

Women's Shot Put

15 Entrants

Starts: March 5

			Age	(Days)	Born	2015 Best	Personal Best
511	ABRAHMCHUK Alena	BLR	27y	19d	1988	18.31	19.06 -13
	(Née Kopets) 2013 European indoor bronze // SP pb: 19.24 -13. DT pb: 54.57 -14. dnq WJC SP/DT 2006; 2 EJC SP 2007 (dnq DT); 3 WSG 2009 (2011-5); 3 under-23 ECH SP 2009; dnq WIC 2012/2014; 3 EIC 2013 (2011-dnq); 12 WCH 2013; 9 ECH 2014. 1 Belarusian 2013 & indoors 2011/2013/2014 In 2015: 2 Brest; 2 Minsk; 2 Belarusian Cup indoor; 1 Belarusian winter DT; 2 Belarusian indoor						
513	LEANTSUK Yuliya	BLR	31y	33d	1984	19.00	19.00 -15
	2007 World Student Games silver // Outdoor pb: 19.79 -08. DT pb: 48.72 -14. 3 World Youth 2001; 7 WJC 2002; 2 EJC 2003; 4 EIC 2007; 2 WSG 2007; 2 World Military Games 2007; 6 ETCh 2013; dnq WCH 2013; 7 WIC 2014; 4 ECH 2014. 1.85/80kg Failed a doping test after originally winning at the 2008 European Cup, banned in 2008-2010 In 2015: 1 Brest; 1 Minsk; 1 Belarusian Cup indoor; 1 Belarusian indoor						
524	MAVRODIEVA Radoslava	BUL	27y	357d	1987	18.34	18.34 -15
	3x Balkan Champion // Outdoor pb: 18.67 -13. DT pb: 44.55 -13. 6 WJC 2004; 5 EJC 2005; dnq EIC 2011/2013; 1 Balkan 2011/2013/2014; dnq WCH 2011/2013; dnq WIC 2012/2014; 6 ECH 2012 (2010-dnq, 2014-12); dnq OLY 2012. 1 Bulgarian 2005/2010/2011/2013/2014 (1 indoor 2005/2010/2011). Her younger sister Zheniam is also a shot putter. 1.78/86kg In 2015: 1 Dobrich; 2 Balkan indoor						
532	KARNIKOVA Jana	CZE	34y	19d	1981	16.75	17.30 -10
	21x Czech Champion (12 out + 9 in) // Outdoor pb: 17.29 -08. DT pb: 51.02 -08 dnq European under-23 2003; dnq ECH 2006/2010; 7 ETCh 2009 (2014-11). 1 Czech 2003-2014 (1 indoor 2003/2005/2006-2011/2013). 1.87/85kg In 2015: 1 Otrokovice; 1 Jablonec (Jan 28); 1 Jablonec (Feb 1); 2 Czech indoor						
547	MULBJERG Trine	DEN	24y	316d	1990	16.76	16.76 -15
	9x Danish Champion (5 in + 4 out). Danish record holder indoors & out Outdoor pb: 16.45 -13. 11 under-23 ECH 2011. 1 Danish 2010-2013 (1 indoor 2011-2015). She is the first female Danish shot putter at a major championship since 1958 In 2015: 1 Malmö; 1 Växjö (Jan 31); 1 Gothenburg; 1 NOR v DEN v FIN v SWE indoor; 1 Danish indoor; 1 Växjö (Feb 28)						
555	RUIZ Úrsula	ESP	31y	206d	1983	17.68	17.68 -15
	Full name-Úrsula Ruiz Pérez 11x Spanish Champion (6 out + 5 in) // Outdoor pb: 17.99 -12. 10 WJC 2002; 6 WSG 2009/2011; 3 Ibero-American 2010; dnq ECH 2010/2012/2014; dnq WIC 2012/2014; dnq OLY 2012; 8 EIC 2013; dnq WCH 2013; 6 ETCh 2014 (2010-7, 2011-8, 2013-5). 1 Spanish 2008/2010/2011/2012/2013/2014 (1 indoor 2011/2012/2013/2014/2015). Coach-Carlos Burón. 1.70/82kg In 2015: 1 Spanish Clubs indoor; 1 Zaragoza; 1 Spanish indoor; 14 ECH						
560	PIIRIMÄE Kätlin	EST	19y	117d	1995	16.31	16.31 -15
	2013 European junior bronze // Outdoor pb: 16.80 -13. dnq World Youth SP/DT 2011; 3 EJC 2013; 10 WJC 2014 (2012-dnq); dnq ECH 2014. 1 Estonian 2012/2013/2014 (1 indoor 2014/2015) In 2015: 1 Estonian under-23 indoor; 1 Tallinn; 1 Estonian indoor						
607	HINRICHS Denise	GER	27y	271d	1987	17.76	19.63 -09
	2009 European indoor silver // Outdoor pb: 19.47 -09. 4 World Youth 2003; 1 EJC 2005; 2 WJC 2006; dnq OLY 2008; 2 EIC 2009; 1 under-23 ECH 2009 (2007 -2); 11 WCH 2009; 8 ECH 2010. 1 German indoor 2009. Policewoman. Surgeries on right knee (2011) & left knee (2014). Coach-Miroslaw Jasinski. 1.80/80kg In 2015: 2 Sassnitz; 4 Rochlitz; 1 South German indoor; 2 German indoor						
618	URBANIAC Lena	GER	22y	124d	1992	17.79	17.79 -15
	Former World Youth & European Junior Champion // Outdoor pb: 17.84 -14. DT pb: 51.31 -09. 1 World Youth 2009 (6 DT); 10 WJC 2010; 1 EJC 2011; 3 under-23 ECH 2013; 8 ECH 2014. 1 German indoor 2015 In 2015: 2 Gammertingen; 3 Sassnitz; 1 Baden-Württemberg indoor; 2 Rochlitz; 1 German Universities indoor; 1 German indoor; 10 ECH						
626	MARTON Anita	HUN	26y	49d	1989	18.60	18.63 -14
	Broke through 19m at the perfect time to win 2014 European bronze. Winner of 25 Hungarian titles at shot or discus throw (16 out + 9 in) DT pb: 56.80 -14 (56.02 -15). 11 World Youth SP 2005 (dnq DT); 12 WJC DT 2006 (dnq SP); 6 EJC DT 2007 (7 SP); 6 WJC DT 2008 (7 SP); dnq WCH SP 2009/2011/2013; 5 EIC SP 2011 (2009/2013-dnq); 3 under-23 ECH DT 2011 (5 SP); 7 ECH SP 2012 (2010-11); dnq OLY SP 2012; 4 WSG SP 2013 (2011-7); 6 WIC SP 2014 (2010-dnq). Her father István was an national level weightlifter. Coach-Láslo Eperjesi. 1.72/90kg In 2015: 1 Budapest City indoor; 1 Budapest MASZ; 1 Hungarian indoor; 1 Hungarian winter DT						
644	ROSA Chiara	ITA	32y	36d	1983	18.21	18.68 -08
	16x Italian Champion (10 out + 6 in) // Outdoor pb: 19.15 -07/09. 4 WJC 2002 (2000-12); 3 under-23 ECH 2005 (2003-3); 8 WCH 2007 (2005/2009/2011/2013-dnq); 5 WIC 2008 (2006/2014-dnq); 4 ECP 2008; 13 OLY 2008 (2012-dnq); 2 ETCh 2009 (2010/2011-3, 2013-4); 2 WSG 2009 (2005-5); 3 ECH 2012 (2006-7, 2020-13, 2014-5); 4 EIC 2013 (2007/2009-dnq, 2011-7). 1 Italian 2005-2014 (1 indoor 2006/2008/2011/2013/2014/2015). Student of modern languages at the University of Padua. Coach-Enzo Agostini. 1.78/110kg In 2015: 1 Padua (Jan 17); 1 Padua (Jan 31); 1 Italian indoor						
680	GUBA Paulina	POL	23y	295d	1991	17.54	17.79 -12
	6x Polish Champion (3 in + 3 out) // Outdoor pb: 17.47 -12. 4 EJC 2009; 9 WJC 2010; 6 ETCh 2011; 4 under-23 ECH 2011; dnq WIC 2012; 5 under-23 ECH 2013. 1 Polish 2011/2012/2014 (1 indoor 2011/2012/2015) In 2015: 1 Toruń (Jan 24); 1 Toruń (Feb 4); 1 Polish indoor						
714	PODOLSKAYA Anastasiya	RUS	24y	199d	1990	17.97	17.97 -15
	(Née Bessoltseva) 2015 Russian Indoor Champion // Outdoor pb: 17.71 -14. 7 EJC 2009. 1 Russian indoor 2015 In 2015: 1 Moscow 'Christmas Cup'; 1 Moscow Champs under-23 indoor; 1 Moscow Champs under-23 indoor; 1 Russian indoor						
742	HRASNOVÁ Martina	SVK	31y	349d	1983	15.60	15.60 -15
	(Née Danisova). Slovak record holder at Hammer Throw. 2009 World bronze. Twice European silver Outdoor SP pb: 15.02 -06. HT pb: 76.90 -09. (At Hammer Throw) dnq World Youth 99; 2 EJC 2001 (99-4); 2 WJC 2002 (2000-5); 8 OLY 2008 (2012-dnq); 2 WSG 2009 (2007-5); 3 WCH 2009 (2001/2009/2013-dnq); 2 ECH 2012/2014 (2002/2006-dnq). 1 Slovak 2008/2012/2013/2014. Served two-year doping suspension 2003-2005. 1.77/80kg In 2015: 1 Slovak indoor SP						

Full name-Fanny Matilda Charlotte Roos // Outdoor pb: 16.29 -14. 10 World Youth 2011; dnq WJC 2012; 5 EJC 2013; 10 ETCh 2014; 6 WJC 2014 (2012-dnq).
 1 Swedish 2014 (1 indoor 2014/2015). Coach-Per Karlsson. 1.73/78kg
 In 2015: 1 Växjö (Jan 31); 2 NOR v DEN v FIN v SWE indoor; 1 Swedish indoor

WORLD ALL-TIME LIST

1.....22.50.....Helena Fibingerová TCH.....1977
 2.....22.14.....Natalya Lisovskaya RUS.....1987
 3.....21.70.....Nadezhda Ostapchuk BLR.....2010
 4.....21.60.....Val. Fedyushina RUS.....1991
 5.....21.59.....Ilona Briesenick GDR.....1979
 6.....21.46.....Claudia Losch FRG.....1986
 =7...21.26.....Ines Müller GDR.....1985
21.26.....Natalya Akhriemenko RUS.....1987
 9.....21.23.....Margitta Pufe GDR.....1978
 10...21.15.....Irina Korzhanenko RUS.....1999

2015 EUROPEAN LIST

1.....19.00.....Yulia Leantsiuk BLR
 2.....18.60.....Anita Márton HUN
 3.....18.34.....Radoslava Mavrodieva BUL
 4.....18.31.....Alena Abrahmchuk BLR
 5.....18.21.....Chiara Rosa ITA
 =6...17.97.....Julaika Nicoletti ITA
17.97.....Anastasiya Podolskaya RUS
 8.....17.94.....Halyna Obleshchuk UKR
 9.....17.79.....Lena Urbaniak GER
 10...17.76.....Denise Hinrichs GER