

**European Athletics Junior Championships
Tallinn/EST 21-24 July 2011
Entry Standards**



Men	Event	Women
10.75	100m	12.00
21.65	200m	24.60
48.30	400m	55.60
1:51.50	800m	2:10.00
3:50.00	1500m	4:26.50
-	3000m	9:50.00
14:35.00	5000m	17:05.00
31:30.00	10000m	-
9:12.00	3000m Steeple	11:00.00
14.80 (1,067) – 14.40 (0,99)	110m / 100m H	14.30
53.75	400m H	61.50
2.13	High Jump	1.79
5.00	Pole Vault	3.85
7.40	Long Jump	6.05
15.25	Triple Jump	12.75
16.00 = 7.26kg / 17.60 = 6kg	Shot Put	13.85
50.00 = 2kg / 53.00 = 1.75kg	Discus Throw	46.50
60.00 = 7.26kg / 66.00 = 6kg	Hammer Throw	55.00
66.00	Javelin Throw	48.50
Junior implements 7050 Senior implements 6900	Decathlon / Heptathlon	5050
44:45.00	Walk 10000m	51:30.00
NES	4x100m & 4x400m	NES

NES = No entry standard

Entries

Individual participation (503.5): Each European Athletics Member Federation may enter up to 4 (four) athletes in each individual event of whom up to 3 (three) may participate provided all of them shall have achieved the qualifying standard for that event (see regulation 508.1.3).

Alternatively to 503.5, each European Athletics Member Federation may enter one athlete in each individual event if such athlete has not achieved the qualifying standard for that event.

For each event, provided that any European Athletics Member enters only 1 (one) athlete, such an athlete shall not be required to have reached the qualifying standard for that event (e.g. 100m three athletes competing = all must have entry standard, long jump one athlete competing = no entry standard necessary).

Relay teams (503.7): Each European Athletics Member Federation may enter 1 (one) team in each relay event. Up to 6 (six) athletes may be entered for each relay. From these 6 (six) and from any other athletes entered for any event in the European Athletics Junior Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

Conditions:

- Performances must be achieved between the 1 January 2010 and **11 July 2011**;
- Performances must be achieved in bona fide competition (either indoors or outdoors) organised in conformity with IAAF Rules;
- Performances must be achieved during competitions organised or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organised;
- Performances achieved in mixed events (between male and female participants), held completely in the stadium, and shall be only accepted in the conditions set in IAAF Rule 147. However entry standards achieved in these events shall only be accepted upon presentation of the reasons to stage such mixed events and previous agreement by European Athletics on the acceptance of these performances as entry standards;
- Wind assisted performances in the relevant individual events and combined events will not be accepted (the conditions set in IAAF Rules 260.22 (d) [version 2010] and 260.27 [version 2009] will be applied);
 - Original text of IAAF Competition Rules 2009 for Rule 260.27
*260.27. For World Records in Combined Events:
The conditions shall have been complied with in each of the individual events, except that, in events where wind velocity is measured, at least one of the following conditions shall be satisfied:
(a) The velocity in any individual event shall not exceed plus 4 metres per second.
(b) The average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second.*
- Competitors must comply with eligibility qualifications for Area Games or Championships as set out in the IAAF rules;
- No athlete may compete in the European Championships unless entered by an European Athletics Member Federation;

May 2010