

TIMETABLE

as at 10 December 2014

Day 1 - Saturday, 20 June 2015

Time	Event	
16:00	Hammer Throw	Men
16:30	Opening Ceremony	
16:50	Pole Vault	Women
17:00	Shot Put	Men
17:05	400m Hurdles Heat 1	Women
17:11	400m Hurdles Heat 2	Women
17:20	400m Hurdles Heat 1	Men
17:26	400m Hurdles Heat 2	Men
17:30	Triple Jump	Women
17:35	100m Heat 1	Women
17:40	Discus Throw	Women
17:41	100m Heat 2	Women
17:55	100m Heat 1	Men
18:01	100m Heat 2	Men
18:15	800m	Women
18:35	1500m	Men
18:40	High Jump	Men
18:45	3000m sc	Women
19:00	Long Jump	Men
19:05	400m Heat 1	Women
19:10	Javelin Throw	Women
19:11	400m Heat 2	Women
19:20	400m Heat 1	Men
19:26	400m Heat 2	Men
19:35	5000m	Men
20:05	3000m	Women
20:25	4x100m Heat 1	Women
20:34	4x100m Heat 2	Women
20:45	4x100m Heat 1	Men
20:54	4x100m Heat 2	Men

Day 2 - Sunday, 21 June 2015

Time	Event	
16:00	Hammer Throw	Women
16:45	Pole Vault	Men
16:50	Shot Put	Women
17:00	Triple Jump	Men
17:05	100m Hurdles Heat 1	Women
17:11	100m Hurdles Heat 2	Women
17:25	110m Hurdles Heat 1	Men
17:30	Discus Throw	Men
17:31	110m Hurdles Heat 2	Men
17:45	800m	Men
18:00	1500m	Women
18:10	3000m Steeplechase	Men
18:15	High Jump	Women
18:30	200m Heat 1	Women
18:35	Long Jump	Women
18:36	200m Heat 2	Women
18:50	200m Heat 1	Men
18:56	200m Heat 2	Men
19:00	Javelin Throw	Men
19:05	5000m	Women
19:35	3000m	Men
19:55	4x400m Heat 1	Women
20:04	4x400m Heat 2	Women
20:15	4x400m Heat 1	Men
20:24	4x400m Heat 2	Men
20:30	Victory Ceremony	