Winners

**Overall**

**Title:** Young Leader - To Create the Volunteers of Tomorrow  
**Author:** Charlotte Svensen  
**Country:** Norway

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**Coaching Category**

**Title:** New Insights Into Sprint Biomechanics and Determinants of Elite 100m Performance  
**Authors:** Jean-Benoit Morin, Pierre Samozino, Pascal Edouard  
**Country:** France

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**Promotion Category**

**Title:** Young Leader - To Create the Volunteers of Tomorrow  
**Author:** Charlotte Svensen  
**Country:** Norway
Title: Improving of the Competitions’ Organization Using Web Applications
Author: Michele Fortunato
Country: Italy

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**Sustainability Category**

Title: Introducing, Developing, and Implementing of Sustainability Projects in Athletic Club Velenje
Author: Luka Steiner
Country: Slovenia

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**Technology Category**

Title: Automatic Race Start Detecting Signal for Hearing Impaired Athletes
Authors: Valentín Rocandio, Antonio Cid
Country: Spain

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**Open Category**

Title: Running with poles as an efficient training method eliminating overstraining of athlete’s feet
Authors: Aleš Tvrzník, Milan Kůtek
Country: Czech Republic
Honourable Mention

Coaching Category

Title: A New Method for Non-invasive Estimation of Muscle Fiber Type Composition in Athletes
Authors: Audrey Baguet, Wim Derave, Tine Bex
Country: Belgium

Title: Kinematics of Running at Different Slopes and Speeds
Author: Johnny Padulo
Country: Italy

Title: Footstep Analysis at Different Slopes and Speeds in Elite Race Walking
Author: Johnny Padulo
Country: Italy
Title: Blow Up During Warm Up: Introduction of a Novel Method to Improve Performance
Authors: Dick H.J. Thijssen, Tom G. Bailey, N. Timothy Cable, Maria Hopman, Greg Atkinson, Helen Jones
Country: Netherlands

Title: Analysis of a Protocol of Eccentric Exercises and the Electrical Stimulation of Maximum Loading in the Treatment and Training of Jumper’s Knee
Authors: Ángel Basas., Alberto Lorenzo Calvo, Miguel Gómez
Country: Spain

Title: A Model to Monitor Training Effect in Distance Running
Authors: Ari Nummela, Ville Vesterinen
Country: Finland
## Promotion Category

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<thead>
<tr>
<th>Title:</th>
<th>The Athletics Training Box</th>
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<tbody>
<tr>
<td>Authors:</td>
<td>Anja Wolf-Blanke, Udo Kneffel</td>
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<td>Germany</td>
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<th>Title:</th>
<th>Captivate the Audience via a Mobile App</th>
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<tr>
<td>Authors:</td>
<td>Marc Woesthuis</td>
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<tr>
<td>Country:</td>
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<tr>
<td>Authors:</td>
<td>Geoff Wightman</td>
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<tr>
<td>Country:</td>
<td>Great Britain and Northern Ireland</td>
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<th>Title:</th>
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<tr>
<td>Authors:</td>
<td>Marton Gyulai</td>
</tr>
<tr>
<td>Country:</td>
<td>Hungary</td>
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</tbody>
</table>
**Technology Category**

**Title:** Training with the Help of a Turbine  
**Authors:** Alois Vrbovský  
**Country:** Czech Republic

**Title:** Kinematics of Sprinting Stride in 7 to 18 Years Old Youth  
**Authors:** Marian Vanderka, Pead, Tomáš Kampmiller  
**Country:** Slovakia

**Title:** Ventilatory Threshold Can Be Estimated Using EMG Shorts  
**Authors:** Olli Tikkanen, Min Hu, Toivo Vilavuo, Pekka Tolvanen, Sulin Cheng and Taija Finni  
**Country:** Finland
Title: The Dutch Runners App: An Application for Running
Authors: Marije de Gruijter
Country: Netherlands

Title: Monitoring The Skin Thermal Response After Resistance and Strength by Infrared Thermography.
Authors: Ismael Fernández-Cuevas, Manuel Sillero-Quintana, Miguel Angel García-Concepción, Juan Ribot-Serrano, Pedro Gómez-Carmona, Joao CB Marins
Country: Spain

Title: Runbritain Handicap Scoring System
Author: Geoff Wightman
Country: Great Britain and Northern Ireland
Open Category

Title: “White” Men Can’t Run: Where is the Scientific Evidence?
Authors: Dr Yannis P Pitsiladis, Dr Ploutarhos Saraslanidis, Mr Anthony St C Davis
Country: Great Britain and Northern Ireland

Title: Jump Over Yourself! Altius! Altius! Altius!
Authors: Eszter ANGYAL, János ANGYAL
Country: Hungary

Title: The Runner Who Sees With His Heart
Author: Ján Dobák
Country: Slovakia

Title: uCoach
Author: Richard Wheater
Country: Great Britain and Northern Ireland