European Athletics Innovation Awards
2018 Recipients
Coaching

Category winner

• Fiber Type Composition And Rate Of Force Development In Endurance And Resistance Trained Individuals.

Honourable Mention

• New insight of the shifting force requirements in sprint acceleration using a novel analysis of entire force waveform
• Effects of different loading conditions on power production of national level throwers when using a plyometric pendulum swing training device

Open

Category winner

• An Innovative European Sports Tutorship Model Of The Dual Career Of Students-Athletes

Honourable Mention

• Survey of neuromuscular deficits of sprinters and their functional suspension training
• Roster Athletics

Promotion

Category winner

• How "Run Greece" running event series promotes Athletics in Greece

Honourable Mention

• Schools Athletics

Technology:

Category winner

• TESS - The Electronic Start System by Chris Wood and Nigel Holl

29.11.2018