

ECCC Cross Country 2019 Albufeira/POR

Tot. Number of countries	22
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Tot. Number of athletes	365
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Tot. Number of Men	208
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Tot. Number of Women	157
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FINAL ENTRIES - Men

Cross Country Senior Men		Num. of countries: 18		Num. of athletes: 122				
Member Federation	Surname	First Name	DoB	PB	SB			
BEL	Cortvriendt	Philip	29/11/1994					
BEL	De Bock	Thomas	20/08/1991					
BEL	Debognies	Pieter	06/04/1993					
BEL	Deneyer	Kenny	27/08/1986					
BEL	Keppens	Joris	29/05/1993					
BEL	Hendrix	Robin	14/01/1995					
CZE	Olejníček	Lukáš	17/06/1988					
CZE	Míč	Robert	30/01/1992					
CZE	Soural	Lukas	09/12/1982					
CZE	Nykodým	Miloš	09/12/1990					
CZE	Dvořáček	Adam	10/05/1996					
CZE	Kotyza	Petr	01/07/1970					
DEN	Wade	Tom	14/01/1989					
DEN	Glans	Peter	05/01/1993					
DEN	Køningsfeldt	Simon Holbek	10/03/1986					
DEN	Okkels	Christian Birch	24/12/1989					
DEN	Jensen	Asmund Biesbjerg	01/11/1994					
DEN	Nielsen	Tore Deleuran	25/10/1984					
ESP	Lamdasse	Ayad	11/10/1981					
ESP	García	Javier	27/10/1988					
ESP	Rojo	Yago	23/03/1995					
ESP	Houkmi	Amin	13/08/1996					
ESP	Rosado	Ricardo	21/07/1988					
ESP	Sánchez	Luis Miguel	16/01/1985					
ESP	Solis	David	22/12/1981					
ESP	Galán	Iván	05/09/1979					
ESP	Merzoughi	Abdelaziz	30/08/1991					
ESP	Zitane	Ouais	17/01/1986					
ESP	Sánchez	Sergio	01/10/1982					
ESP	Serrano	Ricardo	29/10/1980					
ESP	Ronco	Ángel	07/03/1993					
ESP	Lopez	Diego	14/02/1992					
ESP	Aakaou	Youssef	01/01/1985					
ESP	Peinado	Mario	06/08/1994					

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EST	Fosti	Roman	06/06/1983
EST	Latsepov	Leonid	22/03/1998
EST	Sõnajalg	Ats	16/01/1990
EST	Jürs	Sander	29/08/1985
EST	Hvalõnski	Roman	21/05/1988
FIN	Koskinen	Roope	27/06/1992
FIN	Nieminen	Jaakko	27/01/1987
FIN	Takala	Miika	04/07/1978
FIN	Kaario	Otto	05/11/1998
FIN	Kilpelä	Jonathan	30/06/1991
FRA	Ben Lkhainouch	El Hassane	01/06/1981
FRA	Ezzobayry	Ahmed	01/01/1978
FRA	Gras	Michael	15/09/1991
FRA	Gras	Damien	15/09/1991
FRA	Guimard	Freddy	26/12/1986
FRA	Samson	Julien	05/02/1992
GBR	Rush	Graham	08/09/1982
GBR	Hill	Mick	02/09/1975
GBR	Holliday	Adrian	17/01/1987
GBR	Townsend	Joe	25/11/1989
GBR	Burrett	Mike	24/05/1976
GBR	Grieve	Matthew	18/04/1993
GRE	Kallías	Hrístos	13/07/1988
GRE	Goúrlías	Márkos	28/09/1995
GRE	Matziar	Mateusz Krzysztof	20/12/1994
GRE	Kokolas	Konstantinos	16/04/1989
GRE	Mínos	Yeóryios	12/01/1988
IRL	Dooney	Kevin	07/07/1993
IRL	Dooney	Conor	17/11/1989
IRL	McMahon	Michael	10/02/1980
IRL	Moriarty	Kevin	02/06/1986
IRL	Clohisey	Mick	13/01/1986
IRL	Conroy	Ian	24/12/1980
IRL	Kennedy	Des	18/03/1969
ISR	Abuhay	Yitayew	01/12/1996
ISR	Ayale	Gashau	22/08/1996
ISR	Mohammed-Eldai	Sami	02/05/1997
ISR	Mohammed	Jamal Abdelmaji	25/08/1993
ISR	Sarfati	Amit	16/12/1987
ISR	Ben Zvi	Natan David	04/01/1991
ITA	Agnello	Vincenzo	07/06/1991
ITA	RACHIK	YASSINE	10/06/1993
ITA	Kiplimo	Jacob	14/11/2000

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ITA	Ouhda	Ahmed	10/03/1997
ITA	Quazzola	Italo	10/05/1994
ITA	El Mazoury	Ahmed	15/03/1990
NED	Foppen	Mike	29/11/1996
NED	Dilling	Wouter	08/03/1990
NED	Mols	Wesley	18/01/1996
NED	Wolf	Joeri	21/02/1991
NED	Maas	Luuk	26/08/1999
NED	Cleij	Jorrit	22/06/1987
NED	van der Wielen	Jesper	02/08/1991
NED	van Helden	Tobias	11/09/1996
NOR	Eide	Trond Ørjan	18/01/1990
NOR	Abdulaziz	Ebrahim	17/11/1978
NOR	Østerbø	Øystein Kvaal	07/07/1981
NOR	Bjørgum	Mats	21/02/1994
NOR	Sørtveit	Erlend Gjerdevik	17/12/1994
NOR	Glomnes	Iver Matias Linge	24/04/1996
POR	Teixeira	Rui	22/03/1982
POR	Silva	Rui Pedro	06/05/1981
POR	Kiplangat	Davis	10/07/1998
POR	Paulo	Alberto	03/10/1985
POR	Santos	Hélder	06/10/1983
POR	Pimentel	Licínio	12/04/1977
POR	Marques	Miguel	10/01/1995
POR	Silva	António	26/03/1987
SUI	Curiger	Thomas	26/08/1996
SUI	Hagger	Nicola	22/05/1999
SUI	Reich	Dominik	06/09/1998
SUI	Suter	Timo	01/08/1998
SUI	Rüedlinger	Andreas	24/01/1985
SUI	Attinger	Florian	23/04/1997
SUI	Schönleber	Jannis	11/09/1996
SWE	Fsiha	Robel	07/03/1996
SWE	Walleräng	Olle	05/02/1985
SWE	Uhrbom	Fredrik	13/08/1977
SWE	Casteel	Archibald	13/08/1996
SWE	Abootorabi	Mohammad Reza	31/08/1992
SWE	Fox	Anders	10/04/1995
SWE	Spetz	Nils	21/12/1991
TUR	Özdemir	Ramazan	06/07/1991
TUR	Demir	Alper	06/01/1990
TUR	Karayel	Bekir	10/05/1982
TUR	Aras	Onur	06/02/1996

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TUR	Bayram	Muzaffer	11/11/1990
TUR	Ulus	Cihat	01/02/1990

FINAL ENTRIES - Men

Cross Country U20 Men		Num. of countries: 14		Num. of athletes: 86	
Member Federation	Surname	First Name	DoB	PB	SB
BEL	Debroyer	Wout	19/09/2001		
BEL	Hermans	Kobe	14/08/2001		
BEL	Geris	Siemen	05/02/2001		
BEL	Parmentier	Ewaud	21/05/2000		
BEL	Mattheeuws	Sebbe	22/12/2001		
CZE	Kotyza	Daniel	05/10/2000		
CZE	Švejnoha	Jan	06/01/2001		
CZE	Zajíc	Martin	30/03/2000		
CZE	Effenberger	Marek	13/09/2001		
DEN	Cantby	Louis	15/07/2001		
DEN	Lind	Conrad	01/02/2001		
DEN	Bang	Anders	21/09/2002		
DEN	Lindquist	Linus	29/04/2002		
DEN	Devantier	William	16/04/2000		
ESP	Menendez	Diego	15/02/2000		
ESP	Garcia	Pedro	22/10/2001		
ESP	Neffat	Sami	08/01/2003		
ESP	Desfilis	Sergio	07/01/2000		
ESP	Garcia	Alvaro	13/05/2002		
ESP	Diaz	Adrian	18/10/2000		
ESP	Perez	Jose Ignacio	06/01/2001		
ESP	Fernandez	Antonio Carlos	24/01/2001		
FRA	Perrier	Felix	28/07/2000		
FRA	Sename	Grégoire	30/09/2000		
FRA	Daviaud	Noé	21/05/2001		
FRA	Ciot	Jules	08/03/2000		
FRA	Lonchamp	Rémi	15/11/2000		
FRA	Sigalas	Hugo	07/09/2001		
GRE	Tziamoúrtas	Zísis	01/01/2002		
GRE	Gkiokas	Konstantinos	25/07/2002		
GRE	Daskalopoulos	Dimitrios	01/08/2003		
GRE	Chiras	Vasileios	21/02/2002		
GRE	Kapogiannatos	Spyridon	02/02/2000		
GRE	Kriezis	Anagyros	26/09/2000		
IRL	Gidey	Efrem	03/09/2000		
IRL	Cullen	Aaron	26/11/2001		

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IRL	Guiden	Ben	11/01/2001
IRL	Cashin	Stephen	22/11/2000
IRL	Byrne	Jordan	30/11/2000
IRL	Simpson	Calum	01/12/2002
ISR	Guadia	Adisu	11/09/2002
ISR	Carmin	Yehonatan	13/06/2001
ISR	Ateka	Demisie	25/01/2003
ISR	Bitew	Addis	26/05/2001
ISR	Abebe	Degu	22/02/2002
ISR	Ayele	Derebe	10/03/2002
ITA	Rossi	Davide	21/10/2000
ITA	Brighi	Riccardo	28/01/2000
ITA	Tedeschini	Luca	05/07/2000
ITA	Gjokolaj	Gabriel	01/10/2000
NED	Mohamed	Abdirahman	06/08/2001
NED	Sesink	Wybe	07/06/2001
NED	Martens	Illian	08/08/2000
NED	Schurink	Benjamin	29/04/2000
NED	Nillessen	Stefan	02/01/2003
POR	Pingua	Edward	25/11/2001
POR	Gomes	Duarte	24/11/2000
POR	Ribeiro	Miguel	25/06/2000
POR	Barros	Etson	16/03/2001
POR	queiros	Ricardo	31/08/2000
POR	Pedro	joao	27/07/2000
POR	Cunha	Duarte	07/05/2000
POR	sousa	Ricardo	17/02/2000
SUI	Matos	Gabriel	17/02/2001
SUI	Matos	Miguel	27/08/2003
SUI	Dubois	Loic	18/09/2003
SUI	Triponez	Loïc	25/02/2001
SUI	Maneff	Colin	14/08/2002
SUI	Witteveen	Max	25/01/2003
SWE	Ismail	Omar	18/02/2000
SWE	Bjurelid	Ludvig	21/01/2000
SWE	Carlsson	Love	18/10/2000
SWE	Ahmed	Abdisamed Khader	01/01/2000
SWE	Carrington	Simon	20/12/2000
TUR	Aslanhan	Ayetullah	01/01/2001
TUR	Karateker	Ibrahim	01/01/2002
TUR	Şen	Ömer	01/01/2001
TUR	Tüminçin	Veysel	01/01/2000
TUR	Mutlu	Ahmet	05/01/2000

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TUR	Arslan	Tayyip	23/10/2002
TUR	Yalçinkaya	Murat	06/01/2000
TUR	Taşçı	İslam	20/09/2001
TUR	Subaşı	İbrahim	16/11/2001
TUR	Matur	Yusuf	27/01/2000
TUR	Bahar	Sebih	11/01/2001
TUR	Amaçtan	Ömer	05/05/2001

FINAL ENTRIES - Women

Cross Country U20 Women		Num. of countries: 12		Num. of athletes: 66	
Member Federation	Surname	First Name	DoB	PB	SB
BEL	Engelen	Sara	06/12/2001		
BEL	Lenaerts	Isabeau	24/04/2001		
BEL	Van Goubergen	Anne-Sophie	28/02/2002		
BEL	Tan	Noa	24/06/2003		
DEN	Helwich	Anna Mark	12/03/2000		
DEN	Søefeldt	Sophie	21/04/2000		
DEN	Jensen	Marie Falkebo	01/01/2003		
DEN	Johansen	Elena Grøndahl	17/09/2001		
DEN	Jensen	Isabella Matilda	19/08/2001		
ESP	Berzosa Martin	Alicia	01/01/2000		
ESP	Cebrian	Alba	05/02/2000		
ESP	Diaz	Alba Maria	15/02/2000		
ESP	Megias	Nieves	27/10/2001		
ESP	Herrero	Paula	05/04/2000		
ESP	De Las Heras	Celia	27/01/2003		
ESP	Guerra	Patricia	14/03/2003		
ESP	Collado	Paula	16/02/2001		
FIN	Rönkä	Silja	13/02/2001		
FIN	Laukkanen	Salla	18/03/2000		
FIN	Kotinurmi	Pinja	17/06/2002		
FIN	Vuorimaa	Helmi	17/07/2000		
FRA	Chauveau	Lena	09/03/2002		
FRA	Gauthier	Agathe	10/12/2001		
FRA	Memeteau	Marie	17/08/2000		
FRA	Perraudin	Julie	20/09/2000		
FRA	Tarenne	Aurore	07/04/2001		
FRA	Renaud	Emilie	03/08/2000		
GER	Steinbach	Lea	31/07/2000		
GER	Miletic	Tina	13/10/2001		
GER	Miletic	Nina	13/10/2001		
GER	Thon	Sarah	23/07/2002		

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IRL	O'Connor	Orla	04/06/2000
IRL	O'connor	Anna	04/06/2000
IRL	Heery	Ruth	01/01/2000
IRL	Caulfield	Emma	05/06/2001
IRL	Duffin	Anna	02/12/2002
IRL	Fanning	Carla	05/09/2002
IRL	Burke	Hannah	18/08/2001
ITA	Tognin	Chiara	28/02/2000
ITA	Pulpito	Bernadette	22/08/2000
ITA	De Giovanni	Carla	10/03/2001
ITA	Cornia	Martina	23/06/2001
LTU	Karinauskaitė	Greta	11/02/2001
LTU	Petraškaitė	Dominyka	27/05/2001
LTU	Žikaitė	Augustė	02/06/2001
LTU	Jekabsone	Marija	20/05/2003
LTU	Kneižytė	Deimantė	14/05/2003
POR	Neiva	Barbara	01/11/2001
POR	Barros	Joyceline	17/12/2001
POR	Semedo	Leila	01/09/2001
POR	Sousa	Fabiana	12/10/2000
POR	Oliveira	Carolina	13/08/2001
POR	Melnyk	Daria	27/09/2000
POR	Carvalho	Nádia	05/04/2001
POR	Cruz	Beatriz	05/10/2001
SUI	Probst	Anja	26/07/2000
SUI	Baumann	Sophie	14/09/2002
SUI	Yuille	Aline	22/10/2002
SUI	Probst	Nina	26/03/2002
SUI	Michael	Sina Sebene	01/01/2002
TUR	Akbingöl	Emine	11/07/2000
TUR	Kalkan	Inci	30/07/2001
TUR	Bayçınar	Zeynep	01/01/2003
TUR	Öztürk	Dilek	15/02/2001
TUR	Ecer	Ayşe	08/11/2001
TUR	Barışer	Berfin	01/07/2001

FINAL ENTRIES - Women

Cross Country Senior Women	Num. of countries: 16	Num. of athletes: 91			
Member Federation	Surname	First Name	DoB	PB	SB
BEL	Truyers	Imana	07/11/1993		
BEL	Scaunet	Vanessa	09/07/1996		
BEL	Barnes	Stephanie	28/07/1988		

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BEL	Tondeur	Alexandra	20/03/1987
BEL	Maroye	Romane	07/09/2001
CZE	Jíšová	Barbora	28/12/1992
CZE	Krchová	Eva	10/09/1989
CZE	Dvořáková	Kristýna	11/05/1996
CZE	Štiglerová	Sylvie	31/03/1999
DEN	Alm	Maja Møller	10/07/1988
DEN	Sørensen	Lise Kandborg	06/05/1985
DEN	Pedersen	Alberte Kjær	23/06/1998
DEN	Laursen	Louise	11/06/1988
DEN	Mathisen	Julie Frøslev	21/05/1993
ESP	Gebre	Trihas	29/04/1990
ESP	Loyo	Elena	11/01/1983
ESP	Urbina	Teresa	20/03/1985
ESP	Carretero	Tania	02/03/1991
ESP	Martin	Gema	27/10/1987
ESP	Loizate	Irene	17/05/1995
ESP	Gomez	Natalia	08/07/1994
ESP	Fuentes-Pila	Zulema	25/05/1977
FIN	Hakulinen	Oona-Mari	21/09/1994
FIN	Mäkinen	Lotta	09/04/2001
FIN	Saari	Venla	05/08/2003
FIN	Niemistö	Katri	07/04/1994
FRA	Etoile	Charlene	24/01/1990
FRA	Chevalier Garenne	Floriane	06/08/1991
FRA	Colle	Helene	22/07/1987
FRA	Alexandre	Elodie	18/07/1983
FRA	Beuviere	Sandra	19/01/1990
FRA	Hamel	Séverine	18/05/1978
GBR	Cruickshanks	Jennifer	24/09/1993
GBR	Pennycook	Stephanie	01/09/1995
GBR	Rees	Halina	06/07/1994
GBR	Selman	Jenny	09/03/1991
GBR	Beggs	Helen	11/12/1980
GBR	Spence	Jennifer	26/12/1989
GBR	Crawford	Megan	17/04/1989
GBR	Simpson	Annabel	30/04/1997
GER	Boschan	Luisa	07/06/1993
GER	Schöneborn	Rabea	13/03/1994
GER	Strempler	Mares	02/03/1986
GER	Schöneborn	Deborah	13/03/1994
GER	Schultze-Berndt	Carmen	24/06/1996
IRL	Finn	Michele	16/12/1989

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IRL	Hassett	Dylan	19/05/1993
IRL	O'Connor	Sinead	23/02/1986
IRL	Kenny	Michelle	01/01/1979
IRL	Finn	Carol	31/05/1988
IRL	Moore	Niamh	02/05/1994
ITA	Barale	Gloria	25/04/1985
ITA	Barone	Annalisa	03/04/1999
ITA	Calosso	Camilla	23/12/1994
ITA	Magrini	Chiara	22/07/1999
ITA	Morano	Giorgia	16/06/1989
ITA	Zucalli	Anita	01/05/1993
NOR	Færø	Bertine-Helene	27/12/1992
NOR	Fenne	Hilde	12/05/1993
NOR	Fjellanger	Kristine	06/12/1992
NOR	Hopland	Christina Ellefsen	11/01/1997
NOR	Færø Linde	Sara-Rebekka	11/04/1982
POL	Rutkowska	Katarzyna	14/01/1994
POL	Gosk	Anna	31/03/1990
POL	Mikiewicz-Łapińska	Paulina	13/07/1992
POL	Brzezińska	Aleksandra	30/07/1991
POL	Kopciewska	Paula	26/11/1992
POR	Moreira	Sara	17/10/1985
POR	Rocha	Carla Salomé	25/04/1990
POR	Augusto	Jessica	08/11/1981
POR	Ribeiro	Sara Catarina	31/05/1990
POR	Ferreira	Ana Mafalda	22/04/1988
POR	Godinho	Susana	05/07/1992
POR	Monteiro	Inês	18/05/1980
POR	Cherono	Fancy	02/08/2001
SRB	Trklja	Nora	10/08/1989
SRB	Stamenković	Sladjana	24/06/1996
SRB	Jovanović	Nevena	06/11/1988
SRB	Marinkov	Aleksandra	19/03/1987
SUI	Aebi	Céline	18/04/1996
SUI	Egger	Nicole	10/03/1985
SUI	Haas	Lena	17/09/1999
SUI	Nyffeler	Gabi	11/03/1979
SUI	Fink	Andrea	02/04/1999
SUI	Lauper	Iris	23/08/1989
TUR	Kiraz	Ümmü	27/09/1982
TUR	Kimeli	Daisy Jeptoo	28/11/1994
TUR	Satilmis	Nuran	06/10/1997
TUR	Dağdelen	Elif	08/08/1991

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TUR	Demir	Fatma	05/05/1996
TUR	Erdal	Tubay	01/10/1995