

EUROPEAN CHAMPION CLUBS CUP – TRACK & FIELD SENIOR

1401. PROMOTION AND RIGHTS

1401.1. The European Athletic Association (hereinafter European Athletics) shall promote a European Champion Clubs Cup in Track & Field Seniors for men and women (hereinafter the ECCC Track & Field Seniors) every year.

1401.2. All rights in and arising from the ECCC Track & Field Seniors are the exclusive property of European Athletics. These rights include but are not limited to rights of ownership, marketing, advertising, broadcasting, filming, televising and all or any other means of exploitation. No other entity may exercise any of these rights without the written consent of European Athletics.

1401.2.1. For the strict and limited purpose of promoting European Athletics, the sport of Athletics or any particular athletics competitions and for non-commercial use, European Athletics may without charge and on a worldwide basis use any images of European athletes in any media at or in conjunction with any athletics competitions in which European Athletics has an ownership interest, including ECCC Track & Field Seniors.

1401.2.2. Should an athlete not agree with such procedure, a written letter stating the reasons for this opposition shall be sent to the European Athletics Headquarters in Lausanne two (2) weeks prior to the respective event.

1401.2.3. Furthermore, any competition images from any European Athletics events shall not be used by the athletes for commercial use. However, the use of event images on social media sites, as long as there is no commercial purpose, is not prohibited.

1401.3. The athletes acknowledge and agree to European Athletics' use of the personal data, included but not limited to the first name, name, date of birth, club affiliation, results, in accordance with the General Data Protection Regulation Act on Data Protection, as well as disclosure of athletes' personal data to European Athletics affiliates, employees, agents, representatives and third party organisations worldwide for the purpose of promotion of the sport and to provide statistics.

1401.3.1. Athletes further acknowledge and agree to European Athletics' use of the personal data if required to do so by law or in the good faith belief that any such preservation or disclosure is reasonably necessary to comply with legal process, enforce these Regulations, respond to claims that any content violates the rights of third parties, or protect the rights, property, or personal safety of other users or the public.

1402. PROGRAMME, STRUCTURE, ELIGIBILITY AND SCORING

Programme

1402.1. The ECCC Track & Field Seniors will normally be staged over 2 (two) consecutive days and in accordance with the applicable Competition, Advertising, Doping and other relevant Rules and Regulations of the International Association of Athletics Federations (IAAF).

1402.2. The programme shall comprise the following 20 (twenty) events for Men and 20 (twenty) events for Women:

Men	- Running	100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 110m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay, 4x400m relay
	- Jumps	High Jump, Pole Vault, Long Jump, Triple Jump
	- Throws	Shot put, Discus Throw, Hammer Throw, Javelin Throw
Women	- Running	100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 100m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay, 4x400m relay
	- Jumps	High Jump, Pole Vault, Long Jump, Triple Jump
	- Throws	Shot put, Discus Throw, Hammer Throw, Javelin Throw

Note: In case the event is organised in one day only, 3000m is to be excluded from the event program. Thus, the program will include 19 events for Men and 19 events for Women.

Structure & Eligibility

1402.3. The ECCC Track & Field Seniors comprises separate competitions for men's and women's teams representing the senior national champion clubs of European Athletics Member Federations.

A club is defined as a public or private, permanent organisation of persons jointly participating in, and/or supporting development of, athletics, irrespective of the legal form under which it is organised. To be eligible to participate in an ECCC event, a club must be an affiliated member of, and/or registered by, or otherwise recognised by a written instrument by the Member Federation.

1402.3.1. Only clubs recognised by the Member Federation as National Champions of the preceding year are eligible to take part in the ECCC Track & Field Seniors. If the champion club is not able to take part then the Member Federation may nominate the second placed club team and so on.

1402.3.2. A Club may only select national or foreign athletes to compete in the ECCC Track & Field Seniors who are eligible under the Member Federation terms of eligibility at the date in the year in which the ECCC Track & Field Seniors is held. Provided that such an athlete is a bona fide member of that club for a period starting at least on 1 January of the year of the ECCC Track & Field Seniors.

1402.3.3. An athlete cannot compete for 2 different clubs which participate in at least one of the ECCC competitions of the same year.

1402.3.4 An athlete may not be declared eligible to compete by two participating clubs. In the event that an athlete does appear on two lists of eligible athletes, then the clubs' respective federations may consult together (before the final entries) to agree for which club the

athlete will compete in that competition. In the event there is no agreement between the involved federations, then the athlete will be excluded from that competition.

1402.3.5. Selected foreign athletes must comply with the Member Federation's rules of qualification currently in force and must present their resident card or passport.

1402.3.6. The number of foreign athletes is strictly limited to two (2) for each club team in ECCC Track & Field Seniors.

1402.3.7. Member Federations must provide the list of eligible national and foreign athletes to European Athletics by 31 January of the year of the ECCC Track & Field Seniors.

1402.3.8. The Technical Delegate reserves the right to inspect resident cards or passports.

1402.4. All European Athletics Members Federations in good standing shall be entitled to participate in the ECCC Track & Field Seniors.

1402.5. Each club team shall consist of one athlete in each event, except relays.

1402.6. The participating club teams shall be divided into a Group A (comprising 2 groups of 8 or, exceptionally, 9 club teams each), a Group B (comprising 2 groups of 8 club teams each) and a Group C (comprising the remaining clubs teams, divided into 2 groups). In case the organising club of Group B or C is not one of the qualified Clubs, it may be allowed to compete as a non-scoring team

1402.7. The Group A, Group B, and Group C League, shall be each be regarded as a separate match and scored accordingly.

Scoring

1402.8. The winner of each individual event and each relay in each match shall score as many points as there are teams competing, the second will score one fewer, and so on. Athletes or relay teams disqualified or not finishing shall not score.

1402.9. If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

1402.10. The team having the highest aggregate number of points shall be the winner of the match, and so on.

1402.11. If two or more club teams have the same aggregate number of points, the tie shall be decided in favour of the club team having the greater number of event winners. If the tie still remains it shall be decided in favour of the club team having the greater number of second places, and so on.

1402.12. Subject to 1402.13, after the conclusion of each year's ECCC Track & Field Seniors, club teams shall be promoted or relegated as follows:

1402.12.1. The lowest 2 (two) or, exceptionally, 3 (three), teams in the Group A shall be relegated to Group B.

- 1402.12.2. The 2 (two) first classified teams of each group of the Group B shall be promoted to Group A.
- 1402.12.3. The lowest 2 (two) or, exceptionally, 3 (three), teams in each group of Group B shall be relegated to Group C.
- 1402.12.4. The 2 (two) first classified teams in each group of the Group C shall be promoted to Group B.
- 1402.13. If the club team of the host Member Federation is not qualified to participate in Group A, it shall be included in Group A and such adjustments as necessary shall be made to the procedures described in 1402.12.1 to 1402.12.4.
- 1402.13.1. If the club team of the host Member Federation is not qualified to participate in Group A, but the allocated venue includes a track of 9 (nine) lanes, the team of the host Member Federation shall be included in Group A as a ninth team and such other adjustments shall be made to the compositions of Group A (to ensure that there are 9 (nine) men's and 9 (nine) women's teams) and of Group B and C as necessary.
- 1402.14. Special technical rules applicable to the ECCC Track & Field Seniors are in Appendix 1.

1403. ENTRIES AND CONFIRMATION

- 1403.1. Each European Athletics Member Federation may enter one men's and one women's club team.
- 1403.1.1. Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31 December of the year of the competition may participate in the ECCC Track & Field Seniors, in accordance with IAAF Rules .
- 1403.1.2. Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).
- 1403.1.3. Each athlete can take part in a maximum of three events of which at least one must be a relay-race. The runners in 1500 m, 3000 m, 3000m steeplechase and 5000 m are only allowed to participate in one of these four events, if the ECCC Track & Field Seniors is held on one (1) day.
- 1403.2. Each European Athletics Member Federation may be represented only by athletes eligible to represent that European Athletics Member Federation in accordance with IAAF Rules.
- 1403.2.1. Participating clubs in the ECCC T&F Seniors must provide European Athletics with a full set of their club team vests until the closing of the final entries and will have the obligation to wear them throughout the competition.

All competitors must wear registered vests of the same design and colour of the club they are representing.

The competition and the warm-up attire of the athletes representing qualified clubs in the ECCC events may have advertising, as permitted, under the regulations of the respective Member Federations. If a Member Federation's regulations differ from IAAF Advertising Regulations in regard to clothing of athletes, Member Federation's regulations shall prevail for the ECCC events, on exceptional basis.

- 1403.3. Preliminary Entries: Not later than 3 (three) months (14:00 CET) before the first day of the ECCC Track & Field Seniors, each Member Federation shall send to European Athletics (usually via the teams' on-line entry system) a preliminary list of athletes, the numbers of accompanying officials, together with their travel details and full contact details
- 1403.4. Final Entries: Not later than 10 (ten) days (14:00 CET) before the first day of the ECCC Track & Field Seniors, each Member Federation shall send to European Athletics a final list of its athletes, plus the names of accompanying officials. Final Entry information shall be supplied in the manner to be prescribed by European Athletics (usually via the teams' on-line entry system) and shall include such details as required by European Athletics, including the names and best performances of each athlete.
- 1403.5. Final Declarations: Confirmation of the Final Declaration of athletes to compete shall be made according to the procedures defined in the Team Manual.
- 1403.6 A club which cancels its participation after having entered in the preliminary entries shall be prevented from participating in the next subsequent edition of the respective competition for which the club may be qualified.
- 1403.7 In case of withdrawal before the preliminary entries the country shall consult the 2nd or 3rd classified clubs in the championships to replace the withdrawer.

After the preliminary entries the representative club of the next qualified country shall be requested to take part in the following order in the previous years' results: 7th (Group A) 3rd (Group B), 8th (Group A) and 4th. (Group B).

For the replacement of the clubs in the B Group the decision shall be taken by the European Athletics Office and the Clubs Commission.

1404. APPLICATIONS TO STAGE THE ECCC TRACK & FIELD SENIORS

- 1404.1. Any European Athletics Member Federation may apply to stage an ECCC Track & Field Seniors provided that the proposed venue and city comply with the criteria established by European Athletics.

Prior to making the formal application, each potential bidder shall participate in the long term planning by indicating the interest in the annual questionnaire signed by the Member Federation President & General Secretary

European Athletics shall be entitled not to accept any unrealistic announcement or if it was not indicated in the long term planning questionnaire.

- 1404.2. Each applicant shall complete the European Athletics official application forms and supply such information and undertakings as European Athletics shall require. The applications shall be completed in English and any application that is not fully and properly completed may be regarded as invalid.
- 1404.3. The European Athletics Council shall announce the time- and deadlines for applications and these shall normally include:
- i. Indication of interest in questionnaire of long term planning by 30 November, 2 (two) years before the year of the ECCC Track & Field Seniors which is the deadline to be considered as a candidate for bidding.
 - ii. Confirmation of Candidature, with the name of the bid city, to be made within one month of the completion of the last edition of the ECCC Track & Field Seniors.
 - iii. Formal application to be submitted within 1 (one) month of ii.
 - iv. Decision of the European Athletics Council in a timely manner.
- 1404.4. The written undertakings required to be submitted with the application shall normally include:
- i. The bidding European Athletics Member Federation's undertaking to respect the applicable Rules and Regulations of the IAAF, European Athletics and other competent authorities and to enter into an organising contract with European Athletics.
 - ii. A letter of intent by a television broadcaster of the bidders' country to act as host broadcaster in accordance with the requirements of European Athletics (for Group A only).
 - iii. The undertakings in writing of relevant national, regional and other authorities that they support the application.
 - v. A detailed budget of income and expenditure for the event.
- 1404.5. Other than in exceptional circumstances, European Athletics will not normally accept any application if, at the time of announcing the confirmation of candidature for staging the ECCC Track & Field Seniors, the stadium which is foreseen for the event is not completed. If a European Athletics Member Federation feels that there are exceptional circumstances it must inform European Athletics at the time of the candidature (Regulation 1404.3.ii) accordingly and send all relevant documentation (construction plans, timelines and guarantees) and European Athletics shall have an absolute discretion whether or not to accept the confirmation of candidature.

1405. TECHNICAL REQUIREMENTS OF THE VENUE

- 1405.1. The ECCC Track & Field Seniors shall be staged in a stadium and city which are appropriate to the event. European Athletics may establish criteria by which the suitability of a proposed venue may be decided. The city shall be of an appropriate size and standing and the stadium shall have modern facilities and be fully equipped in conformity with the respective IAAF rules.

1406. DOPING CONTROL

1406.1. Doping control shall be conducted in accordance with the respective IAAF Rules and Guidelines and shall be carried out under the supervision of the European Athletics Doping Control Delegate.

1407. THE ORGANISING CONTRACT

1407.1 Immediately after the decision of the European Athletics Council to appoint an organiser, the appointed European Athletics Member Federation shall enter into an organising contract with European Athletics, such contract to establish the respective rights and obligations of the parties in relation to the ECCC Track & Field Seniors.

1408. THE RIGHTS AND DUTIES OF THE EUROPEAN ATHLETICS

1408.1. Notwithstanding the organising contract, European Athletics shall retain the overall care and responsibility of the ECCC Track & Field Seniors. In exercise of this role, the European Athletics Council shall:

1408.1.1. Decide the dates, venue and the organiser.

1408.1.2. Appoint Delegates and other persons (see 1411.3).

1409. THE RESPONSIBILITIES OF THE ORGANISING CLUB

1409.1. The organising club shall be responsible for organising and staging the ECCC Track & Field Seniors in accordance with the organising contract and in compliance with the Rules and Regulations and directions of European Athletics.

1410. FINANCIAL REGULATIONS

The Organising Club

1410.1. The financial rights and obligations of the organising club shall be set out in the organising contract. Subject thereto, the organising club shall be responsible for all costs of organising and staging the ECCC Track & Field Seniors but may retain the income from the sale of admission tickets, approved local marketing and subventions and grants from national and/or local authorities.

1410.1.1. The organising club undertakes to cover accommodation and full board costs of each participating team (except the host) for one (1) night more than days of competition. The maximum number of quota team members to be covered per participating team (except host) is 22 athletes and 4 officials.

Food and accommodation standards should correspond to minimum 3* hotel.

1410.2. For the avoidance of doubt, the organising club shall be responsible for the costs of the following persons:

Technical and Doping Control Delegates and ITOs/ATOs (Group A only) appointed by European Athletics travel, accommodation and board at the event; and

Technical Delegate accommodation and board at the site visits.

European Athletics

1410.3. European Athletics shall not be responsible for any costs other than those referred to in these regulations and/or the organising contract.

1410.4. European Athletics may pay to the organising club a contribution for the organisation of the ECCC Track & Field Seniors.

1410.5. European Athletics shall be responsible for the travelling costs of Delegates appointed by European Athletics at the site visits prior to the event and staff members travelling costs, accommodation and board when visiting the venue.

The Participating Club Teams

1410.6. The participating club teams shall be responsible for all costs incurred as a result of their participation in the ECCC Track & Field Seniors which exceed any contributions made by or through the organising club in accordance with 1410.1.1 above.

1410.6.1. The following contribution must be paid to the organising club by each participating club team (except host):

Registration fee: EUR 1000, - which must be paid at the latest by the date of the closing of the preliminary entries.

Note: Any participating club team, not paid the registration fee by the date specified above, shall be liable to pay the registration fee increased by 25%.

Accommodation support: EUR 2400, - (EUR 1600, - in case of one day competition) to be paid latest upon arrival to the venue.

1410.7. The final account for accommodation attributable to each club team shall be based on the numbers declared in the Final Entries and this shall be paid in full, considering 1410.1.1 & 1410.6.1, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

1410.8. Any club team which, having agreed to participate with a team, withdraws and does not compete after their declaration at the closing date for Preliminary entries shall pay to the organising club for any irrecoverable costs related to the cancellation. The Member Federation is responsible for the guarantee of the payment of the registration fee.

1410.9. Each participating club team is responsible for taking out their own insurance to cover illness or injury to any member of their party when travelling to and from and during the ECCC Track & Field Seniors.

1411. THE EUROPEAN ATHLETICS OFFICIATING PERSONS

1411.1. The President and the CEO of European Athletics or their representative(s) shall have the overall responsibility for the care and supervision of the ECCC Track & Field Seniors.

1411.2. European Athletics shall designate a member of its professional staff to be the Project Leader having the responsibility to coordinate the European Athletics Officiating Persons and other staff members and to direct the operational management of the event in cooperation with the organiser.

1411.3. The European Athletics Council shall appoint the following Delegates and other persons to provide specialist advice and guidance to the organiser:

- 1 Technical Delegate;
- 1 Doping Control Delegate (for the Group A only);
- 2 International Technical Officials (ITOs), IAAF and/or Area Level, (for the Group A);
- 3 Jury of Appeal Members to be appointed at the Technical Meeting (no members will be appointed to replace those that cannot be present in case their countries are directly/indirectly involved in the protest. Decision will be made with the number of members present and in case there is a tie in the voting for the decision the Chair/Vice-Chair - appointed in advance - will take the final decision).

Note: An additional ITO is to be appointed to the event from the host Member Federation (to be a member (s) of IAAF/EA relevant Panels), if applicable.

1411.4. As soon as possible after the decision to appoint an organising club European Athletics shall inform the organising club as to the names and roles of the European Athletics Officiating Persons and the organiser shall cooperate with and follow the reasonable and proper directions of such persons.

1412. PROTOCOL, CEREMONIES

1412.1. All matters concerning protocol, ceremonies, trophies/medals and related matters shall be decided by European Athletics, which may, from time to time, establish guidelines.

Opening and Closing and Victory Ceremonies:

1412.2 Subject to 1412.1, the organising club shall propose opening and closing and victory ceremonies of styles and content appropriate to the venue. These may include ceremonies and/or celebrations held either inside or outside the stadium. Such proposals shall be subject to the approval of European Athletics and shall be appropriate to an ECCC Track & Field Seniors.

1412.3. Victory Ceremonies:

1412.3.1. The winning men's team and the winning women's team in the Group A shall receive the European Champion Clubs Cup to be provided by European Athletics. The second and third finishing teams shall receive a trophy to be provided by European Athletics.

1412.3.2. The individual members of the first, second and third finishing teams in the men's and women's competitions in Group A shall each receive a medal to be provided by the organising club.

1412.3.3. The first three men's teams and the first three women's teams in each match of Group B & C shall receive a trophy to be provided by European Athletics.

Commemorative Souvenirs:

1412.4. The organising club shall present all participating athletes and officials with a suitable commemorative souvenir.

1413. INFORMATION, NAMES AND ABBREVIATIONS

1413.1. All information shall be printed, displayed or announced in English.

1413.2. The names and abbreviations of all European Athletics Member Federations shall, at all times, conform to those approved and decided by the IAAF.

1414. FINAL PROVISIONS

1414.1. All matters not provided for by these regulations shall be decided by the European Athletics Council.

1414.2. These Regulations are drawn up in English.

1414.3. These Regulations may be amended by the European Athletics Council.

APPENDIX 1.

1. Timetable

The recommended order of events is as follows for a two day competition:

Day 1 Track	Day 1 Field	Day 2 Track	Day 2 Field
400mH W	Hammer M	110mH M	Hammer W
400mH M	Pole Vault W	800m M	Pole Vault M
100m W	Triple Jump W	1500m W	Triple Jump M
100m M	High Jump M	3000mSC M	High Jump W
800m W	Discus W	100mH W	Discus M
1500m M	Shot Put M	200m W	Shot Put W
3000m W	Long Jump M	200m M	Long Jump W
400m W	Javelin W	5000m W	Javelin M
5000m M		3000m M	
400m M		4 x 400m W	
3000mSC W		4 x 400m M	
4 x 100m W			
4 x 100m M			

In exceptional cases of a one day competition the following order for men & women is recommended:

Throwing events	Running events
Hammer (M)	Pole Vault (M)
Hammer (W)	High Jump (W)
Shot Put (M)	400m hurdles (W)
Discus (W)	400m hurdles (M)
Discus (M)	800m (W)
Shot Put (W)	800m (M)
Javelin (M)	200m (W)
Javelin (W)	200m (M)
	400m (W)
	400m (M)
Jumping Events (Horizontal)	3000m steeplechase (W)
Triple Jump (W)	100m (W)
Triple Jump (M)	100m (M)
Long Jump (W)	3000m steeplechase (M)
Long Jump (M)	1500m (W)
	5000m (M)
Jumping Events (vertical)	100m hurdles (W)
Pole Vault (W)	110m hurdles (M)
High Jump (M)	5000m (W)
	1500m (M)

4 x 100m (W)
4 x 100m (M)
4 x 400m (W)

4 x 400m (M)

2. Competition Rules

- 2.1. In all field events, except High Jump and pole Vault, each competitor shall be entitled to take 4 (four) attempts only.
- 2.2.1. Initial heights for Track & Field Seniors Group A shall not be lower than as follows:

High Jump	Men: 1.80m	Women: 1.50m
Pole Vault	Men: 4.00m	Women: 3.00m
- 2.2. The time permitted for each attempt in High Jump and Pole Vault shall be 1 (one) minute except when consecutive attempts are by the same athlete in which case IAAF Rule 180.17(C) shall apply.
- 2.3. Throwing implements and hurdle heights shall all be in accordance with those set out in IAAF Rules for Senior Competition.
- 2.4. The allocations of lanes and order of attempts in field events shall be decided by a draw conducted by the Technical Delegate. Each participating club team shall be allocated a letter which shall determine the allocation of lanes in accordance with the appropriate chart appended below as Appendix 1A. Draws for men's and women's teams shall be made separately.

Appendix 1A. - Lane Draws

		9 TEAMS										
Men		A	B	C	D	E	F	G	H	I	Women	
100/1500/5000		1	2	3	4	5	6	7	8	9	100/1500/5000	
200/3000/PV		2	3	4	5	6	7	8	9	1	200/3000/PV	
400/LJ		3	4	5	6	7	8	9	1	2	400/LJ	
800/TJ		4	5	6	7	8	9	1	2	3	800/TJ	
3000sc/HJ		5	6	7	8	9	1	2	3	4	3000sc/HJ	
110H/SP		6	7	8	9	1	2	3	4	5	110H/SP	
400H/DT		7	8	9	1	2	3	4	5	6	400H/DT	
4x100/HT		8	9	1	2	3	4	5	6	7	4x100/HT	
4x400/JT		9	1	2	3	4	5	6	7	8	4x400/JT	

		8 TEAMS									
Men		A	B	C	D	E	F	G	H	Women	
100/1500/HJ		1	2	3	4	5	6	7	8	100/3000/LJ	
200/5000/PV		2	3	4	5	6	7	8	1	200/SP	
400/3000/LJ		3	4	5	6	7	8	1	2	400/DT	
800/3000sc/TJ		4	5	6	7	8	1	2	3	800/3000sc/JT	
110H/SP		5	6	7	8	1	2	3	4	100H/1500/HT	
400H/DT		6	7	8	1	2	3	4	5	4x100/5000/PV	
4x100/HT		7	8	1	2	3	4	5	6	4x400/TJ	
4x400/JT		8	1	2	3	4	5	6	7	400H/HJ	

		7 TEAMS								
Men		A	B	C	D	E	F	G	Women	
100/200/LJ		1	2	3	4	5	6	7	200/1500/TJ	
400/1500/TJ		2	3	4	5	6	7	1	400/5000/HJ	
800/5000/SP		3	4	5	6	7	1	2	800/LJ/HT	
110H/3000/DT		4	5	6	7	1	2	3	4x100/3000/SP	
400H/3000sc/JT		5	6	7	1	2	3	4	4x400/3000sc/DT	
4x100/HJ/HT		6	7	1	2	3	4	5	100H/JT	
4x400/PV		7	1	2	3	4	5	6	100/400H/PV	

		6 TEAMS							
Men		A	B	C	D	E	F	Women	
100/200/HJ/JT		1	2	3	4	5	6	100/200/JT/PV	
400/110H/LJ/HT		2	3	4	5	6	1	400/1500/TJ/HT	
800/1500/PV		3	4	5	6	1	2	800/5000/HJ	
400H/5000/TJ		4	5	6	1	2	3	4x100/3000/LJ	
4x100/3000/SP		5	6	1	2	3	4	4x400/110H/SP	
4x400/3000sc/DT		6	1	2	3	4	5	400H/3000sc/DT	

		5 TEAMS						
Men		A	B	C	D	E	Women	
100/400/LJ/JT		1	2	3	4	5	100/200/TJ/DT	
200/800/1500/TJ		2	3	4	5	1	400/100H/JT/PV	
5000/110H/400/SP		3	4	5	1	2	800/3000/400H/HJ	
4x100/3000/HJ/DT		4	5	1	2	3	4x100/1500/LJ/HT	
4x400/3000sc/PV/HT		5	1	2	3	4	4x400/5000/3000sc/SP	

If fewer than 5 (five) teams participate, the allocations of lanes/orders of competition shall be decided by the Technical Delegate.