EUROPEAN HURDLES CONFERENCE 2019

Bringing together Europe’s best Sprint Hurdles and 400m Hurdles Coaches

with Jan Mey, Mikkel Larsson, Marina Armstrong, Nick Dakin, Benke Blomquist, Andy Turner and more

22-24 NOVEMBER 2019
MANCHESTER, UK
VILLAGE HOTEL, MANCHESTER ASHTON OL7 0LY
MANCHESTER REGIONAL ARENA, SPORTCITY M11 3FF

See leaflet reverse for details of the programme

Book now: www.englandathletics.org/eurohurdlesconf
Closing Date for bookings – 15th November

£85 DISCOUNT for the first 15 England Athletics Coaches to book
(3-day accommodation option) email jhillier@englandathletics.org for a discount code
EUROPEAN HURDLES CONFERENCE 2019

CONFERENCE HIGHLIGHTS

• Top Speakers including Jan Mey (German National Event Coach for Hurdles), Mikkel Larsson (Danish Head Coach), Marina Armstrong (England Athletics 400m Hurdles Coordinator), Nick Dakin (World Class 400m Hurdles Coach), Benke Blomquist (British Athletics High Performance Coach) and more

• A mixture of Keynote, Interactive Sessions and Practical Workshops

• Networking Opportunities with Top European Hurdles Coaches

• Meet and interact with ex-GB Athletes Lawrence Clarke and Andy Turner at the Saturday Evening Banquet

• Suitable for Coaches working with Developing and Elite Hurdlers

DAY 1
FRIDAY 22 NOVEMBER 2019
Pre-Conference
• From 2pm - Hurdles Networking Round Tables and Canapés
• Evening Meal & Networking
• Keynote Presentation – 400m hurdles

DAY 2
SATURDAY 23 NOVEMBER 2019
Main Conference
Training of Elite Hurdlers
• Elite Sprint Hurdles & 400m Hurdles Presentations
• Hurdle Specific Practical Sessions
• Banquet with Guest Speakers and Olympic 4th placer Lawrence Clarke & World Bronze Medallist Andy Turner

DAY 3
SUNDAY 24 NOVEMBER 2019
Main Conference
Training of Developing Hurdlers
• Developing Sprint Hurdles & 400m Hurdles Presentations
• Hurdle Specific Practical Sessions
• Developing as a Coach

TICKET PRICES
• 3 Day Ticket + Saturday night Banquet & Full Board Accommodation - £375 (England Athletics Coaches subsidised rate £290)
• 3 Day Ticket Pass (Friday, Saturday and Sunday) - £150
• 1 Day Ticket (Saturday or Sunday) - £75

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