

Timetable

Day 1 – Saturday 1 July 2017

Time	Decathlon		Heptathlon	
11:15	100m	Heat 1		
11:20	100m	Heat 2		
11:40			100m H	Heat 1
11:45			100m H	Heat 2
11:55			100m H	Heat 3
12:00	Long Jump	Group 2	100m H	Heat 4
12:25			High Jump	Group 2
12:30	100 m	Heat 3		
12:35	100 m	Heat 4		
12:40			High Jump	Group 1
13:15	Long Jump	Group 1		
13:30	Shot Put	Group 2		
14:45	Shot Put	Group 1		
15:25	High Jump	Group 2		
16:00			Shot Put	Group 2
16:40	High Jump	Group 1		
17:00			Shot Put	Group 1
17:45			200m	Heat 1
17:50			200m	Heat 2
18:15			200m	Heat 3
18:20			200m	Heat 4
18:35	400m	Heat 1		
18:40	400m	Heat 2		
18:55	400m	Heat 3		
19:00	400m	Heat 4		

Timetable

Day 2 – Sunday 2 July 2017

Time	Decathlon		Heptathlon	
10:00	110m H	Heat 1		
10:05	110m H	Heat 2		
10:45	Discus Throw	Group 2		
11:30			Long Jump	Group 2
11:40	110m H	Heat 3		
11:45	110m H	Heat 4		
12:25	Discus Throw	Group 1		
12:45	Pole Vault	Group 2		
12:50			Long Jump	Group 1
13:35			Javelin Throw	Group 2
14:25	Pole Vault	Group 1		
14:55			Javelin Throw	Group 1
16:35	Javelin Throw	Group 2		
17:00			800 m	Heat 2
17:10			800 m	Heat 1
18:15	Javelin Throw	Group 1		
19:55	1500 m	Heat 1		
20:05	1500 m	Heat 2		

ALLOCATION OF ATHLETES IN GROUPS AND HEATS

		TRACK EVENTS				
		ATHLETES	HEAT 1	HEAT 2	HEAT 3	HEAT 4
FIELD EVENTS	GROUP 1			2	1	
	GROUP 2	4	3			