

## European Records – Regulations for Ratification

As approved by the European Athletics Council – September 2019

### **General Conditions**

1. The Record shall be made in a bona fide competition which has been duly arranged, advertised and authorised before the day of the event by the Member in whose Country or Territory the event takes place and which has been conducted under and in compliance with the IAAF Competition Rules. Except for Field Events conducted as provided in Rule 147 and competitions held outside the stadium under Rule 230 and 240, no performance set by an athlete will be ratified if it has been accomplished during a mixed competition.  
*Note: Women only Road Race Records are subject to the conditions set out in IAAF Rule 261.*
2. A performance which is ratified by the IAAF as a World Record is automatically recognised as Area Record<sup>1</sup>
3. The athlete achieving the Record must have been eligible to compete under the IAAF Competition Rules and must have been under the jurisdiction of a Member of the IAAF.
4. When an Area Record is set, the Member in the country where the Record performance was set shall collect together, without delay, all the information required for ratification of the Record by the Area Association. No performance shall be regarded as an Area Record until it has been ratified by the Area Association. The Member should immediately inform the Area Association of its intention to submit the performance for ratification.
5. The official application form of the Area Association shall be completed and dispatched to the Area Association Office within thirty days. Forms are available, on request, from the Area Association Office, or may be downloaded from the Area Association's website. If the application concerns a foreign athlete (or a foreign team), a duplicate of the form shall be sent within the same period to the Member Federation of the athlete (or team).
6. The Member of the Country where the Record was set shall send, with the official application form:
  - The printed programme of the competition;
  - The complete results of the event;
  - Additional clues listed under the specific events.

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<sup>1</sup> Except for the newly introduced European U20 Indoor Records as per the European Athletics Council decision dated November 2011.

7. Each athlete who sets an Area Record must submit to a doping control test immediately after the end of his/her event. Testing must be conducted in accordance with the current IAAF Competition Rules and Anti-Doping Regulations pertaining to World Records. The sample(s) collected shall be sent for analysis to a WADA Accredited laboratory; the organiser of the event will ensure that the Area Association will receive a copy of the results. If such testing results in a doping violation, or if such a testing is not conducted, the Area Association shall not ratify this Record. Any Athlete who has broken or equalled a European Record in a running Event (from 400 upwards), a race walking Event or a combined Event shall be tested for erythropoiesis-stimulating agents (ESA) and their releasing factors. In the case of a Relay European Record, all members of the team are to be Tested.
8. If an athlete has admitted that, at some time prior to achieving an Area Record, he had used or taken advantage of a substance or technique prohibited at that time, then, subject to the advice of European Athletics Medical and Anti-Doping Commission, such Record will not continue to be regarded as an Area Record by the Area Association
9. The following categories of Area Records are accepted by the Area Association:
  - (a) Area Records
  - (b) Area U20 Records;
  - (d) Area U23 Records;
  - (c) Area Indoor Records;
  - (d) Area U20 Indoor Records

The performances achieved in an age category shall also be ratified for all age categories above.

10. For individual events, at least three athletes and for relay events, at least two teams, must be bona fide competitors in the event.
11. The Record shall be better than or equal to the existing Area Record for that event, as accepted by the Area Association. If a Record is equalled it shall have the same status as the original Record.
12. Records made in preliminary rounds, in deciding ties, in any event which is subsequently decreed void under the provisions of IAAF Competition Rule 125.7 and Rules 146.4 (b) or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, may be submitted for ratification.
13. The President and the Chief Executive Officer of the Area Association together are authorised to recognise Area Records. If they are in any doubt whether or not the Record should be accepted, the case shall be referred to the Area's Council for decision.
14. When an Area Record has been ratified, the Area Association will inform the athlete's National Federation, the Federation applying for the Record and the IAAF.

15. The Area Association will supply the official Area Record Plaques, for presentation to Area Record Holders.
16. If the record is not ratified, the Area Association will give the reasons.
17. The Area Association shall update the official List of Area Records every time a new Area Record has been ratified. This list shall represent the performances regarded by the Area Association as being, from the date of the list, the best performances yet set by an athlete or team of athletes in each of the recognised events listed in Appendix A, B, C and D.

### ***Specific Conditions***

18. Except in Road Events:
  - (a) The Record shall be made in an IAAF certified athletics facility or event site, which conforms to Rule 140 or, where applicable, Rule 149.2.
  - (b) For any Record at any distance of 200m or more to be recognised, the track on which it was made shall not exceed 402.3m (440 yards) and the race shall have started on some part of the perimeter. This limitation does not apply to the Steeplechase events where the Water Jump is placed outside a normal 400m track.
  - (c) The Record for an oval track shall be made in a lane where the running line radius does not exceed 50m, except where the bend is formed with two different radii, in which case the longer of the two arcs should not account for more than 60° of the 180° turn.
19. Records outdoors may be made only on a track which conforms to IAAF Competition Rule 160.
20. For Area U20 Records, unless the athlete's date of birth has been previously confirmed by Area Association, the first application on behalf of that athlete shall be accompanied by a copy of his passport, birth certificate or similar official document which confirms his date of birth.
21. For Area Indoor Records:
  - (a) The Record shall have been made in an IAAF certified athletics facility or event site, which complies with IAAF Competition Rule 211 and 213 as applicable.
  - (b) For races of 200m and over, the oval track may not have a nominal length of more than 201.2m (220 yards).
  - (c) The Record may be made on an oval track with a nominal length less than 200m provided that the distance run is within permitted tolerance for the distance.
  - (d) The performance in an oval track event shall be made in a lane where the projected running line radius on the constant banked bend segment does not exceed 27m and for multiple lap events the two straights each are at least 30m long.
  - (e) Any straight track shall comply with Rule 212.
22. For Area Records in Running and Race Walking Events, the following conditions for the timing must be respected:

- (a) The Records shall be timed by official Timekeepers, by an approved Fully Automatic Photo Finish System (for which a zero control test has been undertaken in accordance with Rule 165.19) or by Transponder System (see IAAF Competition Rule 165.24) complying with IAAF Rules.
- (b) For races up to and including 800m (including 4x200m and 4x400m), only performances timed by a Fully Automatic Photo Finish System complying with IAAF Rules 165 shall be ratified.
- (c) For all records made outdoors up to and including 200m, information concerning wind speed, measured by an ultrasonic wind gauge and as indicated in IAAF Competition Rule 163.8 to 163.13, shall be submitted. If the wind velocity, measured in the direction of running, behind the athlete averages more than 2 metres per second, the Record will not be accepted.
- (e) No performance will be ratified where the athlete has infringed Rule 163.3 nor in the case of an individual event where an athlete has recorded a false start as allowed under Rule 200.8(c).
- (f) For performances up to and including 400m (including 4x200m and 4x400m) under Rules 261 and 263, starting blocks linked to an IAAF certified Start Information System under Rule 162.2 must have been used and have functioned correctly so that reaction times were obtained and are shown on the results of the event.

23. For races over multiple distances:

- (a) A race shall be stated to be over one distance only.
- (b) However, a race based on the distance covered over a given time may be combined with a race over a fixed distance (for example, 1 Hour and 20,000m - see IAAF Competition Rule 164.3).
- (c) It is permissible for the same athlete to accomplish any number of Records in the same race.
- (d) It is permissible for several athletes to accomplish different Records in the same race.
- (e) However, it is not permissible for an athlete to be credited with a Record at a shorter distance if he did not finish the full distance of that race

24. For Area Records in Relay Events:

- (a) The time set by the first athlete in a relay team may not be submitted as a Record.

25. For Area Records in Race Walking Events: At least three Judges who are from either the IAAF Panel of International Race Walking Judges or are Area Level Judges shall be officiating during the competition and shall sign the application form.

26. For Area Records in Field Events:

- (a) The performances shall be measured either by three Field Judges using a calibrated and certified steel tape or bar or by an approved scientific measuring apparatus, the accuracy of which has been confirmed in accordance with Rule 148.
- (b) In the Long Jump and Triple Jump conducted outdoors, information concerning wind speed, measured as indicated in IAAF Competition Rule 184.10-12 shall be submitted. If the wind velocity measured in the direction

- of jumping behind the athlete averages more than 2 metres per second, the Record will not be accepted.
- (c) Area Records may be credited for more than one performance in a competition, provided that each Record so recognised shall have been equal or superior to the best previous performance at that moment.
  - (d) In Throwing Events, the implement used shall have been checked prior to the competition in accordance with Rule 123. If the Referee becomes aware during an event that an Area Record has been equalled or bettered, he shall immediately mark the implement used and undertake a check to ascertain whether it still complies with the Rules or if there has been any change in characteristics. Normally, such implement shall be checked again after the event in accordance with Rule 123.
27. For Area Records in Combined Events: The conditions as set out in Rule 200.8 shall have been complied with in each of the individual events. In addition, for those events where wind velocity is measured, the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second.
28. For Area Records in Road Running Events:
- (a) The course must be measured by one or more "A" or "B" grade IAAF/AIMS approved measurer who shall ensure that the relevant measurement report and any other information required by this Rule is available to the IAAF upon request.
  - (b) The start and finish points of a course, measured along a theoretical straight line between them, shall not be further apart than 50% of the race distance.
  - (c) The overall decrease in elevation between the start and finish shall not exceed 1:1000, i.e. 1m per km (0.1%).
  - (d) Any course measurer who originally measured the course or other suitably qualified official designated by the measurer (after consulting the relevant body) with a copy of the documentation detailing the officially measured course shall in advance of the race check that the course is laid out in conformity with the course measured and documented by the official course measurer. He shall then ride in the lead vehicle during the competition or otherwise validate that the same course is run by the athletes.
  - (e) The course must be verified (i.e. re-measured) as late as possible before the race, on the day of the race or as soon as practical after the race, preferably by a different "A" measurer from the one that did the original measurement.  
*Note: If the course was originally measured by at least two "A" or one "A" and one "B" grade measurers, no verification under this Rule 260.21(e) will be required.*
  - (f) Area Records in Road Running Events set at intermediate distances within a race must comply with the conditions set under IAAF Competition Rule 260. The intermediate distances must have been measured and marked during the course measurement and must have been verified in accordance with IAAF Competition Rule 260.21(e).
  - (g) For the Road Relay, the race shall be run in stages of 5km, 10km, 5km, 10km, 5km, 7.195km. The stages must have been measured and marked during the course measurement with a tolerance of  $\pm 1\%$  of the stage distance and must have been verified in accordance with IAAF Competition Rule 260.21(e).

29. For Area Records in Road Race Walking Events:

- (a) The course must be measured by an "A" or "B" grade IAAF/AIMS approved measurer who shall ensure that the relevant measurement report and any other information required by this Rule is available to the IAAF upon request.
- (b) The circuit shall be no shorter than 1km and no longer than 2km with a possible start and finish in a stadium.
- (c) Any course measurer who originally measured the course or other suitably qualified official designated by the measurer (after consulting the relevant body) with a copy of the documentation detailing the officially measured course must validate that the course covered by the athletes conforms to the course measured and documented by the official course measurer.
- (d) The course must be verified (i.e. re-measured) as late as possible before the race, on the day of the race or as soon as practical after the race, preferably by a different "A" grade measurer from the one that did the original measurement.

*Note: If the course was originally measured by at least two "A" or one "a" and one "B" grade measurers, no verification under this Rule 260.20(d) will be required.*

- (e) Area Records in Road Walking Events set at intermediate distances within a race must comply with the conditions set under Rule 260. The intermediate distances must have been measured and marked during the course measurement and must have been verified in accordance with Rule 260.20(d).

## Appendix A: Events for which Area Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

TT = Transponder Timed performances

### **Men**

100m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
2000m (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)  
10,000m (FAT or HT)  
20,000m (FAT or HT)  
1 Hour (FAT or HT)  
25,000m (FAT or HT)  
30,000m (FAT or HT)  
110m hurdles (FAT)  
400m hurdles (FAT)  
3000m Steeplechase (FAT or HT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put  
Discus Throw  
Hammer Throw  
Javelin Throw

Decathlon (FAT)

4x100m (FAT)  
4x200m (FAT)  
4x400m (FAT)  
4x800m (FAT or HT)  
4x1500m (FAT or HT)  
Distance Medley Relay (FAT or HT)

5km Road (FAT, HT or TT)  
10km Road (FAT, HT or TT)  
Half Marathon (FAT, HT or TT)  
Marathon (FAT, HT or TT)  
100km Road (FAT, HT or TT)  
Road Relay (Marathon distance only) (FAT, HT or TT)

20,000m Walk (track) (FAT or HT)

30,000m Walk (track) (FAT or HT)  
50,000m Walk (track) (FAT or HT)  
20km Walk (road) (FAT, HT or TT)  
50km Walk (road) (FAT, HT or TT)

### **Women**

100m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
2000m (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)  
10,000m (FAT or HT)  
20,000m (FAT or HT)  
1 Hour (FAT or HT)  
25,000m (FAT or HT)  
30,000m (FAT or HT)  
100m hurdles (FAT)  
400m hurdles (FAT)  
3000m Steeplechase (FAT or HT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put  
Discus Throw  
Hammer Throw  
Javelin Throw

Heptathlon (FAT)  
Decathlon (FAT)

4x100m (FAT)  
4x200m (FAT)  
4x400m (FAT)  
4x800m (FAT or HT)  
4x1500m (FAT or HT)  
Distance Medley Relay (FAT or HT)

5km Road (FAT, HT or TT)  
10km Road (FAT, HT or TT)  
Half Marathon (FAT, HT or TT)

Marathon (FAT, HT or TT)  
100km Road (FAT, HT or TT)  
Road Relay (Marathon distance only) (FAT, HT  
or TT)

20km Walk (road) (FAT, HT or TT)  
50km Walk (road) (FAT, HT or TT)

10,000m Walk (track) (FAT or HT)  
20,000m Walk (track) (FAT or HT)  
50,000m Walk (track) (FAT or HT)

*Universal*  
4x400m (Mixed) (FAT)

Note: Except Race Walking competitions, European Athletics shall keep 2 Area Records for women in Road Races: A European Record for performance achieved in mixed gender ("Mixed") races and a European Record for performance achieved in single gender ("Women only") races. A women-only road race can be staged by having separate women's and men's start times. The time differential should be chosen to prevent any possibility of assistance, pacing or interference, especially on courses involving more than one lap of the same section of the course.



## Appendix B: Events for which Under 20 Area Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

TT = Transponder Timed performances

+ = can be also ratified as U20 record with senior equipment/implements

### **Under 20 Men**

100m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
3 000m (FAT or HT)  
5000m (FAT or HT)  
10,000m (FAT or HT)  
110m hurdles (FAT)+  
400m hurdles (FAT)  
3000m Steeplechase (FAT or HT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put+  
Discus Throw+  
Hammer Throw+  
Javelin Throw+

Decathlon+ (FAT)

4x100m (FAT)  
4x400m (FAT)

10,000m Walk (track) (FAT or HT)  
10km Walk (road) (FAT, HT or TT)

### **Under 20 Women**

100m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)  
10,000m (FAT or HT)  
100m hurdles (FAT)  
400m hurdles (FAT)  
3000m Steeplechase (FAT or HT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put  
Discus Throw  
Hammer Throw  
Javelin Throw

Heptathlon (FAT)  
Decathlon (FAT)\*

4x100m (FAT)  
4x400m (FAT)

10,000m Walk (track) (FAT or HT)  
10km Walk (road) (FAT, HT or TT)

\*only ratified if over 7300 points

## Appendix C: Events for which Under 23 Area Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

TT = Transponder Timed performances

### ***Under 23 Men***

100m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
3 000m (FAT or HT)  
5000m (FAT or HT)  
10,000m (FAT or HT)  
110m hurdles (FAT)  
400m hurdles (FAT)  
3000m Steeplechase (FAT or HT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put  
Discus Throw  
Hammer Throw  
Javelin Throw

Decathlon (FAT)

4x100m (FAT)  
4x400m (FAT)

10km Road (FAT, HT or TT)  
Half Marathon (FAT, HT or TT)  
Marathon (FAT, HT or TT)

10,000m Walk (track) (FAT or HT)  
20km Walk (road) (FAT, HT or TT)  
50km Walk (road) (FAT, HT or TT)

### ***Under 23 Women***

100m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)  
10,000m (FAT or HT)  
100m hurdles (FAT)  
400m hurdles (FAT)  
3000m Steeplechase (FAT or HT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put  
Discus Throw  
Hammer Throw  
Javelin Throw

Decathlon (FAT)  
Heptathlon (FAT)

4x100m (FAT)  
4x400m (FAT)

10km Road (FAT, HT or TT)  
Half Marathon (FAT, HT or TT)  
Marathon (FAT, HT or TT)

10,000m Walk (track) (FAT or HT)  
20km Walk (road) (FAT, HT or TT)  
50km Walk (road) (FAT, HT or TT)

## Appendix D: Events for which Indoor Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

### **Men**

50m (FAT)  
60m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)

50m hurdles (FAT)  
60m hurdles (FAT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put

Heptathlon (FAT)

4x200m (FAT)  
4x400m (FAT)  
4x800m (FAT or HT)

5000m Walk (track) (FAT or HT)

### **Women**

50m (FAT)  
60m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 Mile (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)

50m hurdles (FAT)  
60m hurdles (FAT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put

Pentathlon (FAT)

4x200m (FAT)  
4x400m (FAT)  
4x800m (FAT or HT)

3000m Walk (track) (FAT or HT)

## Appendix E: Events for which U20 Indoor Records are recognised

FAT = Fully Automatically Timed performances

HT = Hand Timed performances

### **Men**

60m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 mile (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)

60m H (FAT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put

Heptathlon (FAT)

### **Women**

60m (FAT)  
200m (FAT)  
400m (FAT)  
800m (FAT)  
1000m (FAT or HT)  
1500m (FAT or HT)  
1 mile (FAT or HT)  
3000m (FAT or HT)  
5000m (FAT or HT)

60m H (FAT)

High Jump  
Pole Vault  
Long Jump  
Triple Jump

Shot Put

Pentathlon (FAT)