

**European Athletics Youth Championships 2016  
Entry Standards**

<b>Athletes</b>	<b>Rounds</b>	<b>Men</b>	<b>Event</b>	<b>Women</b>
40	3	11.10	<b>100m</b>	12.25
40	3	22.55	<b>200m</b>	25.20
40	3	49.60	<b>400m</b>	57.20
40	3	1:55.00	<b>800m</b>	2:13.50
27	2	4:01.00	<b>1500m</b>	4:37.00
15	1	8:40.00	<b>3000m</b>	9:53.00
40	3	14.55 (0,914)	<b>100/110m Hurdles</b>	14.25 (0,762)
40	3	55.90 (0,838)	<b>400m Hurdles</b>	63.00 (0,762)
30	2	6:15.00	<b>2000m SC</b>	7:25.00
25		48:30.0	<b>10,000m Walk</b>	
25			<b>5 000m Walk</b>	25:30.0
16	2	NES	<b>Medley Relay</b>	NES
30	2	2,02	<b>High Jump</b>	1,74
30	2	4,60	<b>Pole Vault</b>	3,70
30	2	7,00	<b>Long Jump</b>	5,90
30	2	14,45	<b>Triple Jump</b>	12,25
30	2	17,70 (5 Kg)	<b>Shot Put</b>	14,85 (3 Kg)
30	2	53,10 (1,5 Kg)	<b>Discus</b>	41,50 (1 Kg)
30	2	63,00 (5 Kg)	<b>Hammer</b>	59,50 (3 Kg)
30	2	64,00 (700 Gr)	<b>Javelin</b>	46,00 (500 Gr)
24		6400	<b>Decathlon/ Heptathlon</b>	4800

### **Entries**

Individual participation (1603.5): Each European Athletics Member Federation may enter up to 3 (three) athletes in each individual event of whom up to 2 (two) may participate provided all of them shall have achieved the qualifying standard for that event (see regulation 1608.1.3).

**Alternatively to 1603.5, each European Athletics Member Federation may enter one athlete in each individual event if such athlete has not achieved the qualifying standard for that event.**

For each event, provided that any European Athletics Member enters only 1 (one) athlete, such an athlete shall not be required to have reached the qualifying standard for that event (e.g. 100m two athletes competing = all must have entry standard, long jump one athlete competing = no entry standard necessary).

Each European Athletics Member Federation may enter athletes which have not achieved the entry standard (see 1608.1.3); In total each MF to enter up to 26 athletes overall in the Men and Women program.

Relay teams (1603.7): Each European Athletics Member Federation may enter 1 (one) team in each medley relay event. Up to 6 (six) athletes may be entered for each relay. From these 6 (six) and from any other athletes entered for any event in the European Athletics Youth Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

**Conditions:**

- Performances must be achieved between the 1 January 2015 and **4 July 2016**;
- Performances must be achieved in bona fide competition (either indoors or outdoors) organised in conformity with IAAF Rules;
- Performances must be achieved during competitions organised or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organised;
- Performances achieved in mixed events (between male and female participants), held completely in the stadium, shall not be accepted as entry standards;
- Wind assisted performances will not be accepted; (For the combined events the conditions set in IAAF Rule 260.27 [version 2009] will still be applied for qualification purposes, so either the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 m/s or the wind velocity in any individual event shall not exceed plus 4 m/s);
- Entry standards for Race Walking can be achieved in road events;
- Competitors must comply with eligibility qualifications for Area Games or Championships as set out in the IAAF rules;
- No athlete may compete in the European Championships unless entered by an European Athletics Member Federation;

Updated on 16 October 2015