



**EUROPEAN
ATHLETICS**
YOUR SPORT FOR LIFE

**WOMEN'S
LEADERSHIP SEMINAR**
Brussels 2018

Leadership and Team Roles

- ***Team***
- ***Preference and Focus***
- ***Strengths***
- ***Allowable weaknesses***
- ***Compatible/complimentary roles***

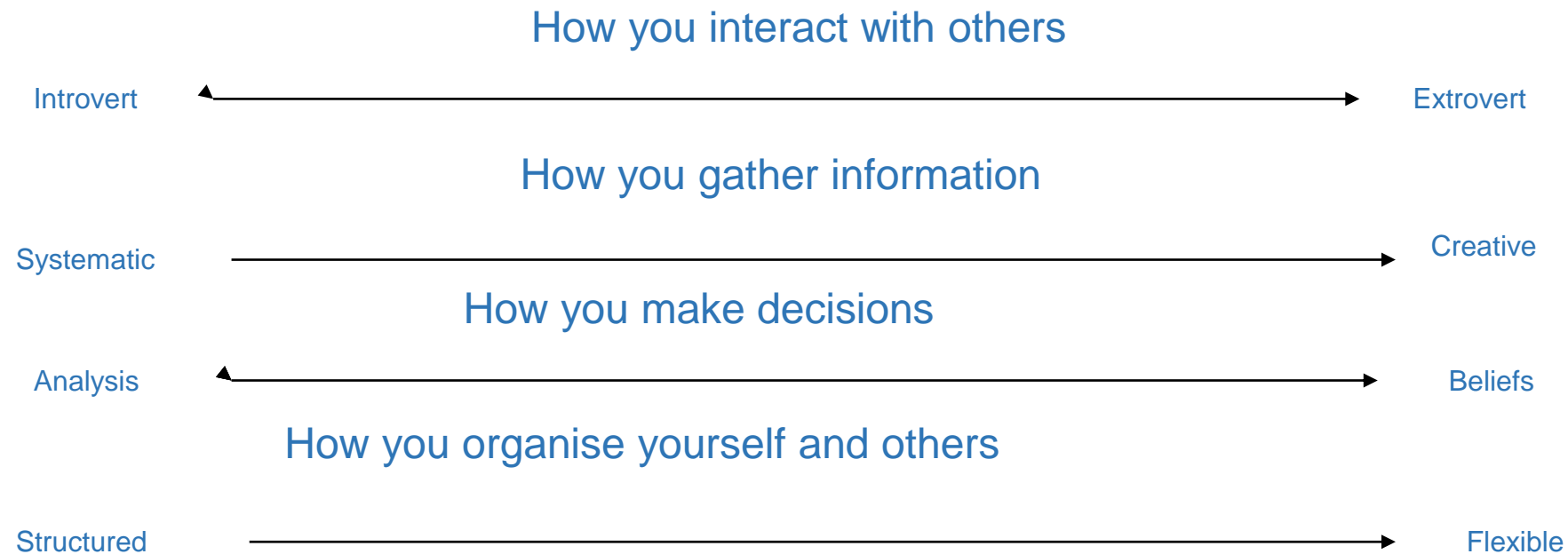
Team Roles

Meredith Belbin has written extensively on team roles and has identified nine role types;

- Plant*
- Shaper*
- Monitor evaluator*
- Coordinator*
- Resource investigator*
- Implementer*
- Team worker*
- Specialist*

Basis of Team Role Predisposition

Belbins work and that of others (e.g. Margerison and McCann) is based upon research into the underlying traits that we bring to bear when working in teams;



Exercise

Working in groups identify the knowledge and skills that you will need to develop to transition into a leadership role that you aspire to. How might a mentor help you with such transitions?



**EUROPEAN
ATHLETICS**
YOUR SPORT FOR LIFE

**WOMEN'S
LEADERSHIP SEMINAR**
Brussels 2018