

Under-20 Men's Race

6150m – Start/90m + 4 long/1500m + finish/60m
6 run, 4 score

10:40

87 Entrants

23 Countries

Age

		68	ABNER Mark EST	18y
		69	SALKAUSKAS Deniss EST	18y
			3000 pb: 8:48.84 -15. 1500 pb: 3:53.72 -16. 800 pb: 1:53.66 -16. At EXC: 2015-82J In 2016: 1 Estonian junior indoor 800; 2 Estonian indoor 800; 2 Estonian Cup 1500; 2 Tallinn 1000; 1 Estonian junior 800/1500; 1 Viru 3000; 7 Estonian 800; 1 Rakvere 1500	
		77	CHARIK Abderrazak FRA	19y
			10,000 pb: 29:51.75 -16. 5000 pb: 14:22.59 -16. 15 WJC 10,000 2016 In 2016: 15 French 10,000; 7 Carquefou 5000 'B'; 4 Villeneuve d'Ascq 1500; 15 WJC 10,000	
		78	EL BOUAJAJI Mohamed-Amine FRA	19y
			1500 pb: 3:43.77 -16. dq Youth Olympic Games 3000 2014 (attempting to continue the race after first voluntarily leaving the track). At WXC: 2015-88J. At EXC: 2015-7J (team gold). Lives-Strasbourg. Coach-Jean Marc Ducret In 2016: 1 Longeville-les-Metz 800; 3 Forbach 800; 11 Tomblaine 1500; 10 Sotteville-lès-Rouen 1500	
		82	GRESSIER Jimmy FRA	19y
			"The footballer who was running too fast" // 5000 pb: 13:55.07 -16. 10 WJC 5000 2016. At WXC: 2015-80J (after only six months of training in athletics). At EXC: 2015-4J (team gold). His first sport is football, he played for the team which placed fourth at the 2015 World Schools Championship. He says he dreams about being signed by Aston Villa (an English football club) In 2016: 4 'Great' Edinburgh junior XC; 3 French junior XC; Haubourdin 3000; 1 Carquefou 5000 'B'; 1 Villeneuve d'Ascq 1500; 2 French junior 1500; 10 WJC 5000	
		83	HAY Hugo FRA	19y
			5000 pb: 14:04.97 -16. 6 EJC 5000 2015. At EXC: 2015-47J In 2016: 4 French junior XC; 9 Carquefou 5000 'B'; 1 Heusden 5000 'C'	
		85	LEDUC Clement FRA	19y
			5000 pb: 14:39.67 -16 In 2016: 3 La Roche-sur-Yon 3000; Eaubonne 10,000; 15 Carquefou 5000 'B'	
		88	PALCAU Fabien FRA	19y
			Went from 13th to 2nd on last lap at 2015 European Junior Cross Country Championships (leading France to team gold) 5000 pb: 14:07.19 -16. 1500 pb: 3:48.74 -16. At WXC: 2015-62J. At EXC: 2014-12J, 2015-2J. 1 French youth XC 2014; 1 French junior 5000 2015. Father-Romanian In 2016: 3 'Great' Edinburgh junior XC; 1 French junior XC; 3 Carquefou 5000 'B'; 21 WJC 5000	
		99	FULLER William GBR	19y
			2015 English Schools Champion at 3000m // 5000 pb: 14:23.02 -16. 1500 pb: 3:48.32 -16. 1 English Schools 3000 2015; 7 British Universities 5000 2016. Attends Loughborough University. Coach-George Gandy In 2016: 22 'Great' Edinburgh junior XC; 6 British Universities short race XC; 2 UK Inter-Counties junior XC; 7 British Universities 5000; 3 Manchester BMC 1500; 8 Loughborough International 3000; 5 Watford BMC 1500 'B'; 2 British League div 1/Jun 4 1500; 4 English junior 1500; 5 Solihull BMC 1500 'B'; 2 Oxford BMC 5000; 5 Liverpool junior XC	
		104	KERR Josh GBR	19y
			2015 European Junior Champion at 1500m // 1500 pb: 3:41.08 -16. 1 EJC 1500 2015; 10 WJC 1500 2016. 1 English under-17 1500/300 2014; 1 English junior 1500 2015. Student of exercise science at University of New Mexico. Coach-Joe Franklin In 2016: 8 'Great' Edinburgh 4x1K XC; 1 Azusa Clay 1500 'B'; 4 Stanford Jordan 1500 'C'; 1 Fresno 1500; 2ht NCAA West; 10 NCAA 1500; 4 UK 1500; 10 WJC 1500; 3 Liverpool junior XC	
		105	MAHAMED Mahamed GBR	19y
			2015 English under-17 'National' Cross Country Champion // 5000 pb: 14:36.41 -16. At EXC: 2015-22J (team bronze). 5 English Schools under-17 3000 2014; 1 English 'National' under-17 XC 2015. Born-Ethiopia, has lived in Britain since 2010 and received a British passport in 2014. Coach-Peter Haynes He is the middle of three brothers all of whom are athletes: older-Abdi Mahamed (3 Hampshire under-20 XC 2015), younger-Zakariya Mahamed (1 English under-15 3000 2015) In 2016: 8 'Great' Edinburgh junior XC; 1 Rotselaar short course XC; 10 English 'National' under-20 XC; 4 UK Inter-Counties junior XC; 7 Street 3000; 1 Hampshire 5000; 3 Watford BMC 5000 'B'; 3 British League div 1/Jun 4; 8 English Schools 3000; 4 Oxford BMC 5000 'B'; 15 'Great' South Run 10M; 2 Liverpool junior XC	
		110	STEVENS Sam GBR	18y
			2016 English Schools Champion at 3000m // 5000 pb: 14:25.81 -16. 3000 pb: 8:17.16 -16. 1 English Schools 3000 2016. Coach-Alan Maddocks In 2016: 1 Cardiff XC; 1 Leicestershire 5000; 4 Watford 3000; 1 English Schools 3000; 3 Oxford BMC 5000; 2 Milton Keynes junior XC; 6 Liverpool junior XC	
13	FRIDRICH Maximilian AUT	19y	800 pb: 1:54.84 -15. 1500 pb: 3:56.32 -16 In 2016: 5 Austrian indoor 3000; 4 Regensburg 800; 1 Vöcklabruck 800; 2 Austrian 800 (3 1500)	
18	SCHMID Stefan AUT	17y	2000SC pb: 5:54.79 -16. 3000 pb: 8:40.01 -16. 2 European youth 2000SC 2016 In 2016: 1 Klagenfurt 3000; 2 European youth 2000SC; 7 Darmstadt junior XC	
29	LONNEUX Oussama BEL	19y	1500 pb: 3:50.92 -16. 3000 pb: 8:29.22 -16 In 2016: 6 Rotselaar short course XC; 2 Dour junior XC; 1 Namur 800 'B'; 1 Oordegem IFAM 1500 'G'; 1 Oordegem Buyle 800 'G'; 4 Lier 800 'B'; 8 Heusden National 1500 'C' 'C'; 9 Ninove 800 'D'; 6 Kessel-Lo 3000 'B'; 2 Roeselare junior XC	
30	MORTIER Jennen BEL	19y	1500 pb: 3:50.81 -16. 3000 pb: 8:19.43 -16. At EXC: 2015-49J In 2016: 8 European Clubs Cup junior XC; 5 Rotselaar short course XC; 6 Herentals 800 'B'; 4 Oordegem 1500; 4 Oordegem IFAM 1500 'F'; 10 Belgian 1500; 5 Lokeren 1500 'B'; 1 Rieme 3000 'B'; 1 Ninove; 1 Roeselare junior XC	
34	SINÁGL Viktor CZE	19y	24 European Junior Mountain Running Champs 2014 (35 World Junjr 2016) In 2016: 35 World Junior Mountain Running Champs	
40	IBRAHIM Mubaarik DEN	18y	In 2016: 10 Nordic junior XC	
41	JENSEN Kristian Holm DEN	19y	5000 pb: 14:37.88. At EXC: 2014-54J, 2015-78J. 1 Nordic junior XC 2016 In 2016: 5 Danish Clubs 5000; 1 Middelfart junior XC; 1 Nordic junior XC	
42	LINDGREEN Andreas Holst DEN	18y	3000 pb: 8:19.46 -16. 1500 pb: 3:46.88 -16. 14 World Youth 3000 2015; ht WJC 1500 2016 In 2016: 1 Allerød 1500; 4 European Clubs Cup 1500 (5 3000); 13 Oordegem Buyle 1500 'C'; 4 Copenhagen Games 800; 3 Mannheim Junior Gala 1500; 2 Gothenburg 1500; 12ht WJC 1500; 3 Danish 1500; 5 Nordic junior XC	
44	ROSBO Joachim Weel DEN	19y	5000 pb: 14:39.94 -15. 14 EJC 10,000 2015. At EXC: 2013-94J, 2014-30J, 2015-41J In 2016: 1 Oordegem IFAM 5000; 3 Bagsværd 3000; 3 Middelfart XC; 6 Nordic junior XC	
49	BEN Adrian ESP	18y	Full name-Adrian Ben Montenegro // 5000 pb: 14:15.37 -16. 1500 pb: 3:44.52 -16. 6 World Youth 2000SC 2015; ht WJC 1500 2016. At EXC: 2015-69J. Coach-Arturo Martín In 2016: 5 Spanish junior indoor 3000; 1 Madrid 800; 1 Barcelona 5000; 3 Alcobendas 1500; 1 Spanish junior 1500; 6ht WJC 1500	
51	EL HAMDOUINI Annasse Mahboub ESP	17y	3000 pb: 8:20.20 -16. 5 European Youth Olympic Festival 3000 2015. Coach-Josep Carballude In 2016: 1 Sabadell 3000; 1 Spanish youth 3000; 2 Mataró 1500 'B'; 2 European youth 3000	
54	FONTES Ignacio ESP	18y	1500 pb: 3:42.38 -16. 800 pb: 1:48.44 -16. 6 World Youth 1500 2015; sf WJC 800 2016. Coach-Jesús Montiel In 2016: 17 European Clubs Cup junior XC; 1 Spanish junior indoor; 1 Granada 800; 1 Granada 800; 2 Fuenlabrada 800; 1 Huelva 800 'B'; 5 Madrid 800 'B'; 15 Catalan 1500; 1 Spanish junior 800; 5sf WJC 800	
57	GONZÁLEZ Miguel ESP	18y	2016 World youth finalist at 3000m // 10,000 pb: 30:28.26 -16. 5000 pb: 14:18.29 -16. 3000SC pb: 8:55.23 -16. 13 World Youth 3000 2015; ht WJC 3000SC 2016. Coaches-Juan del Campo & Luis Miguel Martín. In 2016: 2 Spanish junior indoor 3000; 6 Iberian Trophy 10,000 'B'; 3 Vigo 3000; 2 Ourense 1500; 1 Madrid 1500; 2 Barcelona 5000; 3 Spanish junior 3000SC; 13ht WJC 3000SC	
58	IFRAJ Ossama ESP	19y	10,000 pb: 30:50.57 -16. 3000 pb: 8:23.90 -16. At WXC: 2015-111J. Coach-Angel Altí In 2016: 1 San Sebastián XC; 12 Iberian Trophy 10,000 'B'	
67	TORRENTS Jordi ESP	19y	2016 World junior finalist at 1500m // 1500 pb: 3:40.92 -16. 6 EJC 1500 2016; 5 Youth Olympic Games 3000 2014; 7 WJC 1500 2016. At WXC: 2015 -76J. At EXC: 2014-7J. Coach-María Carbó In 2016: 13 Catalan; 2 Spanish junior 1500; 7 WJC 1500	

112	SURAFEL Paulos GBR	19y	159	WORKU Eshetu ISR	17y
	5000 pb: 14:09.86 -16. 3000 pb: 8:12.99 -16. 3 London 'Mini' Marathon 2011/2014; 2 English 'National' under-17 XC 2012; 2 English junior 3000 2016. Eritrean descent. Coach-Craig Winrow			3000 pb: 8:33.22 -16. 11 European youth 3000 2016	
	In 2016: 2 Antrim junior XC; 3 British Universities short race XC; 1 Chessington 10K; 9 Watford Open 3000; 6 Manchester BMC 5000; 7 Watford BMC 5000; 6 British League div 1/Jun 4 1500; 2 English junior 3000; 17 UK 5000; 5 Twickenham 10K; 3 Milton Keynes junior XC; 4 Liverpool junior XC		160	BELGHITI Mustafà ITA	18y
115	YEE Alexander GBR	18y		5000 pb: 14:44.13 -16. Coach-Claudio Tagliabue	
	2015 World Youth finalist at 3000m. 2016 World Junior Duathlon Champion			In 2016: 15 Brugherio 3000; 9 Chiari 5000	
	5000 pb: 13:52.01 -16. 3000 pb: 8:01.63 -16. 1500 pb: 3:51.66 -15. 6 World Youth 3000 2015; 3 Commonwealth Youth Games 3000 2015; 9 WJC 5000 2016. At EXC: 2015-9J. 1 English Schools XC 2016. Coach-Kenneth Pike		164	CHIAPPINELLI Yohanes ITA	19y
	In 2016: 1 'Great' Edinburgh junior XC; 1 English Schools XC; 1 British League div 2/May 7 3000; 1 Loughborough International 3000; 2 Watford BMC 5000; 9 WJC 5000; 1 Liverpool junior XC			2015 European Junior Steeplechase Champion // 3000SC pb: 8:32.66 -16.	
	In Avilés, Spain on June 4 he became World Junior Duathlon Champion (Cycling / Running)			5000 pb: 14:09.14 -16. 10 World Youth 3000 2013; 6 WJC 3000SC 2014. 1 EJC 3000SC 2015; 5 WJC 3000SC 2016. At WXC: 2013-44J, 2014-5J, 2015 -33J. At EXC: 2014-5J, 2015-20J. Born-Ethiopia. Coach-Maurizio Cito	
119	EISELE Lukas GER	19y	167	CUNEO Ademe ITA	18y
	5000 pb: 14:29.18 -15. 1500 pb: 3:51.55 -15. At EXC: 2015-40J			5000 pb: 14:42.46 -16. Born-Ethiopia. Coach-Carlo De Antoni	
	In 2016: 3 German junior indoor 3000; 9 Pliezhausen 3000; 11 Karlsruhe 5000; 3 Darmstadt junior XC			In 2016: 2 Ivry-sur-Seine 3000; 2 Trento 3000 'B'; 8 Chiari 5000; 4 Rennes 10K	
120	HEINRICH Marvin GER	19y	169	DE MARCHI Jacopo ITA	18y
	1500 pb: 3:45.31 -16. 800 pb: 1:50.12 -16. sf EJC 800 2015; ht WJC 1500 2016 At EXC: 2015-62J			1500 pb: 3:58.93 -16. Coach-Roberto Furlanic	
	In 2016: 1 German junior indoor 1500; 1 Berlin 800/1500; 2 Osterode 1500; 2 Regensburg Open Extra 1500; 14ht WJC 1500; 2 Darmstadt junior XC		176	OUHDA Ahmed ITA	19y
122	MERGENTHALER Jens GER	19y		5000 pb: 14:41.30 -06. 3 Italian junior 5000 2016. Born-Morocco. Coach-Pasquale Venditti	
	5000 pb: 14:48.74 -16. 1500 pb: 3:50.79 -16. 1 German junior 5000 2016			In 2016: 2 Italian junior XC; 4 Busto Arsizio 5000; 3 Italian junior 5000	
	In 2016: 12 Pliezhausen 3000; 1 German junior 5000; 1 Neustadt 1500		178	POLIKARPENKO Sergiy ITA	18y
126	SEELHÖFER Jannik GER	19y		5000 pb: 14:20.39 -16. 17 WJC 5000 2016. Born-Ukraine. His father Vladimir Polikarpenko competed for that country at the Olympic Games of 2000, 2004 & 2008. Coach-Gianni Crepaldi	
	3000SC pb: 8:56.30 -16. 8 EJC 3000SC 2015; ht WJC 3000SC 2016			In 2016: 4 Italian junior 5000; 1 Turin 5000; 17 WJC 5000; 2 Italian junior 10K; 10 Rennes 10K	
	In 2016: 1 Hannover 3000; 4 German junior indoor 3000; 1 Zeven; 8 Oordegem IFAM 'B'; 15 Regensburg Open Extra; 10ht WJC 3000SC; 2 German junior 2000SC; 1 Darmstadt junior XC		184	BOGDANOVŠ Jevgēnijs LAT	19y
128	TORTELL Marc GER	18y	187	MEDVEDS Arturs-Niklavs LAT	17y
	800 pb: 1:52.26 -16. 1500 pb: 3:54.85 -15			At EXC: 2015-76J	
	In 2016: 2 Hessen junior indoor 800; 1 German junior indoor 3000; 6 German junior 800; 8 Darmstadt junior XC		195	INGEBRIGTSEN Jakob NOR	16y
134	CURTIN Fearghal IRL	18y		His older brothers Henrik and Filip have both been European Champions at 1500m	
	5000 pb: 15:19.16 -16. 3 Irish junior XC 2016			1500 pb: 3:42.44 -16. 800 pb: 1:51.07 -16. 5000 pb: 14:38.67 -16. 9 WJC 1500 2016. In 2015 set a world age-14 800m best of 1:52.60	
	In 2016: 2 Cork 3000; 4 Irish Schools 5000; 9 Irishtown IMC 3000; 12 Cork City Sports 3000; 1 Dublin Morton junior One Mile; 4 Leixlip 3000; 3 Irish junior XC			In 2016: 7 Hamar; 1 Oordegem IFAM; 6 Jessheim; 9 Oslo Diamond National; 1 Bærum 800/3000; 1 Gothenburg 1500 (2 800); 9 WJC 1500; 3 Norwegian 1500 (5 800); 1 Norwegian junior 1500/5000 (2 800); 1 Norwegian youth 800/1500SC; 11 Brussels Diamond 800 'B'	
138	KEANE Barry IRL	19y	199	BORATYŃSKI Dariusz POL	19y
	5000 pb: 15:01.41 -16. 2 Irish junior 3000 2015			3000 pb: 8:35.10 -16	
	In 2016: 11 Greystones IMC 5000; 5 Dublin 1500; 2 Dublin Morton junior One Mile; 3 Leixlip 1500 'B'; 4 Irish junior XC			In 2016: 1 Jelenia Góra 3000; 7 Polish junior 3000	
139	LYNCH Peter IRL	19y	203	FIALHO Filipe POR	19y
	5000 pb: 14:42.52 -15. At EXC: 2015-52J			10,000 pb: 30:49.24 -16	
	In 2016: 13 'Great' Edinburgh junior XC; 9 Athlone 3000; 1 Dublin Morton 800; 2 Irish junior XC			In 2016: 21 Iberian Trophy 10,000 'B'; 28 WJC 10,000	
141	McELHINNEY Darragh IRL	16y	205	GIL Hugo POR	19y
	1500 pb: 3:54.50 -16			800 pb: 1:50.48 -15. 1500 pb: 3:55.49 -16. ht EJC 800 2015	
	In 2016: 34 'Great' Edinburgh junior 6K XC; 10 Irishtown IMC 1500; 2 Cork City Sports junior 1500; 11 Dublin Morton 1500; 1 Irish youth XC			In 2016: 12 Lisbon 1500 (Jun 12); 7 Lisbon 800; 6 Cáceres 800; 10 Mataró 800; 2 Guarda 800	
143	O'DONOVAN Charlie IRL	17y	206	MOREIRA Jorge POR	19y
	1500 pb: 3:54.36 -16. 8 European youth 1500 2016			3000SC pb: 9:43.61 -15. At EXC: 2015-81J	
	In 2016: 4 Tullamore 1500; 6 Irishtown IMC 1500; 1 Cork City Sports junior 1500; 8 European youth 1500; 10 Leixlip 1500; 2 Irish youth XC			In 2016: 14 European Clubs Cup junior XC; 2 Lousada 3000; 3 European Junior Clubs Cup 3000SC	
144	O'LEARY Jack IRL	19y	210	VITORINO Filipe POR	18y
	5000 pb: 14:28.16 -15. 3000 pb: 8:14.13 -16. 19 EJC 5000 2015; 25 WJC 5000 2016. At EXC: 2014-61J, 2015-23J. Coach-Joe Ryan			10,000 pb: 30:30.74 -16. 5000 pb: 14:31.01 -16. At EXC: 2015-dnfJ. 1 Romanian junior 5000 2014	
	In 2016: 6 'Great' Edinburgh junior XC; 5 Irish indoor 3000; 5 Belfast IMC 3000; 1 Irish Schools 5000; 8 Cork City Sports 3000; 2 Irish junior 1500; 25 WJC 5000; 2 Bethlehem XC; 4 Boston Mayor's Cup XC; 1 Irish junior XC		212	CHIS Laviniu Madalin ROU	19y
152	BELACHAW Gudawaw ISR	19y		10,000 pb: 30:30.74 -16. 5000 pb: 14:31.01 -16. At EXC: 2015-dnfJ. 1 Romanian junior 5000 2014	
	10,000 pb: 30:41.38 -16. 26 WJC 10,000 2016			In 2016: 4 Romanian indoor 3000; 2 Romanian junior indoor 3000; 2 Romanian 5000 (3 10,000)	
	In 2016: 3 Tel Aviv 10,000; 26 WJC 10,000		213	COCHIOR Mihai ROU	17y
153	GETAHUN Tedese ISR	19y		2000SC pb: 6:04.36 -16	
	10,000 pb: 30:56.82 -16 // In 2016: 5 Tel Aviv 10,000			In 2016: 2 Pitesti 2000SC; 1 Bucharest 2000SC; 1 Romanian youth 2000SC; 13 European youth 2000SC	
156	MALEDE Bukayaw ISR	19y	214	GARCEA Adrian ROU	17y
	10,000 pb: 30:43.01 -16. 27 WJC 10,000 2016			2016 European youth bronze at 3000m // 3000 pb: 8:20.94 -16. 2000SC pb: 6:02.29 -16. 3 European youth 3000 2016 (11 2000SC)	
148	MOHAMED ELDAI Sami ISR	19y	211	MARIAN Catalin Mihai ROU	18y
	10,000 pb: 30:43.01 -16. 27 WJC 10,000 2016			10,000 pb: 30:30.74 -16. 5000 pb: 14:31.01 -16. At EXC: 2015-dnfJ. 1 Romanian junior 5000 2014	
	In 2016: 2 Tel Aviv 10,000; 27 WJC 10,000		215	RUSU Dorin Andrei ROU	18y
157	RAMON Omer ISR	19y		10,000 pb: 30:22.17 -16. 3000 pb: 8:24.61 -16. dq World Youth 3000 2015 ("Infringement of the inside border"); 21 WJC 10,000 2016. At EXC: 2015-24J	
	10,000 pb: 31:02.50 -16. 5000 pb: 14:34.87 -16. 18 EJC 10,000 2015			In 2016: 5 Romanian indoor 3000; 1 Romanian junior indoor 1500/3000; 1 Nicosia 3000; 1 Pitesti 10,000; 1 Bucharest 1500; 21 WJC 10,000; 2 Balkan junior XC	
	In 2016: 8 Tel Aviv 10,000; 9 Ninove 5000 'B'				

216	STOEAN Cristian ROU	19y
	3000 pb: 8:41.86i -16. At EXC: 2013-98J In 2016: 4 Romanian junior indoor 3000; 39 World Junior Mountain Running Champs	
217	AMON Ambrož SLO	18y
	At EXC: 2014-86J	
218	KOKALJ Jan SLO	19y
	5000 pb: 14:58.48 -16. At EXC: 2015-72J In 2016: 1 Slovenian junior 10,000; 2 Slovenian Cup 5000 (3 3000); 1 Slovenian 3000; 1 HUN v CZE v SLO v SVK junior 5000	
221	BIBIC Elzan SRB	17y
	2016 European Youth Champion at 3000m // 5000 pb: 13:51.40 -16. 3000 pb: 8:01.90 -16. 1500 pb: 3:47.40 -16. 1 European Youth Olympic Festival 3000 2015; 1 European youth 3000 (8 800); 8 WJC 5000 2016 (11 1500). At EXC: 2015-28J. 1 Serbian 1500 2016 In 2016: 1 Serbian indoor 3000; 1 Balkan indoor 3000; 1 Bar 1500; 1 Kruševac 1500; 1 Kragujevac 1500 (2 800); 1 Zenica 3000; 1 Serbian Cup 1500 (4 800); 1 Serbian 1500 (3 800); 1 Balkan youth 3000; 1 European youth 3000 (8 800); 8 WJC 5000 (11 1500); 2 Belgrade XC (Oct 23); 5 Balkan junior XC; 2 Belgrade XC (Nov 6)	
222	ASHENE Abraham SUI	19y
223	BILL Marc SUI	19y
	1500 pb: 3:48.72 -16. 800 pb: 1:51.51 -16. 3 Swiss 1500 2016 In 2016: 2 Langenthal 800; 12 Montbéliard 1500 'B'; 2 Geneva 1500; 7 Mannheim Junior Gala 1500; 2 Nottwil 1500; 3 Swiss 1500; 4 Lausanne Diamond national 800; 2 Swiss junior 800; 10 Darmstadt junior XC	
227	SCHÜPBACH Simon SUI	19y
228	VOLERY Jan SUI	18y
231	JANKOVIČ Marek SVK	18y
232	KOSTÚR Ján SVK	18y
233	MUHA Lukáš SVK	19y
236	VERBOVSKÝ Matúš SVK	18y
248	ATAÇ Sezgin TUR	18y
	In 2016: 2 Adana junior XC	
249	BOZKURT Ferhat TUR	19y
	2015 World Junior & 2016 European Junior Mountain Running Champion 10,000 pb: 30:53.70 -15. 3000SC pb: 9:36.26 -16. 1 World Junior Mountain Running Champs 2015 (2014-3, 2016-5); 1 European Junior Mountain Running Champs 2016 (2014-2). At EXC: 2014-13J, 2015-48J In 2016: 2 European Clubs Cup junior XC; 1 European Junior Mountain Running Champs; 5 World Junior Mountain Running Champs; 8 Sivas XC; 3 Adana junior XC	
250	DAĞTEKIN Nurkan TUR	17y
	3000 pb: 8:40.68 -16. 2 European Youth Olympic Festival 3000 2015 In 2016: 3 European Clubs Cup junior XC; 2 Turkish youth 3000; 2 Sivas XC; 4 Balkan junior XC; 4 Adana junior XC	
253	KARAGÖZ Ramazan TUR	19y
	10,000 pb: 30:00.21 -15 1 European Junior Mountain Running Champs 2013; 2 World Junior Mountain Running Champs 2013/2014 (2016-4); 7 EJC 10,000 2015; 30 WJC 10,000 2016. At EXC: 2014-42J In 2016: 6 European Clubs Cup junior XC; 3 Turkish 10,000; 21 ECP 10,000; 30 WJC 10,000; 4 World Junior Mountain Running Champs; 1 Sivas junior XC; 3 Balkan junior XC; 5 Adana junior XC	
256	OTI Ömer TUR	18y
	3000 pb: 8:25.99 -15. 1500 pb: 3:45.39 -15. 800 pb: 1:49.73 -16. 1 Youth Olympic Games 1500 'B' 2014; ht WJC 1500 2016. Disqualified from 2015 European Junior 1500m final for jostling and obstruction (originally 4th). At EXC: 2014-dnfJ, 2015-51J In 2016: 1 Istanbul 3000; 5 European Clubs Cup junior XC; 3 Turkish indoor; 2 Turkish 800 (5 1500); 1 Turkish junior 800/3000; 1 Balkan junior 3000; 9ht WJC 1500; 5 Sivas junior XC; 1 Adana junior XC	
259	ÖZSEÇER Mustafa TUR	19y
	3:51.30 -16.2 Balkan junior 1500 2016 In 2016: 12 European Clubs Cup junior XC; 5 Turkish indoor 3000; 5 Turkish 800; 2 Turkish junior 1500; 2 Balkan junior 1500; 6 Adana junior XC	
262	ALFIMOV Artem UKR	18y
	3000 pb: 8:46.74 -16	
264	HAZUKIN Vasyi UKR	19y
	3000SC pb: 9:13.53 -16 In 2016: 7 Ukrainian teams indoor; 1 Ukrainian junior indoor 3000/2000SC; 2 BLR v FRA v LAT v TUR junior indoor; 1 Ukrainian junior 3000SC	
273	VUYKO Oleksandr UKR	18y
	3000 pb: 8:42.36 -16 In 2016: 2 Ukrainian junior indoor 3000; 7 Ukrainian indoor 1500; 2 Ukrainian junior 3000	
274	ZHELEM Igor UKR	19y
	In 2016: 1 Ukrainian junior indoor 'B'	

Under-23 Men's Race

11:50
73 Entrants
22 Countries

8150m – Start/90m + 1 short/500m + 5 long/1500m + finish/60m
6 run, 4 score

Age

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| 11 | <p>MKRTCHYAN Yervand ARM 20y
1500 pb: 3:50.41 -16. 3000 pb: 8:20.09 -16. 1 Armenian 3000 2014/2016; 1 Armenian 1500 2015/2016
In 2016: 1 Armenian 1500/3000; 2 Small States of Europe Games 3000; 1 Armenian under-23 1500/3000; 2 Balkan 3000 (6 1500)</p> | 45 | <p>SIMONSEN Jacob DEN 21y
5000 pb: 14:43.11 -16. ht World Youth 3000 2011. At EXC: 2013-42J, 2013 -43J. Attends the University of New Mexico
In 2016: 2 Oordegem IFAM 5000; 15 Madison XC; 40 NCAA Mountain West Conference XC; 42 NCAA Mountain Regional XC</p> |
| 14 | <p>INNERHOFER Hans Peter AUT 21y
His twin brother is fellow Mountain Running international Manuel Innerhofer
At EXC: 2014-48J, 2015-52u23. 15 European Junior Mountain Running Champs 2014
In 2016: 4 Austrian 10,000; 16 Darmstadt XC</p> | 48 | <p>AIT ALIBOU Lahcen ESP 20y
5000 pb: 13:54.61 -16. dq World Youth 3000 final 2013 (out of lane). 1 Spanish junior indoor 3000 2015. Coach-Maria Carbó
In 2016: 6 Sabadell 3000; 6 Spanish under-23 indoor 3000; 4 Mediterranean under-23 5000; 2 Spanish under-23 5000; 11 Catalan 5000; 1 Mataró 1500 'B'; 10 Spanish 5000</p> |
| 15 | <p>KREUTZER Julian AUT 20y
In 2016: 34 Darmstadt XC</p> | 59 | <p>JELLOUL Mohamed Ali ESP 22y
Full name-Mohamed Ali Jelloul Bujan
2016 Mediterranean under-23 10,000m Champion
10,000 pb: 29:25.80 -15. 5000 pb: 14:12.02 -15. 3000SC pb: 8:46.79 -16. dnf EJC 10,000 2013; dnf under-23 ECH 10,000 2015; 1 Mediterranean under-23 10,000 2016. At EXC: 2013-75J, 2015-37u23. 1 Spanish junior 10,000 2013. Coach-Eugenio Barrios
In 2016: 14 Iberian Trophy 10,000; 2 Alcobendas 3000SC; 2 Alcorcón; 1 Mediterranean under-23 10,000; 3 Castellón 3000SC; 3 Alcobendas 3000SC; 3 Spanish under-23 3000SC; 9 Spanish 3000SC; 17 Soria XC</p> |
| 19 | <p>SINN Luca AUT 20y
3000SC pb: 9:06.35 -15. ht World Youth 2000SC 2013. 10 EJC 3000SC 2015. At EXC: 2014-58J. Attends Weber State University in Ogden, Utah
In 2016: 3 Austrian indoor 3000; 1 Südstadt 3000SC; 6 Koblenz 5000; 5 Regensburg Open Extra 3000SC; 2 Kortrijk 3000SC 'B'; 18 Madison XC; 20 NCAA Big Sky Conference XC; 46 NCAA Mountain Regional XC</p> | 60 | <p>LAHOUI El Madhi ESP 20y
2015 European Junior Cross Country bronze // 5000 pb: 14:03.74 -15. 5 EJC 5000 2015. At EXC: 2015-3J. 1 Spanish junior 5000 2015
In 2016: 6 Spanish indoor 3000; dnf Huelva 5000; 12 Catalan 5000; 25 Soria XC</p> |
| 21 | <p>THEUER Timon AUT 22y
In 2016: 13 Darmstadt XC</p> | 63 | <p>MAYO Carlos ESP 21y
2014 European Cross Country Junior silver, then under-23 silver in 2015
5000 pb: 13:34.95 -16. 10,000 pb: 28:53.95 -15. 10 WJC 10,000 2014 (14 5000); 3 under-23 ECH 5000 2015; 14 ECH 5000 2016. At EXC: 2013-35J, 2014-2J, 2015-2u23. Born-Madrid, coach-José Luis Mareca
In 2016: 21 'Great' Edinburgh XC; 5 Huesca XC; 2 Zaragoza 3000; 3 Spanish under-23 indoor 1500; 12 Huelva 5000; 3 Alcobendas 3000; 1 Spanish under-23 5000; 16 Catalan 1500; 14 ECH 5000; 4 Spanish 5000; 13 Alcobendas XC</p> |
| 24 | <p>CASTEELE Steven BEL 22y
10,000 pb: 29:45.39 -15. 5000 pb: 13:45.05 -15. 7 EJC 5000 2013; 10 under-23 ECH 5000 2015. At EXC: 2012-33J, 2013-8J, 2014-22u23, 2015-45u23
In 2016: 2 Rotselaar XC; 8 Dour XC; 3 Kapellen 3000; 30 Oordegem IFAM 5000; 3 Belgian 3000SC; 5 Kortrijk 3000SC 'B'; 4 Ninove 5000; 9 Kessel-Lo 1500 'B'; 7 Roeselare XC</p> | 65 | <p>MOKHTAR Ayoub ESP 20y
Fourth at 2014 European Junior Cross Country Championships & 2015 European Junior 1500m
1500 pb: 3:43.65 -16. 4 EJC 1500 2015; At WXC: 2015-57J. At EXC: 2014 -4J, 2015-dnfJ. 1 Spanish junior 1500 2015. Ex-Morocco. Gained Spanish citizenship on October 30, 2014. Coach-Juan Ramón García
In 2016: 1 Spanish indoor 3000; 6 Huelva 1500 'B'; 2 Mataró 1500; 4 Spanish 1500; 10 Alcobendas XC</p> |
| 25 | <p>DEBOGNIES Simon BEL 20y
(Debognies pronounced "de-bonny")
2015 European Junior silver at 5000m
5000 pb: 13:47.03 -16. 3000 pb: 7:57.85 -16. 1500 pb: 3:46.49 -15. 2 EJC 5000 2015. At EXC: 2014-68J, 2015-11J
In 2016: 1 Pliezhausen 3000; 11 Nijmegen 5000; 18 Oordegem IFAM 5000; 3 Oordegem Buyle 1500; 7 Belgian 1500; 4 Roeselare XC</p> | 66 | <p>RAMOS Jesus ESP 20y
Full name-Jesús Ramos Reviejo // 1500 pb: 3:42.40 -16. 5000 pb: 14:38.56 -15. 7 World Youth 1500 2013. At EXC: 2015-15J. Coach-Arturo Martín
In 2016: 5 Fuenlabrada 800; 3 Mediterranean under-23 1500; 1 Madrid 3000; 2 Ordizia 1500; 7 Mataró 1500; 12 Spanish 1500; 5 Kessel-Lo 1500; 22 Atapuerca XC</p> |
| 27 | <p>KERSTEN Dieter BEL 20y
2015 European junior bronze at 10,000m // 10,000 pb: 28:57.79 -16. 5000 pb: 14:03.66 -16. 3 EJC 10,000 2015 (10 5000). At EXC: 2015-8J. 1 Belgian indoor 3000 2016. Coach-Karel Lismont (Olympic Marathon medallist in 1972 & 1976)
In 2016: 1 Kerkrade XC; 1 Belgian indoor 3000; 5 Herentals 3000; 1 Kapellen 3000; 6 Oordegem IFAM 5000 'B'; 2 Oordegem Buyle 3000; 18 Leiden 10,000; 7 Belgian 5000; 10 Heusden 5000 'B'; 9 Ninove 5000; 10 Kessel-Lo 'B'; 5 Roeselare XC</p> | 70 | <p>RAITANEN Topi FIN 20y
3000SC pb: 8:52.75 -15. 1 Nordic junior 3000SC 2015; 1 Finnish junior 3000SC 2015
In 2016: 16 Nordic XC</p> |
| 28 | <p>KIMELI Isaac BEL 22y
Full name-Isaac Kipruto Kemeli (Kenyan origin)
2015 European under-23 silver at 5000m
5000 pb: 13:34.48 -14. 3000 pb: 7:57.77 -15. 1500 pb: 3:37.79 -16. 800 pb: 1:46.93 -16. 9 ECH 1500 2016. At WXC: 2013-30J. At EXC: 2012-6J, 2013 -2J, 2014-20u23, 2015-38u23. ht ECH 1500 1500 2014; 2 under-23 ECH 5000 2015. 1 Belgian 1500 2014 & XC 2015. Coach-Tim Moriau
In 2016: 7 Rotselaar XC; 2 Dour XC; 1 Kessel-Lo 800; 5 Nijmegen 1500; 3 Dessau 1500; 2 Bottrop 1500; 5 Oordegem Buyle 800; 2 Lokeren 800; 6ht ECH; 9 ECH 1500; 12 Heusden; 1 Roeselare XC</p> | 74 | <p>BOUR Felix FRA 22y
5000 pb: 13:54.83 -15. 1500 pb: 3:47.74 -15. ht World Youth 3000 2011; 14 under-23 ECH 5000 2015. At EXC: 2012-102J, 2014-31u23, 2015-23u23. Coach-Michel Poitel
In 2016: 2 Forbach 1500; 8 Montgeron 3000; 14 Carquefou 5000; 7 Amiens 1500 'B'; 4 French 5000; 13 Kortrijk 1500 'C'; 3 French under-23 5000; 8 Gujan Mestras XC</p> |
| 31 | <p>SOMERS Michael BEL 21y
5000 pb: 13:59.47 -16. 1500 pb: 3:45.49 -16. 5 Belgian 5000 2016
In 2016: 10 Rotselaar XC; 8 Herentals 3000; 15 Oordegem IFAM 5000 'B'; 3 Oordegem Buyle 3000; 4 Brussels 1500 'B'; 5 Belgian 5000; 6 Heusden 5000 'B'; 3 Ninove 1500 'C'; 4 Kessel-Lo 1500 'B'; 9 Roeselare XC</p> | 84 | <p>KLEIN Theodore FRA 22y
10,000 pb: 30:35.07 -16. At WXC: 2013-69J. At EXC: 2013-59J, 2014-43u23
In 2016: 17 French 10,000; 12 Gujan Mestras XC; 12 Gujan-Mestras 10K</p> |
| 32 | <p>CHEPIKAU Anton BLR 22y
10,000 pb: 30:47.04 -16. 5000 pb: 14:42.63 -15. At EXC: 2013-63J
In 2016: 1 Belarusian Universities indoor 3000; 5 Belarusian Cup 3000; 10 Belarusian indoor 3000; 3 Belarusian University Games 10,000; 8 Belarusian Cup 3000</p> | 87 | <p>MIELLET Alexis FRA 21y
2014 World Junior 1500m finalist // 1500 pb: 3:42.47 -15. 8 WJC 1500 2014; 9 under-23 ECH 1500 2015. At EXC: 2013-14J, 2014-24J, 2015-49u23. 1 French under-23 1500 2015. Coach-Remy Geoffroy
In 2016: 1 Dijon 1500; 8 Carquefou 1500; 3 Amiens 1500 'B'; 3 Nivelles 800 'C'; 9 Ninove 1500 'B'; 13 Paris 10K; 11 Gujan Mestras XC</p> |
| 35 | <p>ZEMANIK Jakub CZE 21y
10,000 pb: 30:40.91 -14. 5000 pb: 14:15.43 -15. 22 WJC 10,000 2014. At EXC: 2013-46J, 2014-52u23, 2015-15u23. 1 Czech indoor 3000 2015
In 2016: 6 Pliezhausen 3000; 1 Pízen 5000; 10 Dessau 3000; 9 Regensburg Open Extra 5000; 2 Prague 10K</p> | 89 | <p>ROUDOLFF-LÉVISSE Emmanuel FRA 21y
10K pb: 29:37 -16. 5000 pb: 11:04.21 -16. 8 EJC 5000 2013. At WXC: 2013 -62J. At EXC: 2012-19J, 2013-63J, 2014-6J, 2015-36u23. Son of Pierre Levisse, who competed in 14 World Cross Country Championships with a best placing of seventh in 1984. Coach-Jean-Baptiste Congourdeau
In 2016: 6 Nice 10K; 10 Montgeron 3000; 12 Oordegem IFAM 5000 'B'; 6 Amiens 1500 'B'; 14 French 5000; 7 Kortrijk 1500 'C'; 8 Ninove 5000; 3 Paris to Versailles 16.3K; 2 FRA v ITA under-23 10K</p> |
| 36 | <p>DAHL-JESSEN Mikkel DEN 21y
1500 pb: 3:46.19 -16. At EXC: 2011-54J, 2012-27J, 2013-101J. 1 Danish under-23 1500 2015
In 2013: 16 "Great" Edinburgh junior XC; 8 Nordic junior XC</p> | | |

- 90** **SADDELINE Alexandre FRA** **22y**
5000 pb: 13:49.21 -15. 1500 pb: 3:38.86 -16. ht World Youth 1500 2011; 7 under-23 ECH 5000 2015. At WXC: 2013-29J. At EXC: 2012-7J, 2013-29J, 2014-52u23, 2015-14U23. 2 French under-23 1500 2015. Coach-Zouhir Foughali
In 2016: 1 Antony 800; 3 Decines 1500; 3 Montbéliard 1500; 5 Šamorín 1500; 12 Tomblaine 1500; 11 French 1500; 9 Gujan Mestras XC
- 91** **WITZ Nicolas FRA** **20y**
5000 pb: 14:21.97 -16. At EXC: 2015-16J
In 2016: 3 Longeville-les-Metz; Reims 3000; 1 Colmar 5000; 9 French 5000; 6 Gujan Mestras XC
- 94** **CHRISTOFI William GBR** **22y**
1500 pb: 14:21.93 -15. 1500 pb: 3:47.73 -16. 4 English under-23 5000 2016. Student of Classics at Oxford University. Coach-David Bedwell
In 2016: 13 Cardiff XC; 14 British Universities XC; 6 British Universities 5000; 10 Loughborough International 3000; 2 Watford BMC 'C'; 1 British League div 4/Jun 4; 4 English under-23 5000; 18 Liverpool XC
- 96** **CROSS Ellis GBR** **20y**
2016 English 'National' under-20 Cross Country Champion // 5000 pb: 14:20.02 -16. 1500 pb: 3:50.36 -16. Coach-Mick Woods
In 2016: 16 British Universities XC; 1 English 'National' under-20 XC; 7 Watford Open 3000; 1 Watford BMC 5000 'B'; 7 London '10,000' 10K; 4 South of England 1500; 3 English under-23 5000; 20 Liverpool XC
- 97** **DAVIES Jonathan GBR** **22y**
DEFENDING EUROPEAN UNDER-23 CROSS COUNTRY CHAMPION // 5000 pb: 13:23.94 -16. 3000 pb: 8:00.48i -16, 8:05.17 -15. 10,000 pb: 29:24.07 -15. 1500 pb: 3:43.15 -16. 3 EJC 5000 2013; 6 under-23 ECH 5000 2015; 16 ECH 5000 2016. At WXC: 2013-35J. At EXC: 2013-4J, 2014 -30u23, 2015-1u23. 1 British Universities 5000 2016. Student of biology at Birmingham University. Coach-Rob McKim
In 2016: 16 'Great' Edinburgh XC; 3 British Universities XC; 9 Glasgow IAAF Tour 3000; 1 British Universities 5000; 2 Manchester BMC; 3 Oordegem IFAM 5000; 12 Carquefou 5000; 6 UK 5000
- 98** **DEVER Patrick GBR** **20y**
5000 pb: 14:26.77 -16. 3000 pb: 8:12.38 -16. 2 English Schools under-17 3000 2013; 3 English Schools 3000 2015. Attends Loughborough University. Coach-Andy Bibby
In 2016: 5 Lancashire XC; 9 British Universities indoor 3000; 21 UK Inter-Counties XC; 2 Loughborough Open 1500; 4 British Universities 5000; 9 Manchester BMC 1500 'C'; 7 Loughborough International 3000; 4 Watford BMC 1500 'B'; 2 Stretford BMC 800 'C'; 3 North of England 1500; 5 English under-23 5000; 7 Solihull BMC 'B'; 14 Liverpool XC
- 100** **GEORGE Alex GBR** **20y**
2015 European Junior Champion at 5000m // 5000 pb: 13:49.46 -16. 3000 pb: 7:55.51i -16. 1500 pb: 3:44.14 -15. 3000 pb: 8:18.90 -13. 1 EJC 5000 2015. At WXC: 2015-39J. 1 English junior 5000 2015. Student of Kinesiology at the University of Arkansas. Coach-Paul de-Camps
In 2016: 8 Stanford Invitational Open 5000; 8 Azusa Clay 1500 'B'; 3 Fayetteville 1500; 8 Stanford Jordan 5000 'C'; 4 Tuscaloosa 5000; 13ht NCAA West 5000; 1 Boston College XC
- 109** **SHORT Alex GBR** **22y**
10,000 pb: 29:19.55 -16. 5000 pb: 14:13.48 -16. At EXC: 2013-26J. 1 Essex XC 2015. Was at Cambridge University, then the University of San Francisco. Coach-Philip O'Dell
In 2016: 18 Stanford Invitational Open 10,000 'B'; 16 Mt SAC Relays 1500; 13 Stanford 5000; 3 San Francisco Invitational XC; 21 Roy Griak Invitational XC; 7 LaVern Gibson Championship XC; 1 NCAA West Coast Conference XC; 4 NCAA West Regional XC; 22 NCAA XC
- 116** **BLUM Tobias GER** **21y**
5000 pb: 14:17.44 -16. Half Mar pb: 65:55 -16. At EXC: 2014-dnfU23
In 2016: 2 German under-23 XC; 5 German Half Mar; 3 Karlsruhe 5000; 3 German under-23 5000; 3 Cologne Half Mar; 26 Tilburg XC
- 117** **BOCH Simon GER** **22y**
3000 pb: 8:06.68i -16. At EXC: 2010-77J
In 2016: 1 Bayer indoor 3000; 5 Darmstadt XC; 39 Tilburg XC
- 121** **KARL Patrick GER** **20y**
2015 European Junior Steeplechase silver // 3000SC pb: 8:35.93 -16. 5000 pb: 14:39.16 -16. 10 World Youth 2000SC 2013; 12 WJC 3000SC 2014; 2 EJC 3000SC 2015. At EXC: 2015-30J. 1 German under-23 3000SC 2016
In 2016: 3 German under-23 XC; 6 Rehlingen 3000SC; 13 Oordegem IFAM 3000SC; 2 Regensburg Open 1500 'B'; 2 German 3000SC; 1 Bayer 5000; 1 German under-23; 30 Tilburg XC
- 124** **PETROS Amanal GER** **21y**
2015 European under-23 bronze on his international début // 10,000 pb: 29:28.21 -15. 5000 pb: 13:40.01 -16. 1500 pb: 3:46.72 -15. At EXC: 2015 -3u23. 1 German under-23 5000 & XC 2015/2016. Born-Eritrea, moved to Ethiopia at age 2, came to Germany as a asylum seeker in 2012 aged 16
In 2016: 8 German indoor 3000; 1 German under-23 XC; 2 Celle 10,000; 15 Oordegem IFAM 5000; 3 German 5000; 8 Kortrijk 1500 'C'; 7 Heusden 5000; 1 German under-23 5000; 9 Hamburg 10K; 1 Pforzheim XC; 7 Tilburg XC
- 125** **REINHARDT Philipp GER** **22y**
3000SC pb: 8:44.60 -16. Half Mar pb: 66:56 -16. 1500 pb: 3:45.64 -16. 4 EJC 3000SC 2013; 9 under-23 ECH 3000SC 2015. At EXC: 2012-55J, 2013-33J. 1 German under-23 3000SC 2015
In 2016: 1 German Universities indoor 3000; 16 Rehlingen 3000SC; 23 Oordegem IFAM 3000SC; 1 Gotha 1500; 8 German 3000SC; 1 Heusden National 1500 'C'; 2 German under-23 3000SC; 16 Berlin 10K; 5 Dresden Half Mar; 37 Tilburg XC
- 127** **TEWOLDE Kidane GER** **20y**
10,000 pb: 30:24.57 -15. 17 EJC 10,000 2015. At EXC: 2013-37J, 2014-14J
In 2016: 2 Oordegem IFAM 1500; 9 Regensburg Open Extra 1500; 7 Mannheim 800 'B'; 12 Heusden National 1500 'C'; 7 Darmstadt XC
- 131** **BYRNE Mitchell IRL** **22y**
5000 pb: 14:37.93i -15. Student of Accounting at American International College in Springfield, Massachusetts
In 2016: 2 Boston 'B'; 3 NCAA div 2 Northeast-10 Conference XC; 3 NCAA div 2 East Regional XC; 194 NCAA div 2 XC; 24 Irish XC
- 136** **FITZMAURICE Karl IRL** **20y**
5000 pb: 15:01.53 -16. 1 Irish under-23 5000 2016
In 2016: 4 Irish Universities 10,000; 2 Kilmarnock 5000; 16 Irishtown IMC 3000; 1 Irish under-23 5000; 8 Leixlip 3000; 23 Irish XC
- 149** **ABUHAI Yetayao ISR** **20y**
5000 pb: 14:41.68 -15 // In 2016: 4 Balkan under-23 XC
- 150** **ASSEFA Dgesew ISR** **22y**
151 **AYELE Gashaw ISR** **20y**
5000 pb: 14:49.30 -15 // In 2016: 1 Tel Aviv 3000
- 155** **KATSIR Eden ISR** **21y**
158 **TAICHAW Necho ISR** **20y**
1500 pb: 3:47.76 -16. 800 pb: 1:50.09 -16
In 2016: 3 Tel Aviv 800 (May 21); 1 Israeli 800 (3 1500); 1 Tel Aviv 1500 (Jun 30); 1 Heusden National 800 'B'
- 161** **BOUIH Yassin ITA** **20y**
3000 pb: 7:57.45i -16. 1500 pb: 3:44.74 -15. ht World Youth 1500 2013; 7 EJC 1500 2015. At WXC: 2015-82J. At EXC: 2014-41J, 2015-18J. Coach-Vittorio Di Saverio
In 2016: 1 Ancona 3000; 1 Italian under-23 indoor 1500; 2 Italian indoor 3000; 13 Pettinengo 9.6K; 3 Castel Romano XC
- 166** **CRIPPA Yemaneberhan ITA** **20y**
(Familiar name-Yeman)
Twice European Junior Cross Country Champion
5000 pb: 13:36.65 -16. 1500 pb: 3:38.95 -16. 6 World Youth 1500 2013; 10 WJC 1500 2014; 3 EJC 5000 2015. At WXC: 2013-38J, 2015-20J. At EXC: 2012-32J, 2013-7J, 2014-1J, 2015-1J. 1 Italian 1500 2016. Born-Ethiopian, lives-Trento. His older brother Nekagenet Crippa is also an international runner. Coach-Massimo Pegoretti
In 2016: 2 Italian XC; 1 Italian indoor 3000; 3 Turin 10K; 2 Trento 800; 8 Ostrava Golden Spike 1500; 5 Dessau 1500; 7 Bellinzona 5000; 1 Italian 1500; 8 ECH 5000; 7 Padua 1500; 2 Castelbuono 10K; 5 Feltre 9.5K; 10 Trento 10K; 7 Alcobendas XC
- 170** **DINI Lorenzo ITA** **22y**
2013 European Junior silver at 10,000m; his twin Samuele won silver at 10,000m at the same Championships
10,000 pb: 29:31.11 -13. 5000 pb: 13:53.70 -15. 9 World Youth 1500 2011; 3 European Youth Olympic Festival 3000 2011; 15 WJC 5000 2012; 2 EJC 10,000 2013. At WXC: 2013-32J. At EXC: 2012-13J, 2013-5J, 2015-6u23. Coach-Saverio Marconi
In 2016: 8 'Great' Edinburgh XC; 5 San Vittore Olona XC; 4 Italian indoor 3000; 14 Dongio 10K
- 171** **DINI Samuele ITA** **22y**
2013 European Junior silver at 5000m; his twin Lorenzo won silver at 10,000m at the same Championships
10K pb: 29:18 -16. 5000 pb: 13:50.13 -15. 2 European Youth Olympic Festival 3000 2011; ht World Youth 3000 2011; 18 WJC 5000 2012; 2 EJC 5000 2013; 4 under-23 ECH 5000 2015. At WXC: 2015-50J. At EXC: 2012 -44J. Coach-Saverio Marconi
In 2016: 13 Dongio 10K; 2 Arezzo 5000; 11 Trento 10K; 1 FRA v ITA under -23 10K
- 172** **ETTAQY Said ITA** **20y**
(Pronounced "Etta-Key")
2014 European Junior Cross Country bronze
5000 pb: 14:48.49 -15. 3000SC pb: 9:02.69-15. ht World Youth 2000SC 2013; 13 EJC 3000SC 2015. At EXC: 2014-3J, 2015-5J. Born-Morocco. Coach-Martina Celi
In 2016: 2 Castel Romano XC; 3 Osimo XC
- 179** **QUAZZOLA Italo ITA** **22y**
3000SC pb: 8:46.27 -15. 5000 pb: 14:28.94 -15. ht World Youth 2000SC 2011; ht WJC 3000SC 2012; 5 EJC 3000SC 2013; 5 under-23 ECH 3000SC 2015. At WXC: 2013-55J. At EXC: 2012-28J, 2014-41u23, 2015-18u23. Coach-Tziziano Bozzo
In 2016: 10 San Giorgio Legnano XC; 6 San Vittore Olona XC; 2 Italian under -23 3000SC; 20 Trento 10K; 11 Pettinengo 9.6K; 4 Osimo XC

- 186 HARTMANIS Reinis LAT 22y**
10,000 pb: 31:14.59 -15. 5000 pb: 14:22.95 -16. 18 under-23 ECH 10,000 2015. At EXC: 2014-60u23, 2015-dnfu23. 1 Latvian 5000 2016
In 2016: 1 Liepaja 5000; 1 Riga 1500; 1 Valmiera 5000 (Jun 10); 1 Valmiera 5000 (4 1500) (Jul 1); 1 Saldus 1500; 1 Latvian 5000 (2 3000)
- 204 GANCHAS Hugo POR 20y**
1500 pb: 3:48.82 -16. 1 Portuguese junior 3000 2015
In 2016: 7 Portuguese indoor 3000 'B'; 2 Lisbon 3000; 10 Lisbon 1500; 6 Portuguese 1500
- 207 PEREIRA Andre POR 21y**
10,000 pb: 30:12.06 -16. 3000SC pb: 8:53.64 -16. ht WJC 3000SC 2014; 13 under-23 ECH 3000SC 2015; 7 Mediterranean under-23 3000SC 2016. At EXC: 2014-45J, 2015-51u23. 1 Portuguese 3000SC 2016
In 2016: 1 Portuguese Clubs indoor 3000; 9 Valencia XC; 1 Portuguese short course XC; 17 Iberian Trophy 10,000; 2 Vigo 3000; 7 Mediterranean under-23 3000SC; 1 Portuguese 3000SC (7 1500)
- 208 PEREIRA João POR 20y**
10,000 pb: 31:00.96 -15. 15 EJC 10,000 2015. At EXC: 2015-73J
In 2016: 22 Iberian Trophy 10,000 'B'
- 209 RODRIGUES Francisco POR 21y**
1500 pb: 3:49.52 -16. 800 pb: 1:52.37 -16. 3 Portuguese 1500 2016
In 2016: 3 Portuguese indoor 1500 'B'; 11 Lisbon 1500; 1 Braga; 3 Portuguese 1500 (7 800)
- 220 ŠTURM Matej SLO 21y**
3000 pb: 8:38.28 -16
In 2016: 3 Slovenian 3000; 1 Slovenian under-23 3000
- 226 RAESS Jonas SUI 22y**
1500 pb: 3:46.77 -16. 3000 pb: 8:22.10 -16. At EXC: 2012-69J, 2015-33u23. 2 Swiss 1500 2016
In 2016: 12 Dessau 3000; 6 Regensburg Open 1500 'B'; 2 Brussels 1500 'B'; 8 Nottwil 800; 3 Kortrijk 1500 'C'; 2 Swiss 1500; 6 Interlaken Road Mile; 27 Tilburg XC
- 234 TOMEČEK Radovan SVK 22y**
- 237 BERGLUND Kalle SWE 20y**
Twice Swedish Champion at 1500m // 1500 pb: 3:41.00 -16. 800 pb: 1:46.85 -15. 7 WJC 800 2014; 4 EJC 800 2015; 6 ETCh 800 2015; ht ECH 800 2016. 1 Swedish 1500 2015/2016. At EXC: 2015-45J
In 2016: 2 Stanford Jordan 1500 'B'; 2 Rehlingen 800; 1 Nijmegen 800; 1 Namur 800; 4 Jessheim 1500; 3 Oslo Diamond National 800; 8 Stockholm Diamond 800; 4 Sollentuna 800; 4ht ECH 800; 4 Kortrijk 1500 'B'; 1 Swedish 1500; 2 SWE v FIN 1500 (3 800)
- 238 JOHANSSON Vidar SWE 20y**
3000SC pb: 8:45.46 -16. 5000 pb: 14:30.78 -15. At EXC: 2012-54J, 2013-dnfJ, 2014-25J, 2015-32J
He was a medal contender at the 2015 European Junior Steeplechase title but was unfortunately disqualified after he stepped on the inner line after leaving the water jump awkwardly in his heat
In 2016: 7 Castiglione della Pescaia 3000SC; 3 Oordegem IFAM 3000SC 'B'; 6 Jessheim 'B'; 8 Sollentuna 5000; 8 Gothenburg 1500; 5 Solihull BMC 1500 'C'; 10 Karlstad 3000; 2 Swedish under-23 2000SC (6 5000); 1 Nordic under-23 3000SC; 1 Swedish 3000SC; 3 FIN v SWE 3000SC
- 239 KINGSTEDT Otto SWE 22y**
5000 pb: 15:34.57 -15
In 2016: 10 Swedish 10K; 2 Swedish under-23 XC; 30 Soria XC; 64 Tilburg XC
- 242 SOLOMON Napoleon SWE 22y**
2012 Nordic Junior Cross Country Champion // 3000SC pb: 8:41.23 -16. 5000 pb: 14:24.74 -16. 1 Nordic junior XC 2012. At EXC: 2010-dnfJ, 2014-13u23, 2015-8u23. 1 Swedish under-23 XC 2014/2015. Eritrean origin
In 2016: 17 Oordegem IFAM 3000SC; 7 Copenhagen Games 3000SC; 7 Sollentuna 5000; 1 Swedish under-23 2000SC (2 5000); 3 Swedish 3000SC; 3 Tilburg XC
- 243 STEFFENSEN Gabriel SWE 20y**
10,000 pb: 30:24.08 -16. 5000 pb: 14:33.34 -16. 10 EJC 10,000 2015. At EXC: 2014-47J, 2015-44J. 1 Swedish under-23 XC 2015
In 2016: 6 Gothenburg 3000; 9 Oxford BMC 5000; 4 Swedish under-23 5000; 2 Nordic under-23 5000; 9 Swedish 10,000 (11 5000); 1 Swedish under-23 XC; 14 Nordic XC; 60 Tilburg XC
- 245 ZACHRISSON Joel SWE 21y**
5000 pb: 14:34.27 -15. 3 Swedish under-23 XC 2016
In 2016: 4 Sollentuna National; 8 Gothenburg 3000; 5 Swedish under-23 5000; 4 Nordic under-23 5000; 9 Swedish short course XC; 3 Swedish under-23 XC
- 246 ARAS Onur TUR 20y**
10,000 pb: 30:03.96 -15. 5000 pb: 14:39.08 -15. 25 WJC 10,000 2014; 5 EJC 10,000 2015. At EXC: 2015-67J
In 2016: 2 Turkish 10,000; 18 ECP 10,000; 4 Sivas XC; 8 Adana XC
- 252 ELKATMIŞ Saffet TUR 21y**
10,000 pb: 30:23.41 -14. At EXC: 2013-19J, 2014-11J
In 2016: 2 Balikesir XC; 5 Sivas XC; 3 Balkan under-23 XC
- 260 TUNCER Ömer TUR 20y**
5000 pb: 14:38.03 -15. ht World Youth 2000SC 2013; 23 EJC 5000 2015
In 2016: 3 Sivas XC; 2 Balkan XC
- 263 ANTONYUK Vyacheslav UKR 21y**
5000 pb: 14:38.61 -15. At EXC: 2013-72J, 2014-18J, 2015-60u23. Coach-Ivan Heshko (1 WIC 1500 2006)
- 265 HORODYSKYI Bogdan-Ivan UKR 22y**
1500 pb: 3:43.99 -14. ht World Youth 3000 2011; 5 EJC 1500 2013. At EXC: 2011-77J, 2013-21J, 2015-46u23. 1 Ukrainian junior 1500 2013
In 2016: 14 Ukrainian Cup 1500; 7 Ukrainian 1500
- 268 NYZHNYK Mykola UKR 21y**
5000 pb: 13:37.95 -15. 10,000 pb: 29:26.16 -15. 26 WJC 10,000 2014; 5 under-23 ECH 5000 2015; 19 ECH 5000 2016. At EXC: 2014-50J, 2015-57u23
In 2016: 1 Ukrainian indoor 3000; 18 Hengelo 5000; 8 Bellinzona 5000; 4 Tartu 1500; 2 Ukrainian 5000; 19 ECH 5000; 1 Ukrainian under-23 XC
- 270 SHEVCHENKO Sergiy UKR 20y**
5000 pb: 14:19.91 -16. ht World Youth 3000SC 2013; ht WJC 3000SC 2014; 9ht EJC 3000SC 2015. At EXC: 2014-44J, 2015-57J
In 2016: 5 Ukrainian indoor 2000SC; 4 Ukrainian Cup 5000; 1 Ukrainian 5000 'B'; 2 Kirovograd 5000

Men's Race

13:10

80 Entrants

25 Countries

10,150m – Start/90m + 2 short/500m + 6 long/1500m + finish/60m
6 run, 4 score

Age

- 10 KELLEZI Ilir ALB** **28y**
Mountain running international // Half Mar pb: 73:57 -10. 10,000 pb: 33:29.09 -13. 20 WSG Half Mar 2011; 73 World Half Mar 2012 (2014-107); 6 Mediterranean Games 10,000 2013; 47 European Mountain Running Champs 2014 (2013-57, 2011-66). 1 Albanian 10,000 2015. At EXC: 2008 -80u23, 2010-96u23, 2012-80, 2014-69, 2015-72
In 2016: 78 World Mountain Running Champs
- 12 FENCL Roland AUT** **24y**
3000 pb: 8:45.59 -16 // In 2016: 80 Tilburg XC
- 16 LISTABARTH Stephan AUT** **23y**
5000 pb: 14:22.14 -15. 10,000 pb: 30:23.81 -15 (30:28.97 -16). At EXC: 2012 -77J, 2013-77J, 2015-55u23. 15x Austrian Junior Champion across four events (XC, 3000m, 5000m and 10K). Attends Temple University in Philadelphia, Pennsylvania
In 2016: 19 Raleigh Relays 5000 'B'; 17 Penn Relays Championship 10,000; 2 Klagenfurt 3000; 59 Tilburg XC
- 17 PFEIL Valentin AUT** **28y**
Marathon pb: 2:16:37 -16. 10,000 pb: 29:30.00 -16. 5000 pb: 14:03.16 -16. 3000SC pb: 8:50.91 -12. 11 WSG 5000 2015; 71 ECH Half Mar 2016. At EXC: 2008-54u23, 2009-dnfu23, 2010-47u23, 2013-61. 1 Austrian 5000 2011, 10,000 2016 & XC 2015
Marathon (1): 13 Vienna 2016
In 2016: 6 Barcelona Half Mar; 13 Vienna Marathon; 12 Attnang Road Mile; 1 Austrian 10,000; 1 Gmunden 5000; 4 Oordegem IFAM 5000 'B'; 71 ECH Half Mar; 19 Tilburg XC
- 20 STEINHAMMER Christian AUT** **28y**
3000SC pb: 8:43.40 -14. 5000 pb: 14:01.66 -13. 6 under-23 ECH 2009. At EXC 2006-83J, 2008-48u23, 2009-31u23, 2012-55, 2013-33, 2014-37. 1 Austrian 5000 2013/2014
In 2016: 1 Austrian indoor 3000; 11 Attnang Road Mile; 2 Südstadt 3000SC; 19 Oordegem IFAM; 5 Bydgoszcz Festival 3000SC; 13 Bilbao 3000SC; 15 Berlin 10K; 25 Tilburg XC
- 22 VOJTA Andreas AUT** **27y**
Twice European finalist at 1500m // 1500 pb: 3:36.11 -14 (3:39.98 -16). 3000 pb: 7:53.81 -14. 800 pb: 1:46.59 -13. (at 1500m): 11 ECH 2010/2012 (2014/2016-ht); 4 under-23 ECH 2011; ht WCH 2011/2013; ht OLY 2012; ht EIC 2013 & 3000 2015; 3 WSG 800 2013; ht WIC 2014; 11 WSG 2015. At EXC: 2009-57u23, 2010-46u23, 2012-61, 2013-59, 2014-46, 2015-49. 1 Austrian 2009/2010/2011/2012/2013/2014 (1 indoor 2010/2011/2012/2013/2014/2015/2016). 1.89 tall
In 2016: 1 Austrian indoor; 6 Attnang Road Mile; 10 Ostrava Golden Spike 1500; 3 Bottrop 1500; 12 Prague Odložil 1500; 10 Lokeren 1500; 11ht ECH 1500; 1 Austrian 1500; 5 Mol XC; 14 Tilburg XC
- 23 BOUCHIKHI Soufiane BEL** **26y**
2012 European under-23 Cross Country silver // Half Mar pb: 63:45 -15 (65:15 -16). 10,000 pb: 28:11.04 -16. 5000 pb: 13:33.09 -12 (13:40.41 -16). 7 EJC 10,000 2009; 15 ECH 5000 2014; 8 ECH 10,000 2016 (28 Half Mar). At EXC: 2009-39J, 2009-11J, 2012-2u23, 2013-28. Studied Industrial Technology at Eastern Kentucky University. His younger brother Lahsene Bouchikhi is also an international distance runner
In 2016: 2 Carlsbad Half Mar; 1 Kessel-Lo 5000; 6 Nijmegen 5000; 8 Oordegem IFAM 5000; 8 Leiden 10,000; 7 Turku 5000; 8 ECH 10,000; 28 ECH Half Mar; 13 Tilburg 10M; 17 Prague 10K
- 26 D'HOEDT Jeroen BEL** **26y**
(D'Hoedt pronounced "Doot")
2009 European Junior Cross Country Champion, then fourth as senior in 2013
1500 pb: 3:36.07 -11. 3000 pb: 7:53.36 -16. 3000SC pb: 8:30.03 -15. 3 EJC 3000SC 2009; 5 under-23 ECH 3000SC 2011; ht ECH 3000SC 2016; ht OLY 3000SC 2016. At EXC: 2007-33J, 2008-17J, 2009-1J, 2010-4u23, 2013-4
He is one of a set of triplets, one of his brothers Sander was 10th in the 2009 Belgian Cross Country Championships which Jeroen won. The other brother Bram used to be a good runner, but he is concentrating on his civil engineering studies
In 2016: 2 Mt SAC Relays Invitational 3000SC; 15 Stanford Jordan 3000SC; 1 Kessel-Lo 3000; 16 Rabat Diamond 3000SC; 6 Birmingham Diamond 3000; 13 Stockholm Diamond 5000; 7ht ECH 3000SC; 9 Heusden 3000SC; 13ht OLY 3000SC; 4 Mol XC; 2 Roeselare XC
- 33 HOMOLÁČ Jiří CZE** **26y**
Marathon pb: 2:16:55 -16. Half Mar pb: 63:50 -16. 10,000 pb: 29:59.76 -14. 22 WSG Half Mar 2013. At EXC: 2009-64J, 2012-22u23
Marathons (9): 20 Prague 2012, 12 Prague 2013, 26 Frankfurt 2013, 15 Prague 2014, 27 Berlin 2014, 15 Prague 2015, 40 Berlin 2015, 21 Hamburg 2016, dnf Prague 2016
In 2016: 15 Prague Half Mar; 21 Hamburg Marathon; dnf Prague Marathon; 64 ECH Half Mar; 20 Ústí nad Labem Half Mar; 1 Prague 10K; 10 Basle 7.55K
- 37 GLANS Peter DEN** **23y**
1500 pb: 3:42.73 -16. At EXC: 2010-75J, 2011-39J, 2012-39J, 2013-50u23, 2015-10u23
In 2016: 2 Danish indoor 3000; 5 Jessheim 1500; 1 Watford BMC 1500 'B'; 3 Copenhagen Games 800; 4 Aarhus 1500; 2 Bialogard 3000; 2 Danish 1500; 2 Middlefart XC; 11 Nordic XC; 20 Tilburg XC
- 38 HANSEN Simon Jørn DEN** **25y**
In 2016: 8 Middlefart XC; 13 Nordic XC
- 39 HESSELBERG Ole DEN** **26y**
Twice third at US Collegiate Championship Steeplechases, representing Eastern Kentucky University from where has has a degree in physics
3000SC pb: 8:30.51 -16. 12 World Youth 2000SC 2007; 11 ECH 3000SC 2016; ht OLY 3000SC 2016. At EXC: 2009-53J, 2010-79u23, 2015-61. 3 NCAA 3000SC 2014/2015. 1 Danish 3000SC 2015/2016. Coach-Heidi Jensen
In 2016: 1 Stanford Jordan 3000SC 'D'; 1 Eagle Rock "Oxy" 3000SC; 5 Rehlingen 3000SC; 2 European Clubs Cup 3000SC; 2 Bydgoszcz Festival 3000SC; 8 Copenhagen Games 3000SC; 11 ECH 3000SC; 11ht OLY 3000SC; 1 Danish 3000SC; 12 Nordic XC; 16 Tilburg XC
- 43 NIJHUIS Thijs DEN** **24y**
Fourth at 2015 World Student Games 5000m // Half Mar pb: 65:11 -15. 10,000 pb: 29:19.17 -15. 5000 pb: 13:51.07 -15. 3000 pb: 7:58.95 -15. 10 EJC 5000 2011; 10 under-23 ECH 10,000 2013; 95 World Half Mar 2014; 4 WSG 5000 2015; 64 World Half Mar 2016 (2014-95). At EXC: 2009-67J, 2010-34J, 2011-68J, 2013-36u23, 2014-21u23, 2015-25. 1 Danish 5000 2014 & indoor 3000 2016
Born-Holland (Enschede), his Dutch parents moved to Denmark before his first birthday. Was at Eastern Kentucky University. Coach-Coached by Niels Kim Hjorth (12 ECH 1500 1986)
In 2016: 5 Schoorl 10K; 1 Danish indoor 3000; 64 World Half Mar; 9 Nijmegen 5000; 14 Oordegem IFAM 5000; 3 Lisbon 5000; 1 Oslo Boysen 5000; 1 Sollentuna 5000; 9 Heusden 5000; 3 Karlstad 3000; 23 Copenhagen Half Mar; 33 Tilburg XC
- 46 ULAD Abdi Hakin DEN** **25y**
Fifth at 2016 European Half Marathon Championships // Marathon pb: 2:14:03 -16. Half Mar pb: 62:24 -14. 10,000 pb: 28:39.14 -14. 5000 pb: 13:56.64 -13. 3 under-23 ECH 10,000 2013; 34 World Half Mar 2014 (2012 -44); 15 ECH 10,000 2014; 5 ECH Half Mar 2016. At EXC: 2011-29u23, 2012 -11u23, 2013-23u23, 2014-59, 2015-11. 1 Nordic XC 2012/2013. 1 Danish 5000 2015. Came to Denmark in 2002 at age 10 as a refugee from Somalia. Coach-Leo Madsen
Marathons (3): 19 Frankfurt 2015, 11 Hamburg 2016, 35 OLY 2016
In 2016: 8 Egmond Aan Zee Half Mar; 10 The Hague Half Mar; 11 Hamburg; 2 Allerød 10,000; 1 Danish Clubs 5000; 4 Bagsværd 3000; 15 Leiden 10,000; 5 ECH Half Mar; 35 OLY Marathon; 3 Middlefart XC; 2 Tilburg XC
- 47 ABADIA Antonio ESP** **26y**
Full name-Antonio Abadia Beci ("Toni")
2016 European 10,000m bronze
10,000 pb: 28:07.14 -16. 5000 pb: 13:12.68 -16. 3000 pb: 7:46.36i, 7:52.22 -14. 1500 pb: 3:37.24 -16. 3000SC pb: 8:34.75 -11. 5 World Youth 2000SC 2007; 1 EJC 3000SC 2009; 4 under-23 ECH 3000SC 2011; ht WIC 3000 2014; 8 ECH 5000 2014; ht OLY 5000 2016. 1 Spanish 5000 2014. At WXC: 2015-58. At EXC: 2008-8J, 2009-17J, 2010-14u23, 2012-6u23, 2013-22, 2014-12. Coach-José Luis Mareca
In 2016: 8 Amorebieta XC; 8 Seville XC; 5 Elgóibar XC; 4 San Sebastián XC; 1 Zaragoza 3000; 1 Spanish XC; 2 Laredo 10K; 1 Iberian Trophy 10,000; 1 Spanish 10K; 8 Hengelo 5000 (pb down from 13:26 to 13:12); 1 Huelva 1500 'B'; 8 Catalan 1500; 3 ECH 10,000; 2 Spanish 5000; 22ht OLY 5000 (14:33.20); 7 Atapuerca XC; 1 Toledo XC
- 52 ESPAÑA José ESP** **30y**
Full name-Jose Espana Comendador // Marathon pb: 2:19:11 -14. 10,000 pb: 28:51.66 -12. 5000 pb: 14:14.03 -06. 15 World Youth 3000 2003; 4 European Youth Olympics 3000 2003; 4 EJC 10,000 2005; 8 ECP 10,000 2016 (2013 -12, 2015-15). At WXC: 2005-83J, 2013-52. At EXC: 2005-90J, 2007-45u23. Coach-Guillermo Ferrero
Marathons (2): 26 Frankfurt 2013, 21 Berlin 2014
In 2016: 4 Spanish XC; 2 Iberian Trophy 10,000; 1 Alcobendas 3000; 2 Alcorcón 3000; 8 ECP 10,000; 22 Valencia Half Mar; 1 Torredonjimeno XC; 25 Atapuerca XC; 11 Alcobendas XC

- 53** **FIFA Ilias ESP** **27y**
Allegiance transferee from Morocco – has lived in Spain since 2006, acquired Spanish citizenship on July 22, 2015 and cleared by IAAF to compete for Spain from July 30, 2015
5000 pb: 13:05.61 -15. 3000 pb: 7:49.13 -14. ht WCH 5000 2015; 1 ECH 5000 2016; ht OLY 5000 2016. At EXC: 2015-5. 1 Catalan 5000 2013; 1 Spanish XC 2015 & 5000 2016. Born-Tangier, he smuggled himself into Spain by hiding under a truck. Coach-Rafael Caro
In 2016: 9 Amorebieta XC; 20 'Great' Edinburgh XC; 10 Seville XC; 7 Elgöibar XC; 1 Spanish Clubs indoor 3000; 2 Valladolid 10K; 2 Huelva 5000; 1 Castellón 3000; 1 Alcobendas 5000; 1 ECH 5000 (four men crossed the line in the space of 0.013 seconds); 1 Spanish 5000 (5 1500); 9ht OLY 5000; 1 Barcelona 10K; 8 Atapuerca XC
- 55** **GARCÍA Javier ESP** **28y**
Full name-Javier García del Barrio // Half Mar pb: 64:49 -15. 10,000 pb: 29:07.42 -14. 5000 pb: 14:05.78 -09. 11 under-23 ECH 5000 2009. At WXC: 2004-67J, 2006-61J, 2007-dnfJ. At EXC: 2004-63J, 2005-58J, 2008-11u23. Coach-Orlando Castro
In 2016: 21 Atapuerca XC; 12 Soria XC; 12 Alcobendas XC
- 61** **LAMDASSEM Ayad ESP** **35y**
Formerly Moroccan, switched to Spain in 2007. Twice second at European Cross Country Championships
Marathon pb: 2:09:28 -13. Half Mar pb: 61:22 -14. 10,000 pb: 27:45.58 -08. 5000 pb: 13:17.49 -06. 4 ECH 10,000 2010 (2012-6); 2 ECP 10,000 2012; 23 OLY 10,000 2012 (2008-24); 17 World Half Mar 2014 (2016-18). At WXC: 2000-114J (for Morocco), 2008-36 (for Spain), 2009-30, 2010-49, 2011-11. At EXC: 2008-4, 2009-5, 2010/2011-2, 2012-6, 2015-4. 1 Spanish 10,000 2007/2010 (1 XC 2007/2011). Coach-Antonio Cánovas
Marathons (4): 23 Otsu 2012, 9 London 2013, dnf WCH 2013, 8 Fukuoka 2013
In 2016: 6 Amorebieta XC; 14 'Great' Edinburgh XC; 11 Seville XC; 8 Elgöibar XC; 1 Valladolid XC; 3 Valencia XC; 2 Spanish XC; 18 World Half Mar; 1 Ajo 6.2K; 13 Atapuerca XC; 6 Soria XC; 6 Alcobendas XC
- 64** **MECHAAL Adel ESP** **26y**
Allegiance transferee from Morocco, gained Spanish citizenship in February 2013 (though had been living then since 1995)
Individual bronze & team gold at 2015 European Cross Country Championships
5000 pb: 13:15.40 -16. 3000 pb: 7:39.51 -16. 1500 pb: 3:35.24 -16. 5 ETCh 1500 2013 (2015-6); ht WIC 1500 2014; ht ECH 1500 2014; 6 EIC 3000 2015; 2 ECH 5000 2016; ht OLY 1500/5000 2016. 1 Spanish 1500/5000 2015, 1 indoor 1500/3000 2015. At WXC: 2015-68. At EXC: 2015-3. Coach-Antonio Serrano
In 2016: 29 'Great' Edinburgh XC; 3 Rabat Diamond 3000; 5 Huelva 5000; 5 Prague Odložil; 1 Alcobendas 3000; 3 Madrid 3000; 1 Catalan 1500 (substantial pb of 3:35.24); 2 ECH 5000 (0.003 behind the winner Ilias Fila ESP); 14 Heusden 1500; 2 Spanish 1500 (3 5000); 9ht OLY 1500 (17ht 5000); 17 Atapuerca XC; 9 Alcobendas XC
- 71** **AMDOUNI Mourad FRA** **28y**
2015 European Team Champion at 5000m // 5000 pb: 13:14.19 -09. 3000 pb: 7:37.50 -09. 1500 pb: 3:34.05 -15. ht WJC 1500 2006; 1 EJC 5000 2007; dnf ETCh 3000 2009; ht WCH 5000 2009; 1 ETCh 5000 2015; sf WCH 1500 2015; 5 ECH 5000 2016 (13 1500). 1 French 1500 2015 & 5000 2016. At WXC: 2007-38J (first European), 2009-62. At EXC: 2006-12J, 2007-1J, 2008 -8u23, 2010-5, 2015-9. Born-Porto-Vecchio (Corsica). In May 2009 he clocked his best 5000m of 13:14.19 but the following month at the first European Team Championships in Leiria, he was forced to drop out of the 3000m as he was in last place with four laps remaining
In 2016: 5 French XC; 2 Rome Road Mile; dnf Rehlingen; 12 Rabat Diamond 1500; 10 Rome Diamond 1500; dnf Montreuil 1500; 9 Stockholm Diamond 5000; 1 French 5000; 5 ECH 5000 (13 1500); 1 Paris 20K; 5 Allonnes XC
- 72** **BEDRANI Djilali FRA** **23y**
Fifth at under-23 race in 2015 European Cross Country Championships
3000SC pb: 8:28.34 -16. ht WJC 2012.; 8 under-23 ECH 2013. At WXC: 2011-78J. At EXC: 2011-21J, 2012-5J, 2013-24u23, 2015-5u23. Coach-Messaoud Settati
In 2016: 24 'Great' Edinburgh XC; 3 French indoor 3000; 1 Toulouse 1500; 3 Rehlingen 3000SC; 6 Decines 1500; 5 Montbéliard 3000SC; 2 French 3000SC; 11ht ECH 3000SC; dnf Monaco Diamond 3000SC; 8 Allonnes XC
- 73** **BOMMIER Timothée FRA** **30y**
Tenth at 2014 European Cross Country Championships // Marathon pb: 2:13:58 -16. Half Mar pb: 64:17 -16. 3000SC pb: 8:37.80 -09 (8:54.59 -16). 10,000 pb: 29:15.64 -14. 5000 pb: 13:51.64 -13. ht WJC 3000SC 2004; 7 EJC 3000SC 2005; 4 Francophone Games 3000SC 2009. At WXC: 2015-78. At EXC: 2004-73J, 2014-10, 2015-12. Coached-Marcel Cavatz & Xavier Verhee
Marathons (2): 19 Paris 2015, 13 Paris 2016
In 2016: 13 Paris Marathon (1st non-Ethiopian/Kenyan); 7 Strasbourg Half Mar; 3 French Clubs 3000SC; 5 Paris 20K; 6 Allonnes XC; 3 Volvic XC
- 75** **CARVALHO Florian FRA** **27y**
2012 European silver at 1500m // 1500 pb: 3:33.47 -13. sf WJC 800 2006; 4 EJC 800 2007; 7 WJC 1500 2008; 2 ECH 1500 2012 (2014-ht, 2016-5); sf OLY 1500 2012 (2016-ht); 5 EIC 3000 2013 (2011-8, 2015-11); 11 WCH 1500 2013; 4 ETCh 1500 2014 (2011-8). 1 French 1500 2011/2012/2013. At EXC: 2007-2J, 2008-1J, 2009-4u23, 2010-2u23, 2014-4, 2015-6. 1 French 1500 2016. Grandfather was Portuguese. He loves chocolate and hates seafood. Coach-Gerard Sautret
In 2016: 1 Rome Road Mile; 6 Rabat Diamond 1500; 8 Rome Diamond 1500; 5 Tomblaine 1500; 1 French 1500; 5 ECH 1500; 14 Monaco Diamond 1500; 10ht OLY 1500; 3 Arras 10K; 1 Gujan Mestras XC
- 81** **GRAS Michael FRA** **25y**
Marathon pb: 2:18:32 -15. 5000 pb: 13:54.23 -15. At EXC: 2012-15u23, 2013 -26u23
Marathons (2): 7 Rennes 2015, 7 Annecy 2016
In 2016: 7 French XC; 7 Annecy Marathon; 1 Bordeaux 3000; Reims 3000; 4 Carquefou 5000 'B'; 15 Languex 10K; 2 Montereau 10K; 7 Allonnes XC
- 86** **MEFTAH Abdellatif FRA** **34y**
Born-Bouchane (MAR), ex-Morocco, ex-Foreign Legion. French half marathon record holder
Marathon pb: 2:09:46 -11. Half Mar pb: 60:46 -10. 10,000 pb: 27:34.81 -08. 5000 pb: 13:27.68 -08. 2 ECP 10,000 2010 (2011-dnf); 10 ECH 10,000 2010; 54 World Half Mar 2014. 1 French 10,000 2007. At WXC: 2010-38. At EXC: 2009-23, 2010-4, 2011-dnf, 2013-45. Coach-Saadi Harzouz
Marathons (8): 10 Paris 2011, 13 Frankfurt 2011, dnf Ostu 2012, dnf OLY 2012, 15 Paris 2013, 10 Frankfurt 2013, 6 ECH 2014, 11 Paris 2015
In 2016: 4 Paris to Versailles 16.3K; 9 Allonnes XC; 12 Dunkirk XC
- 93** **BUTCHART Andrew GBR** **25y**
BRITISH TEAM CAPTAIN IN CHIA
Sixth at 2016 Olympics, now 3rd all-time UK at 5000m
5000 pb: 13:08.61 -16. 3000 pb: 7:45.00 -16. 10,000 pb: 29:32.43 -15. 1500 pb: 3:44.57 -15. 12 ECP 10,000 2015; 3 ETCh 3000 2015; 6 OLY 5000 2016. At WXC: 2015-86. At EXC: 2014-35. 1 Scottish 5000 2015; 1 UK 5000 2016. From-Dunblane, Scotland (as are tennis players Andy and Jamie Murray). In November 2015, he gave up his job as a fitness instructor He packed in work as a fitness instructor to concentrate on running. Coach-Derek Easton
In 2016: 7 'Great' Edinburgh XC; 6 Antrim XC; 7 Glasgow IAAF Tour 3000 (pb down from 8:09 to 7:53); Eight weeks altitude training at Flagstaff, Arizona; 2 Stanford Invitational Open 5000; 2 Stanford Jordan 5000 (pb down from 13:29.49 to 13:18.96); 9 Hengelo 5000 (pb down to 13:13.30 to break the Scottish record which had stood to Nat Muir since Oslo 1980 – though he ran the last lap without his right shoe which had loosened in the wet); 2 London 'Westminster' Road Mile; 1 London '10,000' 10K; 4 Birmingham Diamond 3000 (7:45.00 to break the Scottish record held by John Robson since 1984); 1 UK 5000; 2 London Diamond 5000; 6 OLY 5000; 8 'Great' North CityGames Road Mile; 1 Liverpool XC
His team's aim is to top the medal table again "If we don't achieve that, I think we'll be a bit upset"
- 95** **CONNOR Ben GBR** **24y**
Junior team gold at the 2010 European Cross Country Championships
Half Mar pb: 64:13 -16. 10,000 pb: 29:18.62 -14. 5000 pb: 13:53.74 -16. 3000 pb: 8:23.97 -10. 10 ECP 10,000 2016. At WXC: 2011-67J. At EXC: 2010-23J. 1 British Inter-Counties under-13 XC 2006. 5 English Schools intermediate 3000 2009. Coach-Spencer Duval
In 2016: 7 UK Inter-Counties XC; 1 Derby 10K; 1 Manchester BMC 5000; 5 UK 10,000; 3 London '10,000' 10K; 10 ECP 10,000; 8 London Road Mile; 14 UK 5000; 4 Narragansett 5M; 8 'Great' North Half Mar; 4 Leeds 10K; 2 Milton Keynes XC; 6 Liverpool XC
- 101** **GRIFFITHS Dewi GBR** **25y**
5x Welsh Champion at Cross Country // Half Mar pb: 64:10 -16. 10,000 pb: 28:28.55 -16. 5000 pb: 13:53.85 -15. 3000 pb: 8:05.59 -16. 4 EJC 10,000 2009; 6 World Junior Mountain Running Champs 2010; 25 COM 10,000 2014; 9 ECP 10,000 2015; 27 World Half Mar 2016; 5 ECH 10,000 2016. At EXC: 2012-38u23, 2013-16u23. At WXC: 2008-67J, 2015-70, 2016-20. 1 Welsh XC 2012/2013/2014/2015/2016 & 5000 2015. Swansea University mathematics graduate. Coach-Kevin Evans
In 2016: 6 'Great' Edinburgh XC; 1 Cardiff XC; 8 Armagh 5K; 1 Welsh XC; 1 UK Inter-Counties XC; 27 World Half Mar (pb 64:10, team 4th); 4 British League div 2/May 7; 3 UK 10,000; 11 Birmingham Diamond 3000; 14 Leiden 10,000; 1 Swansea Half Mar; 5 ECH 10,000; 8 Cardiff Half Mar; 8 Leeds 10K; 14 Atapuerca XC; 5 Liverpool XC

- 102 HAWKINS Callum GBR** **24y**
Ninth in Rio Olympic Marathon where he improved from 27th at halfway
Marathon pb: 2:10:52 -16. 10,000 pb: 28:49.57 -14. 5000 pb: 14:03.37i -12, 14:06.57 -15. 1 European Youth Olympic Festival 3000 2009; 20 COM 10,000 2014; 15 World Half Mar 2016. At WXC: 2010-47J. At EXC: 2009 -19J, 2013-7u23, 2014-5u23. Coach/father-Richard Hawkins, also advised by Steve Jones
His older brother Derek was ninth (first Briton) in the 2014 Commonwealth Games Marathon; another brother Scott (born 1990) was 7th in the 2004 AAA under-17 1500m (now retired)
Based-Paisley, studying Mechanical Engineering at the University of West Scotland
Marathons (3): 12 Frankfurt 2015, 8 London 2016, 9 OLY 2016 (brother Derek 114th)
In 2016: 4 'Great' Edinburgh XC; 1 British Universities XC; 10 Paris Half Mar; 15 World Half Mar (2nd Briton home after Mo Farah, team 4th); 8 London; 9 ECH Half Mar; 9 OLY Marathon; 1 Glasgow Half Mar (pb & Scottish record 60:24); 2 Liverpool XC
- 106 MILLINGTON Ross GBR** **27y**
2011 European under-23 silver at 5000m. 2016 UK Champion at 10,000m
10,000 pb: 27:55.06 -16. 5000 pb: 13:36.39 -11. 3000 pb: 7:49.11i -12. 1500 pb: 3:40.09 -15. 2 under-23 ECH 5000 2011; 31 OLY 10,000 2016. At EXC: 2015-5, 2015-16. 1 UK 5000 2012 & 10,000 2016. His 3:50.96 1500m in 2006 was the fastest by a British under-17 since 1984. Studied English & Business Administration at the University of New Mexico. Coach-Steve Vernon
In 2016: 5 'Great' Edinburgh XC; 1 Schoorl 10K; 3 Stanford Invitational Open 5000; 14 Stanford Jordan 10,000; 1 UK 10,000; 6 Leiden 10,000 (gained vital Olympic qualifying time); 15 London Diamond 5000; 31 OLY 10,000; 8 Groningen 4M; 4 Liverpool XC
- 114 VERNON Andy GBR** **30y**
Two long distance track medals from the 2014 European Championships
Half Mar pb: 63:32 -16. 10,000 pb: 27:42.62 -15. 5000 pb: 13:11.50 -14. 3000 pb: 7:45.75 -13. 1500 pb: 3:42.98 -08. 4 EJC 5000 2005; 9 under-23 ECH 5000 2007; 10 COM 10,000 2010; 3 ETC 5000 2011/2015; 1 WSG 5000 2011; 11 WIC 3000 2014; 6 COM 5000 2014; 2 ECH 10,000 2014 (3 5000); 25 OLY 10,000 2016. 1 UK 5000 2008/2013, 10,000 2009 & indoor 3000 2010. 1 English 'National' XC 2010. At WXC: 2004-64J, 2005-48J, 2008-114, 2009-77, 2010-42, 2011-56. At EXC: 2005-2J, 2006-14u23, 2007-3u23, 2008 -2u23, 2010-dnf (breathing problems), 2011-8, 2012-13, 2013-3. Mother Fiona Hawes was an international rower. Coach-Nic Bideau
In 2016: 4 UK 10,000; 2 London '10,000' 10K; 3 UK 5000; 4 Turku 5000; 25 OLY 10,000; 7 Groningen 4M; 1 Birmingham Half Mar (pb 63:32); 2 'Great' South Run 10M; 1 Milton Keynes XC; 3 Liverpool XC
- These are his 10th European Cross Country Championships
- 123 ORTH Florian GER** **27y**
Twice tenth in European Championship 1500m finals // 5000 pb: 13:23.67 -16. 3000 pb: 7:44.65 -14. 1500 pb: 3:34.54 -14. ht WJC 1500 2008; ht EIC 1500 2011/2013; 10 ECH 1500 2012/2014; 8 EIC 3000 2015; 4 ETC 1500 2015; 7 ECH 5000 2016; ht OLY 5000 2016. At EXC: 2007-13J, 2008-9J, 2010-10u23, 2011-22u23, 2015-19. 1 German 1500 2015 (1 indoor 2011/2013/2016); 1 German indoor 3000 2016. His partner is Maren Kock (6 ECH 1500 2016). Coach-Klaus Borrmann
In 2016: 1 German indoor 1500/3000; 17 Stanford Jordan 5000; 4 Herzogenaurach; 2 Oordegem IFAM 5000; 6 Regensburg Open 1500; 3 German 1500; 6 Sollentuna 1500; 7 ECH 5000; 14ht OLY 5000; 8 Hamburg 10K; 15 Tilburg XC
- 129 GOMEZ Aitor GIB** **24y**
Full name-Kelvin Aitor Gomez // 3000 pb: 8:40.22 -16. dnf EJC 5000 2011; ht WIC 1500 2014. At WXC: 2010-114J. 19 British Universities XC 2013. SLive in Britain for six years: studied Graphic Design at Loughborough University, then did a Master's Degree in Education at Cambridge University. Father-Spanish, mother-Gibraltarian. Coach-Phil O'Dell
In 2016: 17 British Universities XC; 23 Watford Open 3000
- 130 BRADY Liam IRL** **24y**
10,000 pb: 29:59.61 -15. 5000 pb: 14:38.74 -15. 7 EJC 10,000 2011. At EXC: 2011-97J, 2014-26u23. 1 Irish under-23 5000 2012/2013. Coach-Robert Denmead
In 2016: 65 Armagh 5K; 3 Irish Universities 5000; 5 Cork 3000; 2 Irish League Premiership/Jun 12 5000; 17 Irish 5000; 4 Irish XC
- 132 CHRISTIE Mark IRL** **31y**
Half Mar pb: 67:16 -14. 10,000 pb: 29:45.50 -16. 5000 pb: 13:28.21 -11. 3000 pb: 7:50.23 -09. 1500 pb: 3:41.91 -05. ht World Youth 3000 2001; ht EIC 3000 2007; 6 under-23 ECH 5000 2007; ht ECH 5000 2010. 1 Irish 1500 2010, 5000 2013, 10,000 2015 & XC 2016. At WXC: 2002-87J, 2003-dnfJ, 2004-43J. At EXC: 2001-36J, 2003-6J, 2004-5J, 2006-19u23, 2007-46u23, 2010-41, 2012-42. Business Studies graduate from Dublin City University
In 2016: 2 Irish 10,000; 6 Dublin Morton 3000; 1 Irish XC
- 133 CLOHISEY Mick IRL** **30y**
Marathon pb: 2:15:11 -16. Half Mar pb: 64:25 -16. 10,000 pb: 29:24.36 -16. 5000 pb: 14:23.24 -08. 32 ECH Half Mar 2016. At WXC: 2008-135. At EXC: 2005-68J, 2006-46u23, 2007-53u23, 2008-37u23, 2009-52, 2013-56, 2014 -44, 2015-37
Marathons (4): 18 Rotterdam 2015, 29 Berlin 2015, 9 Seville 2016, 103 OLY 2016
In 2016: 1 Waterford Half Mar; 1 Dublin 5M (Jan 31); 9 Seville Marathon; 2 'Great' Ireland 10K; 2 Dublin 5M (May 15); 6 UK 10,000; 2 Dublin 5M (Jun 12); 3 Irish 10,000; 32 ECH Half Mar
- 135 DOONEY Kevin IRL** **23y**
10,000 pb: 29:10.13 -14. 5000 pb: 13:59.06i -14. 24 WJC 10,000 2012. At EXC: 2010-67J, 2011-82J, 2013-38u23, 2014-18u23. Attends Yale University (New Haven, Connecticut). Coach-Paul Harkins
In 2016: 17 Mt SAC Relays Invitational 10,000; 19 Penn Relays Championship 5000; 3 Princeton Ivy League 10,000; 6 Irish XC
- 137 HANRAHAN Mark IRL** **31y**
Marathon pb: 2:19:52 -16. Half Mar pb: 65:09 -16. 10,000 pb: 29:33.80 -14 (29:40.03 -16). 5000 pb: 13:58.03 -14. 1500 pb: 3:46.31 -12. 3000 pb: 8:01.50 -08. At EXC: 2004-56J, 2006-62u23, 2011-49, 2014-53. 1 Irish under -23 1500 2007; 2 Irish 1500 2008; 3 Irish indoor 3000 2013. Sixth in 2014 'Great' Ireland 10K
Marathons (2): 55 Berlin 2015, 34 Rotterdam 2016
In 2016: 2 Waterford Half Mar; 21 Barcelona Half Mar; 1 Cork 10M; 34 Rotterdam Marathon; 12 UK 10,000; dnf ECH Half Mar; 9 Dublin Morton 3000; 1 Leixlip 3000; 3 Irish XC
- 146 POLLOCK Paul IRL** **30y**
Marathon pb: 2:15:38 -15. Half Mar pb: 62:10 -14. 10,000 pb: 28:32.18 -14. 5000 pb: 14:07.89 -14. 19 COM 10,000 2014; 14 World Half Mar 2016 (2012 -34); 17 ECH Half Mar 2016. 1 Northern Ireland 1500 2005/2007 & XC 2011. At WXC: 2005-116J. At EXC: 2005-46J, 2008-57u23, 2011-25, 2013-26, 2014-23, 2015-45. Older brother Noel Pollock (3:44.56 1500m in 2005) is now Sports Medicine Doctor for UK Athletics. Coach-Andy Hobdell
Marathons (5): 9 Dublin 2012, 13 London 2013, 21 WCH 2013, 30 Berlin 2015, 32 OLY 2016
In 2016: 1 Chichester 10K; 1 Wokingham Half Mar; 14 World Half Mar (first European-born finisher); 17 ECH Half Mar; 32 OLY Marathon; 10 Cardiff Half Mar; 4 'Great' South Run 10M; 5 Leeds 10K; 14 New Delhi Half Mar; 5 Irish XC
- 154 GETAHUN Yimer ISR** **24y**
Half Mar pb: 66:16 -15. 10,000 pb: 29:32.80 -16. 5000 pb: 14:31.44 -16. 1500 pb: 3:42.40 -13. 800 pb: 1:51.08 -13. ht World Youth 1500 2009; 7 under-23 ECH 1500 2013; 43 ECH Half Mar 2016. At WXC: 2010-99J, 2011-81J. At EXC: 2013-74u23. 1 Israeli 1500 2013/2016. Emigrated from Ethiopia in 2001
In 2016: 4 Tel Aviv 10,000; 1 Tel Aviv Half Mar; 1 Israeli 1500 (4 5000); 43 ECH Half Mar; 11 Heusden National 1500; 2 Kessel-Lo 1500 'B'
- 173 GERRATANA Giuseppe ITA** **24y**
2013 European under-23 Steeplechase silver // 3000SC pb: 8:35.55 -13. 12 World Youth 2000SC 2009; ht WJC 3000SC 2010; 2 under-23 ECH 3000SC 2013. At WXC: 2010-90J, 2011-77J. At EXC: 2011-20J, 2012-31u23, 2015 -22. Salvatore Pisana
In 2016: 18 San Giorgio su Legnano 10K; 11 San Vittore Olona XC; 22 Oordegem IFAM 3000SC; 5 Ponzano Veneto 3000SC; dnf Italian 3000SC; 15 Trento 10K; 1 Castel Romano XC; 7 Cuneo 10K; 2 Osimo XC
- 174 LA ROSA Stefano ITA** **31y**
2011 World Student Games bronze at 5000m // Marathon pb: 2:11:11 -15. Half Mar pb: 62:15 -12. 10,000 pb: 28:13.62 -12. 5000 pb: 13:23.58 -12. 16 WJC 5000 2004; 7 ETC 1500 2009; 2 Mediterranean Games 5000 2009; 6 ETC 3000 2010 (2014-7); 10 ECH 5000 2010; 10 EIC 3000 2011; 4 WSG 5000 2011; 11 ECH 5000 2012 (12 10,000); 8 ECH 10,000 2014; 9 ETC 3000 2015; 25 World Half Mar 2016; 5 ECP 10,000 2016; 13 ECH Half Mar 2016. 1 Italian 10,000 2008/2009 (1 5000 2009/2013). At WXC: 2003-51J, 2004-dnfJ, 2008-dnf. At EXC: 2003-38J, 2004-18J, 2006-10u23, 2007-5u23, 2008-16, 2009-15, 2010-dnf, 2011-13, 2012-dnf, 2014-8. 1 Italian 10,000 2008 & 5000 2010/2011/2012. Born-Grosseto. Coach-Guiseppe Giambrone
Marathons (3): 1 Treviso 2015, 12 Amsterdam 2015, 57 OLY 2016
In 2016: 7 San Giorgio Legnano XC; 4 Verona Half Mar; 3 Italian XC; 25 World Half Mar; 1 Chia Half Mar; 2 Oderzo 9.9K; 2 Orvieto 5000; 5 ECP 10,000; 13 ECH Half Mar; 57 OLY Marathon; 8 Pettinengo 9.6K; 7 Soria XC
- These are his 11th European Cross Country Championships

- 180 RACHIK Yassine ITA** **23y**
2015 European under-23 10,000m bronze // 5000 pb: 13:37.88 -15. 1500 pb: 3:40.56 -16. 3 under-23 ECH 10,000 2015 (8 5000). 1 Italian 5000 2016. Born-Morocco, has lived in Italy since 2006, acquired Italian citizenship on June 16, 2015 and cleared by IAAF to compete for Italy from July 3, 2015. Coach-Alberto Colli
In 2016: 9 Rovereto XC; 1 Apeldoorn 8K; 5 Italian indoor 3000; 7 Milan "Stramilano" Half Mar; 6 Brunssum 10K; 2 Pavia 1500; 1 Busto Arsizio 1500 (2 5000); 5 Nijmegen 5000; dnf Huelva 5000; 1 Ponzano Veneto; 1 Nembro 5000; 1 Italian 5000; 9 Amatrice 8.5K; 5 Breda Half Mar; 7 Rovereto 9.63K; 5 Tilburg XC
- 181 RAZINE Marouan ITA** **25y**
Born-Morocco, came to Italy in 2000 and became an Italian citizen in 2013
5000 pb: 13:28.08 -13. 14 ECH 5000 2014. At EXC: 2014-14, 2015-24. 1 Italian 5000 2014/2015 & 10K 2016. Coach-Gianni Crepaldi
In 2016: 10 Italian XC; dnf Italian indoor 3000; 4 Rome Road Mile; 1 Turin 5000; dnf Italian 10,000; 20 Oordegem IFAM 5000; 3 Italian 5000; 4 Gothenburg 3000; 3 Amatrice 8.5K; 1 Italian 10K; 8 Trento 10K
- 182 SALAMI Marco Najibe ITA** **31y**
Twice Italian Indoor Champion at 1500m // Half Mar pb: 65:13 -16. 10,000 pb: 29:18.74 -16. 5000 pb: 13:42.10 -15. 1500 pb: 3:40.22 -12. 8 under-23 ECH 2007; ht EIC 1500 2013. At EXC: 2004-20J, 2006-76J, 2015-53. 1 Italian indoor 1500 2011/2013 (1 3000 2007). Born-Ostiglia. Coach-Claudio Guizzardi
In 2016: 14 San Giorgio su Legnano 10K; 4 Modena 13.1K; 9 Italian XC; 9 Milan Stramilano Half Mar; 3 Rovigo Half Mar; 3 Oderzo 9.9K; 4 Italian 10,000; 13 Oordegem IFAM 5000; 9 ECP 10,000; 12 Hérouville 5000; 2 Italian 5000; 6 Lignano 3000; 4 Feltre 9.5K; 10 Cremona Half Mar
- 183 SANGUINETTI Andrea ITA** **24y**
5000 pbL 13:55.32 -16. 3000SC pb: 8:38.80 -16. ht World Youth 2000SC 2009. At EXC: 2010-17J. 1 Italian junior 3000SC/XC 2011. At EXC: 2012 -54u23, 2013-dnf u23. Coach-Alessandro Briana
In 2016: 4 Castiglione della Pescaia 1500; 4 Orvieto 5000; 6 Gavardo 1500; 1 Regensburg Open Extra; 6 Conegliano 1500; dnf Italian 3000SC; 1 Lokeren 1500 'B'; 3 Cuneo 10K; 1 Osimo XC
- 185 GIRGENSONS Janis LAT** **25y**
Marathon pb: 2:19:08 -16. Half Mar pb: 65:11 -14. 10,000 pb: 30:50.50 -16. 5000 pb: 14:23.83 -12. 70 World Half Mar 2014. At EXC: 2012-51u23, 2013 -30u23, 2014-55
Marathons (2): 9 Stockholm 2016, 22 Valencia 2016
In 2016: 3 Riga Half Mar; 9 Stockholm Marathon; 1 Valmiera 10,000 (4 5000); 22 Valencia Marathon
- 188 FOLCHERI Sonny MON** **28y**
In 2016: 411 Amsterdam Marathon (Monégasque record 2:58:18)
- 189 BUTTER Michel NED** **31y**
Third on the Dutch marathon all-time list after Kamiel Maase (2:08:21) and Gerard Nijboer (2:09:01) who was Olympic silver medallist in Moscow 1980
Marathon pb: 2:09:58 -12. Half Mar pb: 62:25 -13. 10,000 pb: 28:52.58 -09. 5000 pb: 13:37.33 -09. 3000 pb: 7:59.80 -09. 2 under-23 ECH 10,000 2007; 27 ECH Half Mar 2016. 1 Dutch 10,000 2013. At WXC: 2004-84J. At EXC: 2003-67J, 2004-70J, 2005-65J, 2006-15u23, 2007-16u23, 2008-9, 2010-16, 2012-25, 2015-17. Graduate of Sport Management from the Johan Cruyff Academy in Amsterdam
Marathons (7): 1 Utrecht 2011, 15 Amsterdam 2011; 7 Boston 2012; 12 Amsterdam 2012, 10 Rotterdam 2013, 12 Rotterdam 2015, 11 Amsterdam 2015
In 2016: 10 Egmond Aan Zee Half Mar; 3 Kerkrade XC; 3 Schoorl 10K; 5 Dutch 5000; 27 ECH Half Mar; 4 Hem 10K; 11 Tilburg 10M; 18 Amsterdam to Zaandam 10M; 5 Utrecht 10K; 13 Groningen 4M; 13 Tilburg XC
- 190 HOORNWEG Roy NED** **27y**
10,000 pb: 28:37.39 -15. 5000 pb: 13:31.41 -15. 3000SC pb: 9:06.30 -15. At EXC: 2015-32. 1 Dutch 3000SC 2009 & 10,000 2015
In 2016: 11 Melbourne Mile (Feb 23); 13 Melbourne Challenge 5000 (Mar 5); 13 Carlsbad 5K; 14 Stanford Jordan 10,000 'B'; 17 Leiden 10,000; 8 Dutch 5000; 12 Tilburg 10M; 10 Utrecht 10K; 10 Groningen 4M; 9 Nijmegen 15K; 11 Tilburg XC
- 191 POLDERMAN Jurjen NED** **25y**
5000 pb: 14:15.85 -14. 1500 pb: 3:43.82 -15. 1 Dutch 1500 2015. At EXC: 2015-33
In 2016: 8 Kerkrade XC; 7 Breda XC; 3 Dutch XC; 8 Hoorn 800; 11 Nijmegen 1500 'B'; 12 Oordegem IFAM 'B'; 4 Oordegem Buyle 'B'; 8 Dutch 1500; 6 Kortrijk 1500 'C'; 10 Heusden National 1500; dnf Heusden 5000 'C'; 12 Ninove 1500 'B'; 3 Kessel-Lo 800 'C'; 24 Tilburg XC
- 192 SCHRÖER Ronald NED** **32y**
Half Mar pb: 64:23 -12. Marathon pb: 2:16:19 -12. 10,000 pb: 28:32.61 -12. 5000 pb: 13:55.95 -09. 16 EJC 10,000 2003; 18 ECH 10,000 2012. 1 Dutch 10,000 1010. At EXC: 2003-70J, 2014-47. Coach-Guido Hartensveld
Marathons (11): 25 Amsterdam 2007, 13 Chicago 2008, 15 Rotterdam 2010, 37 ECH 2010, 19 Amsterdam 2010, 30 Amsterdam 2011, 19 Amsterdam 2012, 19 Rotterdam 2013, 18 Amsterdam 2013, 42 ECH 2014, 18 Amsterdam 2015
In 2016: 9 Egmond Aan Zee Half Mar; 7 Schoorl 10K; 14 The Hague Half Mar; 14 Venlo Half Mar; 16 Iberian Trophy 10,000; 5 Oordegem IFAM 5000 'B'; 21 Leiden 10,000; 4 Dutch 5000; 7 Heusden 5000 'B'; 6 Hem 10K; 16 Tilburg 10M; 12 Amsterdam to Zaandam 10M; 10 Breda Half Mar; 16 Groningen 4M; 9 Tilburg XC
- 193 VAN DER WIELEN Jesper NED** **25y**
Fourth at 2013 European under-23 Cross Country Championships // 5000 pb: 13:29.02 -12. 3000 pb: 7:52.57 -12. 1500 pb: 3:44.07 -12. 7 EJC 5000 2009; 10 WJC 5000 2010; dnf ECH 5000 2012. At EXC: 2009-21J, 2010-7J, 2011 -12u23, 2013-4u23. Coach-Joshua Mols
In 2016: 6 Rijdsberg 10K; 6 Sollentuna 5000; 10 Berlin 10K; 4 Middlefart XC; 11 Soria XC; 6 Tilburg XC
- 194 GRØNNEVIG Ørjan NOR** **25y**
2016 Nordic Cross Country Champion // Half Mar pb: 65:02 -15. 10,000 pb: 29:33.14 -16. 5000 pb: 14:10.87 -12. 84 ECH Half Mar 2016; 1 Nordic XC 2016. At EXC: 2010-52J, 2011-48u23, 2012-9u23, 2013-6u23, 2015-71. 1 Norwegian XC 2012 & 5000/10,000 2013
In 2016: 4 Oslo 10K; 10 UK 10,000; 84 ECH Half Mar; 5 Norwegian XC; 1 Nordic XC
- 196 KÅRBØ Tom Erling NOR** **27y**
3x Norwegian Champion at Steeplechase // 3000SC pb: 8:35.84 -16. 8 under -23 ECH 3000SC 2011; ht ECH 3000SC 2014; 10 WSG 3000SC 2015. At EXC: 2007-69J, 2008-63J, 2010-81u23; 2 NCAA div 2 2011. 1 Norwegian 3000SC 2012/2013/2014
In 2016: 4 Norwegian indoor 3000; 9 Hamar 3000; 6 Oordegem IFAM 3000SC; 10ht ECH 3000SC; 7 Middlefart XC; 6 Nordic XC; 12 Tilburg XC
- 197 MOEN Sondre Nordstad NOR** **25y**
2011 European under-23 Champion at 10,000m // Marathon pb: 2:12:54 -15. Half Mar pb: 62:19 -16. 10,000 pb: 28:25.23 -15. 5000 pb: 13:30.22 -11. 5 EJC 5000 2009; 14 ECH 10,000 2010; 1 under-23 ECH 10,000 2011; 9 ECH 10,000 2014; 9 ETCh 5000 2015. At WXC: 2008-28J, 2009-74J, 2010-31J, 2011-36. At EXC: 2007-6J, 2008-2J, 2009-4J, 2010-5J (fell), 2011-3u23, 2014-13. 1 Nordic junior XC 2008/2009. Former cross country skier, he was Norwegian Youth Champion in 2006
Marathons (2): 4 Florence 2015, 19 OLY 2016
In 2016: 2 Schoorl 10K; 9 The Hague Half Mar; 6 Nice Half Mar; 5 Volubilis 10K; 10 Casablanca 10K; 5 Appingedam 10K; 19 OLY Marathon; 8 Amsterdam to Zaandam 10M; 3 Norwegian XC; 13 Valencia Half Mar; 1 Tilburg XC
- 198 VEDVIK Marius Øyre NOR** **24y**
Marathon pb: 2:21:50 -16. Half Mar pb: 64:14 -15. 10,000 pb: 28:48.97 -14. 5000 pb: 13:45.21 -15. 14 ECH 10,000 2014; 37 ECH Half Mar 2016. 1 Nordic under-23 5000 2014; 1 Norwegian 5000 2014. At EXC: 2011-69J, 2012-59u23, 2013-68u23, 2014-32u23, 2015-35
Marathon (1): 1 Oslo 2016
In 2016: 6 Jesolo Half Mar; 25 Leiden 10,000; 7 Oslo Boysen 5000; 37 ECH Half Mar; 1 Oslo 3000; 3 Bergen 10K; 1 Trondheim Half Mar; 1 Oslo Marathon; 4 Stavanger Half Mar; 3 Nordic XC
- 200 GRZYCKO Tomasz POL** **24y**
10,000 pb: 29:19.56 -16. 5000 pb: 14:26.69 -13. At EXC: 2014-25u23. 2015 -51. 7 World Junior Mountain Running Champs 2011. 1 Polish 10,000 & XC 2016
In 2016: 1 Polish XC; 1 Polish 10,000; 3 Warsaw 5K; 3 Pila Half Mar
- 201 ALMEIDA Hugo POR** **28y**
5000 pb: 14:23.12 -16. 1 Portuguese indoor 3000 2014
In 2016: 8 Portuguese indoor 3000; 7 Maia 5000 (Jun 4); 2 Maia 1500 (Jun 15); dnf Portuguese 5000; 2 Torres Vedras XC
- 202 BARATA Samuel POR** **23y**
Half Mar pb: 64:41 -16. 10,000 pb: 29:26.96 -15. 5000 pb: 13:56.43 -16. 17 WJC 10,000 2012; dnf under-23 ECH 10,000 2015; 63 ECH Half Mar 2016. At EXC: 2011-dnfJ, 2012-94J, 2014-46u23, 2014-46u23, 2015-dnfu23
In 2016: dnf European Clubs Cup XC; 16 Lisbon Half Mar; 1 Oordegem IFAM 5000 'C'; 15 Huelva 5000; 3 Portuguese 5000; 63 ECH Half Mar; 7 Lisbon Autumn Half Mar; 1 Torres Vedras XC
- 219 PUHAR Rok SLO** **24y**
Half Mar pb: 66:45 -15. 10,000 pb: 31:00.18 -14. 5000 pb: 14:22.37 -14. At EXC: 2010-97J, 2011-62J, 2012-7-u23, 2013-66u23, 2014-54u23, 2015-60. 1 Slovenian 10,000 2014
In 2016: 30 Berlin Half Mar; 12 Oderzo 9.9K; 2 Ljubljana Half Mar; 1 Palmanova Half Mar

- 224 KEMPF Andreas SUI** **28y**
Half Mar pb: 65:24 -16. 10,000 pb: 31:16.93 -16. 5000 pb: 14:02.60 -15. 13 World Military 5000 2015; 80 ECH Half Mar 2016. At EXC: 2010-86u23. 2 Swiss 5000 2013/2014/2015
In 2016: 23 Barcelona Half Mar; 19 Berlin Half Mar; 3 Berne 4.7K; 7 Karlsruhe 5000; 6 Swiss 10,000; 80 ECH Half Mar; 12 Fribourg 17.2K; 14 Bulle 8K; 49 Tilburg XC
- 225 KERN Marco SUI** **29y**
Twice Swiss Steeplechase Champion // 3000SC pb: 8:46.92 -13. 1500 pb: 3:45.02 -11. At EXC: 2006-58J, 2008-68u23. 1 Swiss 3000SC 2013/2014
In 2016: 1 Köngen 1500; 5 Ninove 1500; 54 Tilburg XC
- 229 CSIBA Boris SVK** **36y**
230 DUREC Peter SVK **24y**
Reigning Slovak Champion at 1500m, 3000m (indoors) & 5000m // 5000 pb: 14:16.55 -16. ht World Youth 800 2009; ht EIC 3000 2015. At EXC: 2014 -55u23, 2015-66. 1 Slovak indoor 1500 2016, 3000 2015/2016, 1500/5000 2016, XC 2014/2015
In 2016: 15 Rovereto XC; 1 Prague City indoor 3000; 1 Slovak indoor 1500/3000; 3 Plzen 5000; 11 Šamorín 1500; 4 Kolín 3000; 1 Slovak 1500/5000
- 235 URBAN Jozef SVK** **30y**
Marathon pb: 2:22:18 -16. Half Mar pb: 67:49 -16. 10,000 pb: 30:10.88 -14. 5000 pb: 14:29.45 -15. 67 European Mountain Running Champs 2009. At EXC: 2013-65. 1 Slovak 10,000 2013/2014
In 2016: 2 Bratislava Half Mar; 2 Slovak 5000; 8 Kosice Marathon; 1 Šamorín XC
- 241 NILSSON David SWE** **29y**
Marathon pb: 2:17:19 -15. Half Mar pb: 64:11 -15. 10,000 pb: 29:06.79 -15. 5000 pb: 13:57.50 -15. 13 European Youth 2000SC 2003; 12 WSG 10,000 2013 (26 Half Mar); 23 ECH Half Mar 2016. At EXC: 2015-10. Was at Jacksonville State University. Coach/father-Carl-Gustaf Nilsson
Older sister Ida Nilsson was 2005 US Collegiate Champion at 3000m Steeplechase in 2004 & indoor 5000 in 2005; older sister Johanna won US Collegiate titles indoors & out before her death in 1983; Younger brother Marcus is an 8104 point decathlete and was 2010 world junior bronze medalist. Their parents were distance runners
Marathons (10): 10 Stockholm 2011, 11 Castellon 2011, 9 Stockholm 2012, 4 Pisa 2012, 11 Stockholm 2013, 11 Stockholm 2014, dnf ECH 2014, 16 Rotterdam 2015, 36 WCH 2015, 21 Chicago 2016
In 2016: 28 'Great' Edinburgh XC; 6 Kerkrade XC; 3 Diekirch XC; 1 Huddinge 10,000; 2 Manchester 'Trafford' 10K; 7 Laredo 10K; 1 Allerød 10,000; 3 Swedish 10K; 23 ECH Half Mar; 5 Swedish 10,000; 1 FIN v SWE 10,000; 3 Lidingsöppet 30K XC; 6 Harwich MA Half Mar; 21 Chicago Marathon; 2 Swedish XC; 1 Middlefart XC; 2 Nordic XC; 20 Soria XC; 4 Tilburg XC
- 244 WALLERÅNG Oile SWE** **31y**
2015 Nordic Cross Country Champion // 10K pb: 29:48 -15. 5000 pb: 13:34.74 -13. 1500 pb: 3:40.73 -09. 3 EJC 1500 2003; 7 EIC 3000 2009; 1 Nordic XC 2015 (2016-7). At EXC: 2015-14. Placed 10th in 2009 European Team Championships 5000m where he was withdrawn during the race as he was a back-marker. 1 Swedish 1500 2008 & 5000 2009. Father Sven-Olof ran a marathon in 2:39:13 in 1983
In 2016: 3 Swedish indoor 3000; 4 Stockholm Midnattsloppet 10K; 6 Swedish 10,000 (7 5000); 3 Lidingsöppet 15K XC; 10 Swedish short course XC; 3 Swedish XC; 7 Nordic XC
- 247 ARIKAN Polat Kemboi TUR** **25y**
Allegiance transferee from Kenya – formerly Paul Kipkosgei Kemboi. Became a Turkish citizen on June 9, 2011 and under IAAF competition ruling, was not due to be eligible to compete for Turkey until June 2013. On February 27, 2012 the IAAF Council agreed to end the waiting period for him (and ilham Tanui Özbilen), enabling them to enter the 2012 World Indoor Championships
Twice European Champion at 10,000m. He set his pb at 10,000m for ninth at the London Olympics, where he was the second European finisher (after Mo Farah)
Half Mar pb: 61:22 -14. 10,000 pb: 27:35.50 -16. 5000 pb: 13:05.98 -11 (13:40.97 -16). 3000 pb: 7:42.31 -12 (7:52.09 -16). ht WIC 3000 2012; 1 ECP 10,000 2012; 1 ECH 10,000 2012 (3 5000); 9 OLY 10,000 2012 (ht 5000); 10 EIC 3000 2013; 1 Mediterranean Games 10,000 2013; dnf WCH 10,000 2013; 16 World Half Mar 2014; 4 ECH 10,000 2014; 1 ECH 10,000 2016 (dnf Half Mar); 13 OLY 10,000 2016. At EXC: 2013-2 (in spite of a heavy fall over the one obstacle on the course); 2014-1, 2015-dnf. Coach-Berk Peki
In 2016: 1 Turkish 10,000; 1 Turkish Clubs 3000; 2 European Clubs Cup 5000; 1 ECH 10,000 (dnf Half Mar); dnf ECH Half Mar; 13 OLY 10,000
- 251 DEMIR Alper TUR** **26y**
Half Mar pb: 65:54 -16. 5000 pb: 14:00.55 -14. 4 World Mountain Running Trophy junior 2008. At EXC: 2008-34J, 2009-32J
In 2016: 6 Trabzon Half Mar; 3 Turkish Clubs 5000; 1 Balikesir XC; 2 Sivas XC; 3 Balkan XC; 1 Adana XC
- 255 KAYA Aras TUR** **22y**
Allegiance transferee from Kenya – formerly Amos Kibitok, has lived in Turkey since May 5, 2015, acquired Turkish citizenship on June 14, 2016 and cleared by IAAF to represent Turkey from July 4, 2016
Half Mar pb: 63:49 -14. 5000 pb: 13:23.91 -15 (13:47.42 -16). 10,000 pb: 27:48.53 -15. 3000SC pb: 8:29.91 -16. 2 ECH 3000SC 2016; ht OLY 3000SC 2016. 4 Russian 10,000 2014; 1 Russian 5000 2015 indoors & out. He was initially in the process of receiving Russian nationalisation, having been based in Kazan. Hence his Russian titles at 5000m in 2015, indoors & out
In 2016: 3 Eldoret 10,000; 1 Mersin 3000SC; 2 ECH 3000SC (9 5000); 8ht OLY 3000SC
- 257 ÖZBILEN Kaan Kigen TUR** **30y**
Allegiance transferee from Kenya – full original name-Mike Kipruto Kigen. Has lived in Turkey since March 23, 2015, gained Turkish citizenship on June 24, 2015 and cleared by IAAF to represent Turkey from June 24, 2016
Half Mar pb: 59:58 -11 (62:27 -16). 10,000 pb: 27:03.49 -12. 3000 pb: 7:35.87 -06. 2 African Champs 5000/10,000 2006; 2 WCP 5000 2006; 2 ECH Half Mar 2016. At WXC: 2006-5 long (team gold). 1 Kenyan 5000 2006; 2 'Great' North Run 2014 (right behind Mo Farah). Wife-Violet Chebet, their daughter Shantel born June 29, 2009
Marathon (9): 8 Dubai 2013, 11 Chicago 2013, 7 Paris 2014, 2 Frankfurt 2014, 4 Paris 2015, 3 Amsterdam 2015, 3 Seoul 2016, 17 OLY 2016. Also paced London 2013
In theory his 2:06:10 from the 2016 Seoul Marathon could stand as a European record, as he'd been a Turkish citizen for eight months
In 2016: 3 Seoul Marathon; 1 Turkish Clubs 5000; 2 ECH Half Mar; 17 OLY Marathon
- 258 ÖZDEMİR Ramazan TUR** **25y**
He was the vital third scorer for Turkey's winning team at the 2014 European Cross Country Championships (after Arikan & Kaya)
1500 pb: 3:41.24 -16. 5000 pb: 14:39.65 -13. 1 Balkan indoor 1500 2015; ht EIC 1500 2015; 1 Balkan 3000 2016. At EXC: 2012-19u23, 2013-29u23, 2014-19, 2015-15
In 2016: 2 Balkan indoor 1500; 1 Turkish 1500; 1 Balkan 3000 (4 1500); 1 Sivas XC; 1 Balkan XC; 2 Adana XC
- 261 ULUS Cihat TUR** **26y**
5000 pb: 14:04.41 -14. 1500 pb: 3:41.54 -12. 800 pb: 1:48.36 -08. 5 World Youth 800 2007; ht WJC 800 2008; 9 under-23 ECH 1500 2011. At WXC: 2008-49J. At EXC: 2008-43J, 2010-10u23, 2012-13u23, 2014-11. 1 Turkish 1500 2008/2012 (1 XC 2013, 5000 2014)
In 2016: 26 European Clubs Cup XC; 1 Turkish Universities 5000; 3 Adana XC
- 266 KOVAL Vasyl UKR** **27y**
10,000 pb: 29:25.98 -16. 5000 pb: 14:04.35 -13. 3000SC pb: 8:47.97 -15. At EXC: 2008-67J, 2015-13. 1 Ukrainian indoor 3000SC 2015
In 2016: 27 'Great' Edinburgh XC; 3 Ukrainian indoor 2000SC (6 3000); 7 Ukrainian Cup 1500; 13 ECP 10,000; 3 Ukrainian 3000SC (4 5000); 1 Kirovograd 5000
- 267 LASHYN Dmytro UKR** **28y**
2007 European Junior Champion & 2009 European under-23 bronze at 10,000m
Half Mar pb: 62:52 -15. 10,000 pb: 28:27.90 -16. 5000 pb: 13:56.60 -09. 1 EJC 10,000 2007 (3 5000); 3 under-23 ECH 10,000 2009; 4 ECP 10,000 2016 (2015-10); 4 ECH 10,000 2016 (11 Half Mar). At EXC: 2005-67J, 2006 -6J, 2007-3J, 2009-71J, 2012-12, 2014-33, 2015-39. 15 'Great' North Run 2009; 1 Ukrainian 10,000 2015
In 2016: 69 World Half Mar; 1 Ukrainian 10,000; 7 Karlovy Vary Half Mar; 4 ECP 10,000; 1 Caen Half Mar; 4 ECH 10,000 (11 Half Mar); 16 Ústí nad Labem Half Mar; 3 Krakow Half Mar; 8 Tilburg XC
- 269 ROMANENKO Roman UKR** **28y**
Marathon pb: 2:13:08 -15. Half Mar pb: 64:31 -14. 10,000 pb: 28:28.54 -12. 19 ECH 10,000 2012; 62 ECH Half Mar 2016. At EXC: 2010-29u23, 2013-36 Marathons (3): 1 Bila Tserkva 2014, 4 Bila Tserkva 2015, 11 Vienna 2016
In 2016: 10 Granollers Half Mar; 11 Vienna Marathon; 2 Ukrainian Half Mar; 8 'Great' Manchester 10K; 5 Polish 10K; 16 Oelde 10K; 62 ECH Half Mar; 1 Dnipro Half Mar; 4 Birmingham Half Mar; 2 Ukrainian XC
- 271 SIRUK Dmytro UKR** **25y**
10,000 pb: 28:34.36 -12. 5000 pb: 14:16.19 -12. 7 under-23 ECH 10,000 2013; 82 World Half Mar 2014. At EXC: 2009-44J, 2010-28J, 2011-18u23, 2012-26u23, 2013-11u23
In 2016: 2 Ukrainian 10,000; 5 Ukrainian Half Mar; 12 ECP 10,000
- 272 STREBKOV Ivan UKR** **25y**
5000 pb: 13:56.75 -13. 3000 pb: 7:59.51 -14. 15 EJC 5000 2009; ht EIC 3000 2013/2015; 7 ETCh 3000 2015. At EXC: 2009-20J, 2010-4J, 2011-16u23, 2012-40u23, 2013-4u23, 2015-36. 1 Ukrainian 3000/5000 2014 (1 indoor 3000 2014 & 2000SC 2016)
In 2016: 3 Ukrainian indoor 3000; 1 Ukrainian indoor 2000SC (3 3000); 3 Ukrainian Cup 3000SC; 16 Montbéliard 3000SC; 1 Florø 800; 5 Ukrainian 5000 (6 3000SC); 4 Kirovograd 5000; 3 Ukrainian XC