING PERSONS

1111.1. The President and the CEO of European Athletics or their representative(s) shall have the overall responsibility for the care and supervision of the European Mountain Running Championships.

1111.2. European Athletics shall designate a member of its professional staff to be the Project Leader having the responsibility to coordinate the European Athletics Officiating Persons and other staff members and to direct the operational management of the event in cooperation with the organiser.

1111.3. The European Athletics Council shall appoint the following Delegates and other persons to provide specialist advice and guidance to the organiser:

- 1 Council Delegate;
- 1 Technical Delegate;
- 1 Doping Control Delegate;
- 3 Jury of Appeal Members to be appointed at the Technical Meeting (no members will be appointed to replace those that cannot be present in case their countries are directly/indirectly involved in the protest. Decision will be made with the number of members present and in case there is a tie in the voting for the decision the Chair/Vice-Chair - appointed in advance - will take the final decision).

1111.4. As soon as possible after the decision to appoint an organiser European Athletics shall inform the organiser as to the names and roles of the European Athletics Officiating Persons and the organiser shall cooperate with and follow the reasonable and proper directions of such persons.

1112. PROTOCOL, CEREMONIES, AWARDS

1112.1. All matters concerning protocol, ceremonies, awards and related matters shall be decided by European Athletics which may, from time to time, establish guidelines.

Opening and Closing Ceremonies:

1112.2. Subject to 1112.1, the organiser shall propose opening and closing ceremonies of styles and content appropriate to the venue. These may include ceremonies and/or

celebrations held either inside or outside the competition venue. Such proposals shall be subject to the approval of European Athletics and shall be appropriate to a European Mountain Running Championships.

1112.3. Victory Ceremonies:

1112.3.1. The individual winner, second placed and third placed shall receive gold, silver and bronze medals respectively to be provided by the organiser.

1112.3.2. The winning team in each event shall receive and retain a cup to be provided by European Athletics. The second and third teams shall receive a trophy to be provided by European Athletics.

1112.3.3. For the winning, second and third teams, the 3 (three) scoring members as well as non scoring members who completed the event shall attend the ceremony and receive medals to be provided by the organiser.

1112.3.4. During the ceremony, the national anthem of the winner's country shall be played.

1112.3.5. During the ceremony, the athletes must wear their official team uniforms.

Diplomas:

1112.4. Diplomas (to be provided by the organiser) shall be presented to the first 8 (eight) placed athletes and teams in each event but no ceremonies will be held.

Commemorative Souvenirs:

1112.5. The organiser shall present all participating athletes and officials with a suitable commemorative souvenir.

1113. INFORMATION, NAMES AND ABBREVIATIONS

1113.1. All information shall be printed, displayed or announced in English.

1113.2. The names and abbreviations of all European Athletics Member Federations shall, at all times, conform to those approved and decided by the IAAF.

1114. FINAL PROVISIONS

1114.1. All matters not provided for by these Regulations shall be decided by the European Athletics Council.

1114.2. These Regulations are drawn up in English.

1114.3. These Regulations may be amended by the European Athletics Council.